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Northern Hills
Community Association



The NHCA continues to battle to stop the rezoning and redevelopment of the Harvest Hills golf course. We have done numerous media interviews through print, television and radio over the past couple of weeks. Our goal is to educate Calgarians that rezoning and redeveloping the golf course are not the ingredients for healthy communities. If this does indeed happen here, it can and will happen in other

communities throughout the City. We are working with Calgarians for Responsible Development in designing our presentation to City Council on October 3rd. This application for rezoning will go to City Planning Commission on August 25th and we encourage Northern Hills residents to attend both the Planning Commission and City Council as the public are welcome.

Over the past few months we have

had some violent crimes take place in the Northern Hills, the last three in Panorama. The Northern Hills Community Association is always working with Calgary Police Service to keep our communities safe. We are committed to working with groups like building safer communities (block watch) that the residents of Coventry Hills have established. This group works hard and have made Coventry Hills significantly safer. If anybody has further suggestions for the NHCA to look at, please let us know.

The Board reconvenes in September with our first meeting happening in later part of the month. We are all looking forward to getting back to the grindstone and back into our normal routine. If anybody wishes to join our Board as a Director, please contact the office to set up a meeting with me to discuss the criteria required to be a Board Member.

The work that we do requires a strong and large membership. If you have not purchased a membership,

please do so. The NHCA has 1500 members and we have 58 000 residents living in Northern Hills.

Memberships are as follows:

- Single: \$20 Senior (60+):
- \$20 Family:
- \$30 Associate (out of area):

Did you know with a membership we have discounts at many, many places in and around our community!! By becoming a member you give us a strong united voice that helps us advocate on your behalf with all levels of Government. It allows us to address issues that are important to you and share your voice with Government. If you have not yet purchased a membership, go to our website and sign up today.

Rick Lundy

NHCA Contacts

BOARD MEMBERS

- President: Rick Lundy
- 1st Vice President: David Hartwick
- 2nd Vice President: VACANT
- Secretary: VACANT
- Treasurer: Lonny Mah
- Directors: Jory Allen, Brice Bouwa, Wayne Brown, Amanda Davis, Suresh Fernando, Mohamed Hassanin, Janice Henderson, Chas Young

COMMITTEES

- Adult Slopitch: Neil Meyer
- Adult Soccer: Janice Henderson
- Advocacy: David Hartwick
- At Home in the Hills: Allan Pole
- Beautification & Community Enhancement: Brice Bouwa
- Building Better Communities (Blockwatch): David Hartwick
- Business Development: Wayne Brown
- Community Gardens: Jon Berlie, Melissa Duong, Sarah White
- Events: Mohamed Hassanin
- Finance: Lonny Mah
- Membership: Chas Young
- Planning: VACANT

- Rinks: Brice Bouwa
- SPRY in the Hills: J-L Emond
- Vivo Rep: Suresh Fernando
- Youth: Amanda Davis
- For board and committee contact emails, please visit our website at: www.northernhills.ab.ca

CONTACT:

- NHCA at Vivo, 11950 Country Village Link NE, Calgary, Alberta T3K 6E3
- Tel: 403-226-6422
- Fax: 403-226-6421

- Ad Sales: Heather Hubert, marketing@northernhills.ab.ca
- Newsletter Editor: Luz Bolo, editor@northernhills.ab.ca
- Administrator: Marina Barrett, admin@northernhills.ab.ca
- Bookkeeper: Angela Hinsberger
- Executive Director: Moraig McCabe, moraig.mccabe@northernhills.ab.ca
- Soccer Coordinator: Eileen Fisher, soccer@northernhills.ab.ca
- Website/IT: Troy Davis, troy.davis@northernhills.ab.ca
- Newsletter Publishing: Duane Thomson at Keyline Publishing

NHCA VOLUNTEER OPPORTUNITIES

The following programs and services need your help!

Please contact us if you are interested in:

BOARD MEMBERS – The NHCA Board is moving towards a more strategic/governance model, and needs some community leaders to join us in our efforts. If you would like to help us shape the future of the NHCA, please contact us! Email president@northernhills.ab.ca or moraig.mccabe@northernhills.ab.ca with your contact details and resume.

COMMITTEES – Are you an engineer, planner or just interested in community design, traffic flow or the airport expansion? Love planning or running events and want to help us put together any of the 2017 community events? We have lots of committees that cater to many community interests and your community would love your help with any of them! Please contact moraig.mccabe@northernhills.ab.ca or check out our website at www.northernhills.ab.ca for more details about the latest committee and volunteer positions.



“Did You Know In the Hills?” Contest!

This month’s trivia question is:

What group community service projects did the Rangers from Deerfoot District choose for the Guiding Mosaic event?

Please send your answer, the article title and page number, along with

your name, contact information and NHCA membership number* to: editor@northernhills.ab.ca.

Each of our winners win two Landmark Cinemas passes and a \$50 gift card to Applebee’s restaurant! Only current members will be entered in the draw; you can purchase

or renew your membership online at www.northernhills.ab.ca/membership.

The winner of the “Did You Know in the Hills?” trivia question for the month of August is: Adriana Burton, Congratulations! The answer was “The Multi-Cultural Family Day Event will be held on August 27, 2016 at the Vivo playing fields,” and can be found on page 3 of the August 2016 Northern Edge News in the article titled “SPRY in the Hills Program for Summer.-Fall 2016.”

Thank you to all of you who submitted your answers, and we look forward to your continued participation.

Thank you to the lovely people at Applebee’s and Landmark Cinemas for sponsoring our contest!



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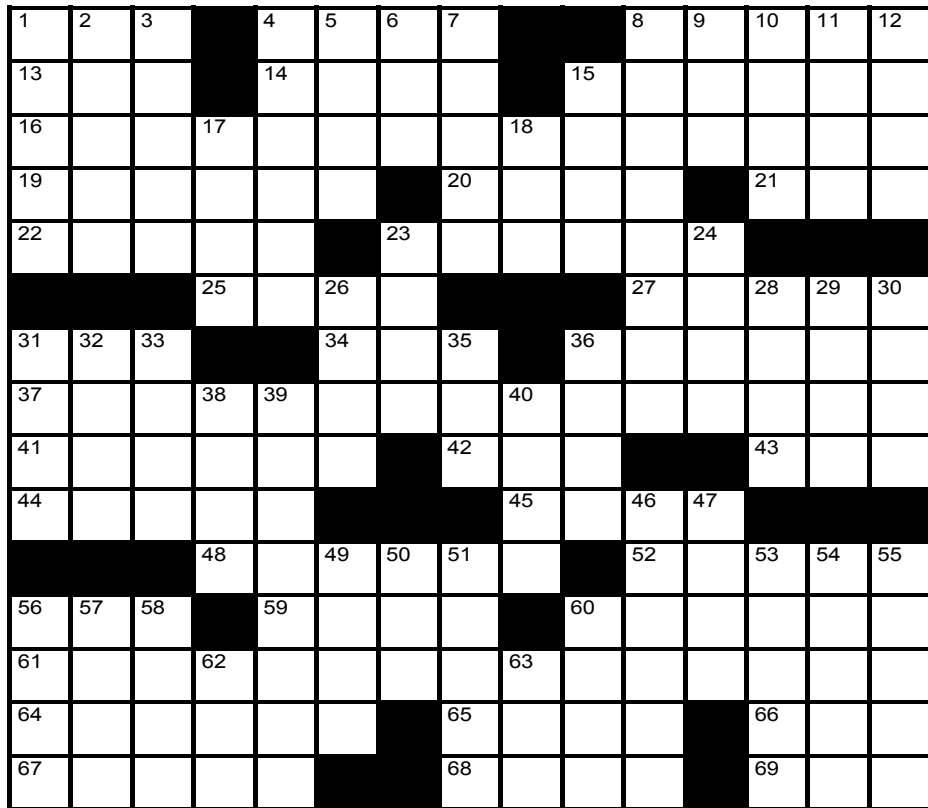
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Answers on page 14

ACROSS

- 1. Pretense
- 4. Chips ___
- 8. Like some kitchens
- 13. Vamp's accessory
- 14. Narthex neighbor
- 15. Unite
- 16. They were introduced by Sohmer & Co. in 1884
- 19. Out
- 20. Cousin of a canvasback
- 21. Big bang producer
- 22. Appropriate
- 23. Computer instructions
- 25. Web page
- 27. Money transferring systems
- 31. Uneven
- 34. Stumblebum
- 36. Most immense
- 37. In a pompous style
- 41. Pull back
- 42. Heater
- 43. Kind of skin
- 44. Some painted vessels
- 45. New couple
- 48. Frilly hat of long ago
- 52. Itinerant, British var.
- 56. Fox competitor
- 59. Expression of pride?
- 60. Baroque
- 61. Military approaches
- 64. Hindu wives
- 65. They may be wild
- 66. Consult

67. Fur capitalist

- 68. ___ Who
- 69. Much spam

DOWN

- 1. Old Jewish scholars
- 2. Go downhill, maybe
- 3. Put off, as a motion
- 4. "Measure for Measure" villain
- 5. Dwell
- 6. Female gametes
- 7. "Fiddler on the Roof" role
- 8. Afterword
- 9. C.S.A. state
- 10. TV control
- 11. Desktop feature
- 12. Birth place
- 15. Debate (with)
- 17. "Sure"
- 18. Datebook abbr.
- 23. Kind of ticket
- 24. Omen
- 26. Drudge
- 28. No longer working: Abbr.
- 29. Cold capital
- 30. Eye problem
- 31. Brute
- 32. Didn't stand pat
- 33. Freshwater fish
- 35. Radiohead tune
- 36. Stalk
- 38. Cliff's pal on "Cheers"
- 39. Chaos

40. Bon mot

- 46. Means of escape
- 47. Like some vases
- 49. Big cheese
- 50. Dude
- 51. Pointer
- 53. Bangladesh dough
- 54. Charger
- 55. Toadies' replies
- 56. Old Mogul capital
- 57. Support group?
- 58. Jargon
- 60. Camp Swampy dog
- 62. Liberal leader?
- 63. Spa sound

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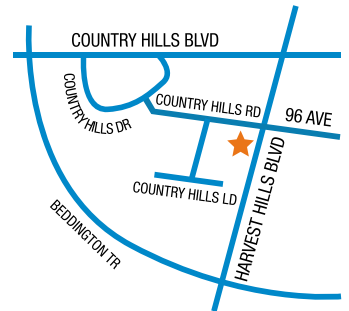
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Spyhill Landfill Recapping Work

Beginning in August 2016, The City of Calgary Waste & Recycling Services will be constructing a new cover over a portion of the Spyhill landfill. This is planned work required as part of our operating approval and this project will be delivered in two phases over multiple years.

The goal of this project is to continue to meet regulatory requirements to ensure safety and the protection of the environment. The new cover system will minimize the production of leachate by limiting the infiltration

of moisture through the landfill cover into the waste as well as improving stormwater management on site. Other improvements will allow greater operating efficiency for the waste management facility.

The first phase of this project will begin in late-July/early-August and will last until June 2017, with the majority of the construction done August-November 2016.

The construction of the landfill cap will be conducted in a manner that ensures the health and safety

of our neighbours. It is possible that there will be some odours caused by the temporary exposure of waste during construction. If there are any odours, they will be short-term in nature. We will be taking steps to reduce the effect of potential odours by limiting the area of waste that is exposed at any given time. We will also put other mitigation efforts in place to minimize any possible odour-related issues.

Project status and more information will be updated throughout

the year on Calgary.ca on the Spyhill construction project webpage: www.calgary.ca/UEP/WRS/Pages/Landfill-information/Spyhill-construction.aspx

In addition, 311 will have details on this construction project should they receive any calls from Calgarians.

If you have any questions or would like more details on the construction, please contact Ian Yeung, Landfill Project Engineer, at (403) 268-8414.

What's new at the CBE

The beginning of a new school year is always an exciting time. It's a time when friends reconnect with friends, teachers welcome new and returning students and we set out our shared goals and objectives for the year.

Opening new schools

This year is particularly exciting as we're opening an unprecedented number of new and replacement schools while updating others with new equipment and modern classroom configurations. All of this construction is expected to ease the space crunch for the over 118,000 students we are welcoming this year, while opening up new learning possibilities in our schools.

With all of these openings, there will be changes throughout the year for students and staff. Some of our existing schools will have fewer students in September as many students will be attending a new school in their community. Even if your community isn't impacted by students leaving, your schools may be welcoming a new principal, teachers or support staff. Certainly, every school will welcome new students! We are working together to ensure we make the transition as welcoming and positive an experience as possible for everyone.

To learn more about our new schools and our ongoing construction projects please visit cbe.ab.ca/news-schools.

Building a new approach to community engagement

The CBE is committed to involving people in decisions that affect them. To do this more effectively, we have developed a new system-wide approach to community engage-

ment called the Dialogue Framework. This framework will help us plan engagement activities on topics that we know are important to our staff, parents, students and other community members. In addition to gathering input on building the framework last school year, we also connected with people on transportation services, schools impacted by the opening of new schools, our budget and more. We heard from thousands of people and your perspectives have helped us develop plans for the future. You can expect to hear more about these engagements and opportunities to share your perspectives this fall as we continue to involve you in issues that affect you or your family. We all have a part to play in the education of our young people and by working together, we can make a difference for our students and our community.

For more information on CBE's community engagement initiatives, please visit cbe.ab.ca/dialogue.

We look forward to another great school year at the CBE. The start of the school year is an exciting time, especially for families with students beginning school for the first time. We look forward to meeting you! Welcome back to all of our returning students and staff members. We hope you had a restful summer and are ready for an exciting year of learning.

If you are interested in learning more about how the Board of Trustees advocates to protect public education and student success, we'd love to speak with you. Contact us at boardoftrustees@cbe.ab.ca

Follow the Calgary Board of Education on Twitter @yycbedu

Alberta Health Services
Emergency Medical Services

Back to school safety

Alberta Health Services EMS would like to remind parents and children about a few road safety tips, as streets become more congested, with the return of the school year. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

Motorists

- Avoid talking on a cell phone, texting, or any other behavior that diverts your attention away from driving;
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner;
- Remember, it is illegal to pass vehicles - other than those that are parked - in school, or playground zones, during posted hours.

Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions;
- When activating overhead crossing lights, pause and make eye contact with all drivers before stepping off the curb. This is to ensure that motorists in both directions have seen you and come to a complete stop;
- Stay within the crosswalk lines until fully clear of the roadway;
- Obey pedestrian lights at intersections. Cross the street only when you see the "walk" sign and only when all vehicles have come to a complete stop;
- If you are with young children, or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing;
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

Around school buses

- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise;
- No matter which direction you are coming from, STOP, when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you;
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

www.albertahealthservices.ca

The Northern Hills Community Association enhances the quality of life of the community by enriching and empowering the diverse communities of Northern Hills through advocacy, education, and provision of opportunities for engagement.

NHCA Mission

10th Annual

Northern Hills Community Association

Community Business & Services Fair

Saturday, November 19, 2016 from 9 AM – 1 PM at Vivo

REGISTRATION STARTS SEPTEMBER 7th, 2016 at 10:15 AM

Open to businesses & services located within and around the Northern Hills Communities. Register early, as tables are limited and available on a first come, first served basis. Only \$60 (tax inc.) per table; special pricing for NHCA Business Members*

*Special Pricing Promotion for Business and Business Plus Members!

To celebrate our 10th year, we are offering local businesses special anniversary pricing:

- ★ Purchase or renew a Business Membership and receive \$20 off the cost of your first table!
- ★ Purchase or renew a Business Plus Membership and your first table is FREE!

For more information, please visit www.northernhills.ab.ca/business-fair-2016, call 403-226-6422, or email info@northernhills.ab.ca

Event sponsors:

CONTINUED FROM PAGE 1 - SPRY

is a valid seniors' (or associate) membership to the NHCA, and to pay the SPRY exercise program fee (where applicable) and sign a waiver.

NHCA Senior membership is only \$20/year, which you can easily make back (and more!) at

local stores and restaurants with our Member Discount Program. For more information on how to join, or to register for the SPRY exercise program, check the SPRY page online at www.northernhills.ab.ca/seniors/, come by the NHCA office in Vivo, or you can even join at the next SPRY session (cash/cheque only at SPRY)!

For more information about the program, please contact: J-L Emond by email at: seniors@northernhills.ab.ca

The Seniors Exercise Class is a registered program within the overall SPRY in the Hills program. NHCA membership, SPRY in the Hills exercise program fee, and waiver form are required.

SPRY In The Hills – Fall/Winter 2016
LOCATION: Child Minding Room at Vivo (by the northwest entrance)

TUESDAYS			THURSDAYS	
September	2:30 - 3:30	3:30 - 4:30	September	3:00 - 4:00
6	no session	no session	8	Seniors Exercise Class
13	Seniors Exercise Class	Social/Games	15	Seniors Exercise Class
20	Seniors Exercise Class	Social/Games	22	Seniors Exercise Class
27	Seniors Exercise Class	Social/Games	29	Seniors Exercise Class
October	2:30 - 3:30	3:30 - 4:30	October	3:00 - 4:00
4	Seniors Exercise Class	Social/Games	6	Seniors Exercise Class
11	Seniors Exercise Class	Social/Games	13	Seniors Exercise Class
18	Seniors Exercise Class	Social/Games	20	Seniors Exercise Class
25	Seniors Exercise Class	Social/Games	27	Seniors Exercise Class
November	2:30 - 3:30	3:30 - 4:30	November	3:00 - 4:00
1	Seniors Exercise Class	Social/Games	3	Seniors Exercise Class
8	Seniors Exercise Class	Social/Games	10	Seniors Exercise Class
15	Seniors Exercise Class	Social/Games	17	Seniors Exercise Class
22	Seniors Exercise Class	Social/Games	24	Seniors Exercise Class
29	Seniors Exercise Class	Social/Games		
December	2:30 - 3:30	3:30 - 4:30	December	3:00 - 4:00
6	Seniors Exercise Class	Social/Games	1	Seniors Exercise Class
13	Social/Games	Social/Games	8	Seniors Exercise Class
			15	Social/Games

After the 2016 Christmas break, SPRY sessions resume on Tuesday, January 10th, 2017.



Library News

A Few of the Programs at the Country Hills Library

Introducing Engine 23 Tours

Your school or daycare can get to know the 20-tonne fire truck in Central Library—book your tours at calgarylibrary.ca/library-tours.

Don't forget the special Engine 23 story times that happen every week. Share stories and learn about fire safety from a firefighter! For details, visit calgarylibrary.ca.

Words & Wiggles

A brand new Library program for preschoolers that uses the six types of play to build confidence, vocabulary, creativity, problem-solving skills, coordination, socialization, and movement. You and your preschooler will love the stories, songs, and fun-filled activities! For details, visit calgarylibrary.ca.

Homework Help

Get FREE homework help online! Students can take advantage of free online tutoring with Brainfuse (Grades 1–12), online study guides through Solaro (Grades 3–12), and so much more. Find them at calgarylibrary.ca/online-resources



Membership Application

Updated: 16-Aug-16

Membership expires one year from date of purchase. You can purchase a membership three ways:

1. Access our online membership registration at: www.northernhills.ab.ca under the membership tab
2. In-person registration at the office
3. Mailing your membership form below to the office

Mail Payment to: Northern Hills Community Association (VIVO, Genstar Wing)
 11950 Country Village Link NE Calgary AB T3K 6E3

Fees:

- Family \$30
- *Associate \$30
- Single \$20
- Business \$50
- Senior (60+) \$20
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*Family/Single/Senior outside of the Northern Hills Area **Additional Web Ad
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D.O.B: _____ Gender: _____

(Spouses) First Name: _____ (Spouses) Last Name: _____

(Spouses) D.O.B: _____ (Spouses) Gender: _____

Address: _____

Postal Code: _____ Phone: _____

Email: _____

Please indicate (✓) activities you would like to learn more about:

- Adult sports
- Arts & crafts
- Building Safer Communities (replacement for Blockwatch)
- Children's Sports
- Children's Non-Sports
- Other _____
- Community Social Events (Adult)
- Community Social Events (Family)
- Games Night
- Gardening
- Political Debates / Panel Discussions
- Seniors Fitness
- Seniors Games and Social
- Special Events
- Youth Council
- Youth Non-Sports
- Youth Sport

Please indicate (✓) activities you would like to see in your community:

- Older Adult Programs
- Children's Softball
- Other _____
- Outdoor Ice Rinks
- Indoor Soccer
- Farmers Market
- Tennis Courts

Would you like us to contact you about volunteer opportunities in your community?

- yes
- no

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Update from CFRD

By Ray Crockett,
Calgarians for Responsible Development

In July, the City announced four events had been scheduled. The first was an invite to attend two City of Calgary sponsored information sessions, the first on July 20th and the second on September 14th. They also announced that the Planning Department would be presenting the application for redevelopment to the Calgary Planning Commission (CPC) on August 11 and then at City Council on October 3.

City of Calgary Information Session 1 - July 20, 2016

In spite of it being in the middle of prime vacation season, 240 concerned residents and members of the golf community attended the session. We were so glad to see so many people out because it continues to demonstrate to the City of Calgary that we really do care about our green space and the lack of amenities available within Harvest Hills and Northern Hills as a whole. Kudos to everyone that attended the session.

Calgary Information session 2 - September 14, 2016

The second session is to provide an opportunity for people who were away during the summer session to get an update on the current proposal. We encourage everyone to come to this session to again show your support for preserving our precious green space.

Wednesday September 14, 2016
4:00 – 8:00 PM at Best Western
Freeport Inn, 86
Freeport Blvd NE

Calgary Planning Commission (CPC) – Hearing August 11, 2016 (Cancelled)

This is where things started to get interesting. On the weekend of August 6 rumours started circulating that the Harvest Hills presentation had been removed from the CPC agenda for August 11. This was confirmed by the Calgary Planning Department (CPD), citing additional review by Senior Administration. At the time of this writing, the Harvest Hills items have been rescheduled for CPC on August 25, 2016.

CPC is open to the public, however it is not a public hearing in

which the public can speak. There is very limited seating (approx. 50 seats), and there are usually many agenda items, and a specific time is not set for each item so it can happen anytime that day. If you cannot physically attend CPC, another way to view is by watching the webcast on The City of Calgary website.

City Council Hearing – October 3, 2016

Several of the CFRD team went to City Council session when they were reviewing the Highland Park application. We did this to show our support for Highland Park and Thorncliffe Greenview Community Association as well as to learn how Council works and what the process is. From this we have a better knowledge of what we have to do regarding a presentation to Council on October 3rd. We are closely working with the NHCA to prepare a joint presentation to Council. The City Planning Department speaks first. This Public Hearing of Council is held by City Council before they make a decision on the proposal. You can speak directly to Council at the hearing or submit written comments. You are given five minutes to speak, excluding any questions Council members may ask you. Comments should be brief and should address land use planning issues. Details about the date and time of the public hearing are advertised in the Calgary Herald, mailed to property owners whose property are directly beside the site and posted here when they are available. Councillor Stevenson has told us that a group of people can register together so they get consecutive time slots.

We are now working with the NHCA to build a presentation with a series of 5-minute stories. We will then register as a group so these stories can be told in order. We don't know how many stories we will have but we will need people to help tell them. So we are looking for people who are willing to speak as part of this team. Individuals that want to tell their own story can do so by attending the Council meeting. The City Council public hearing is going ahead on October 3, 2016.

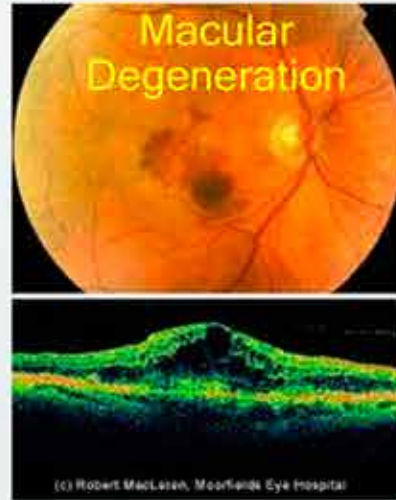
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Deerfoot District Girl Guides Participate in Guiding Mosaic 2016

Approximately 50 Pathfinders & Rangers (girls aged 13 – 16 years) from Deerfoot District attended Guiding Mosaic from July 9-17th in Sylvan Lake. Guiding Mosaic is an international camp where 2800 girls and women from all provinces in Canada, the US, Peru Zimbabwe, St. Vincent, Trinidad & Tobago, Australia, New Zealand, England and Sri Lanka came together to learn new skills, make new friends and explore new adventures.

Girls who attended Guiding Mosaic participated in a variety of activities including community service projects, water sports, arts & crafts, adventure programs and outings.

The Rangers from our District chose, as a group community service project, to make blankets for sick

children at the Red Deer hospital as well as t-shirt bags for the Sylvan Lake Food Bank. Other choices for community service projects included volunteering for the Red Deer SPCA and participating in a Shoreline Clean Up.

Water sports included dragon boating, kayaking, canoeing, voyager canoeing (holds 30 people), sailing, building rafts, water relay racing and swimming.

Arts and crafts activities included making copper charm bracelets which most of Deerfoot District Rangers chose to do, super-sized rug art, knotty creations, and chain mail bracelets.

Two Rangers from our District were chosen via lottery to participate in the Ranger Adventure Program. Saddlebag Adventures involved a two-day hike and a two-day horseback

ride. The Western Canadian Trilogy Adventure involved one day each of horseback, hiking, and white water rafting.

Outings included day trips to the Stampede, West Edmonton Mall, Rocky Mountain House where there is an Interpretive Center on Indigenous people, the Calgary Music Centre, Heritage Park, and the Alberta Railway in Stettler.

The weather was really hot the first and last day however it rained the rest of the time. There was one day with a bad thunderstorm when a tree got struck by lightning and an activity tent collapsed due to water. No one was hurt but it made for some great memories!

Allysan Lui, Ranger with Deerfoot District

says her favorite part was "getting to try new things and meeting girls from around the world." She also enjoyed traders where girls traded crests, pins and hat crafts.

Lynette Lui, Ranger Leader said the best part for her was "seeing over 2000 girls lined up over 2 Km getting ready to march in for the opening ceremonies. It was a very overwhelming feeling." She adds: "During the 10 days of Mosaic, I was not only a Ranger Leader but also a stand-in mom, doctor, psychologist, cheerleader, disciplinarian --- everything to them for the duration of camp. It was so rewarding to see the girls accomplishing their goals."



LEFT: Deerfoot District Rangers at Alberta Railway in Stettler
MIDDLE: Deerfoot District Rangers at GM 2016
RIGHT: Making T-shirt Bags for the Sylvan Lake Food Bank.



Two Service Sunday Worship
at 9:15 & 11:00 am.

September 4, 2016
One Service Sunday at 10:00 am.
Children's Programming from Newborn to 24 months.

September 11, 2016
Two Service Sundays begin at 9:15 & 11:00 am.
Children's Programming Nursery to Grade 4 during the first service as well as Bible Study for grades 7-12. at 9 am
Children's Programming Nursery to Grade 6 during the second service.



E.S.L. REGISTRATION
SUNDAY, SEPTEMBER 18, 2016
10:30 AM - 1:00 PM
in the foyer.

FREE
MATH & SCIENCE TUTORING
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Wednesdays from 3:30 - 5:30 pm
Beginning September 28, 2016

Please contact Steve
at steve@hhachurch.com.



Go to our website for more information on these and other events.

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E-Mail: office@hhachurch.com

Phone: 403-226-0990
www.hhachurch.com

LOOKING FOR PLAYERS!

Ladies 30+ Soccer League

Cost

NHCA membership – for 2016 & 2017 (insurance needed to play) – \$20 or \$30 - depends on your membership needs.

Registration Fee - \$220 for approx. 20 games. 20% off for City of Calgary Fair Entry card pass holders.

Jersey Fee - \$30.00, yours to keep. Comes with shorts and socks.

NORTHERN HILLS WOMEN'S OVER 30 INDOOR REC LEAGUE

Come join a recreational soccer league where the focus is on socializing and sportsmanship while playing some indoor soccer.

Timeframe

Between Sept 9 & Sept 16 – outdoor practice/ tech training/ team practices.

Between Sept 23 to end of March - one hour game/week for every team; dependent on availability.

Nights

Friday nights – games rotate for the teams at the following times: at 8:00, 9:00, and 10:00pm.

Location

Genesis - 7555 Falconridge Boulevard NE

If you have any questions, please email womenssoccer@telus.net



Come Play with Me

(Free drop in) At Vivo
11950 Country Village Link NE,
Calgary, AB T3K 6E3

Oct 6 - Nov 24, 2016
Thursday Mornings 10-11:30 am.

Come join us for this, new, free drop in play-group for parents and children (birth – 5), located outside the Panther physiotherapy site, on the East side of the building at Vivo. There are lots of parking available outside the East entrance, at the back of the building. The space is on the upper floor and can be reached by taking the stairs or the elevator.

Children are able to move about in the room and pick from a variety of play areas such as dress up, play dough, puzzles and a lots of toys. Staff will be available to answer questions about developmental growth, parenting, and help parents identify community resources.

*This program is a partnership with Family Connections Parent Link Centre, Northern Hills Community Association and Vivo.



For more information call 403-275-6666 #276 or check website www.weconnectyou.ca

Spread your wings with a birdwatching course

Interested in birdwatching, but don't know how to get started? The City's Learn to Birdwatch course can help.

This beginner course will introduce you to the basics of birdwatching, including what equipment to use, where the best viewing locations are and what to look for when identifying different species. Our expert birder will also provide tips and tricks on how to get the most out of your birdwatching experience.

Learn to Birdwatch is offered on Sunday, September 11 from 9 a.m. to noon at the Inglewood Bird Sanctuary. Registration is \$26.25 per person. This course is suitable for 12 years and up, and includes class and field time, so please dress for the weather.

Register before your spot flies away at calgary.ca/parksguide.

L Learning by Playing Preschool
 403-440-1825 www.learningbyplaying.ca

Accepting 30 months to 5 years old

Prekindergarten Program

Lots of fun activities like acting, yoga for kids, creative crafts.

Lots of love and care!!!

Something for Everyone

YOUTH EXPO OPEN TALENT SHOWCASE
FREE ADMISSION
 Friday evening, Sept. 30
 Location: Public piazza area

An open talent showcase evening for groups or individuals. All forms of cultural and artistic expression will be welcomed whether it is acting, singing, dancing, or instrumental!

ETHNO-CULTURE EXPO
FREE ADMISSION
 Sat. 10:30am-2:30pm, Oct. 1
 Location: Public piazza area

Enjoy cultural performances, artisan crafts, displays and a food fair!

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Limit 1 per customer. Minutes never expire. Red Light package starts on day of purchase. Cannot be combined with any other offer. Spray Tan add-on's are additional cost. Valid on regular priced packages only. Some restrictions apply. Offer available September 1st - 30th 2016.

Colouring Contest: FREE ICE CREAM!



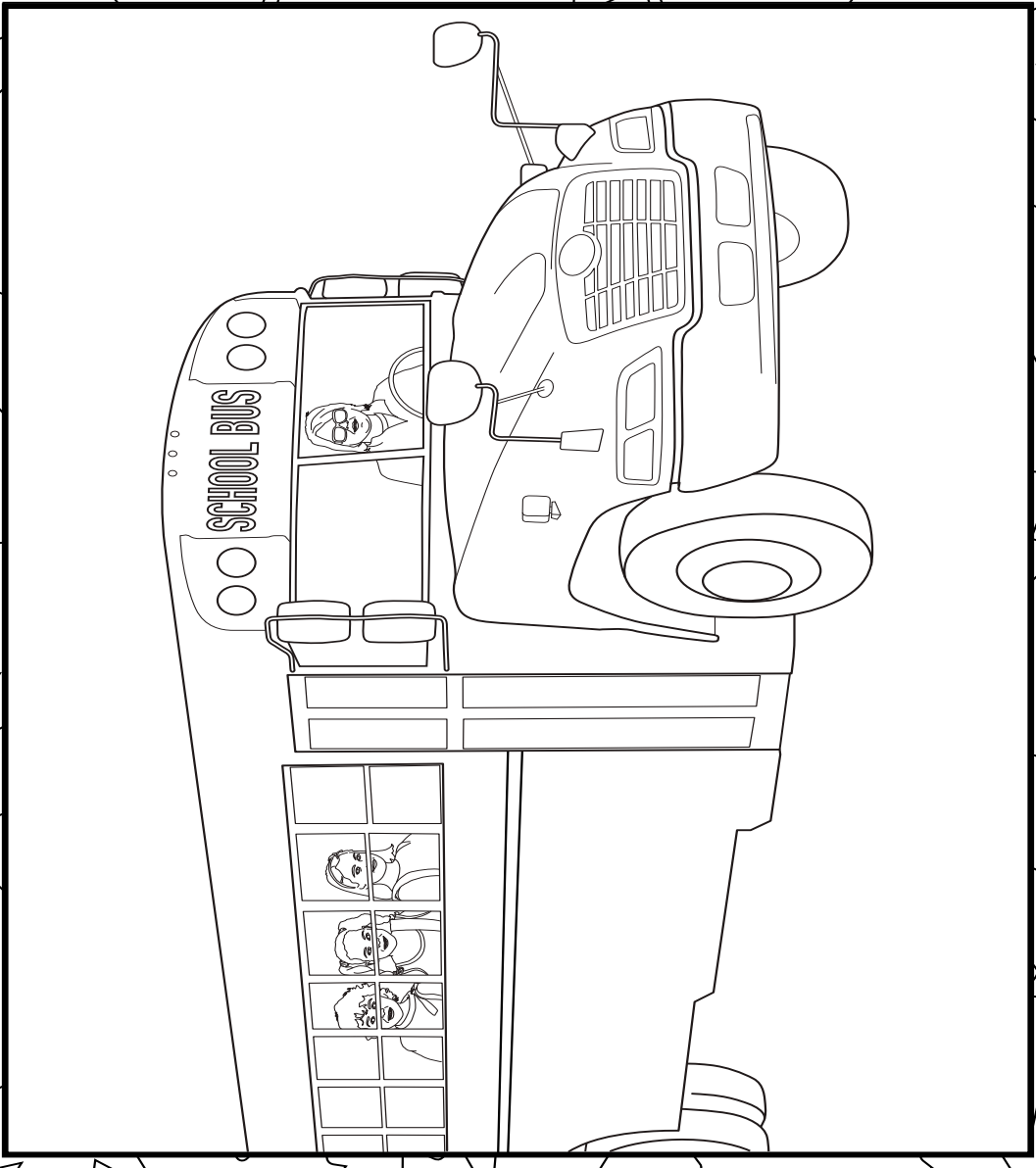
The first 40 children who colour and take their picture in to Marble Slab Creamery, 623-130 Country Village Rd NE, will receive a free single ice cream cone.*

Name: _____

Age: _____

** Note: Only two children per household [if you happen to have more than one copy of the newsletter].*

Around the time of the labour day long weekend, millions of students across Canada head back to school. Nothing says fall is coming like seeing the big yellow school buses back on the road after a summer off. Whether you walk to school or take a bus remember your safety rules and have a great year.



© colourcanada.com

SUDOKU-PUZZLES

Puzzles devised by © Kevin Stone [www.brainbashers.com]

Answers on page 14

			1	2			
1	9		7		2	8	
2	6				5	1	
2		3	6				1
	3		1			6	
9		4	7				8
	4	5			1	7	
	8	2	9		6	4	
			5	4			

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Property Tax Assistance Program

Property Tax Assistance Program: Help is available. The City of Calgary may provide a grant/credit of the increase in residential property taxes from 2015 to 2016.

To be eligible, the applicant must:

- Experience an increase in property taxes from 2015 to 2016.
- Live in the principal residence for

a minimum of one year.

- Own no other property.
- Must meet low income guidelines of the Fair Entry Program. Visit calgary.ca/FairEntry or call 311.
- Provide an acceptable proof of household income for all members 18 years of age and older. Visit calgary.ca/FairEntry or call 311.

- Apply for the grant/credit by Dec. 1, 2016. Visit calgary.ca/FairEntry or call 311.
- Even if you are not eligible for the Property Tax Assistance Program, we may be able to help you access other community resources.

Please note: Even though an

application has been made to the Property Tax Assistance Program, all property taxes must be paid in full by the due date, June 30, 2016, to avoid a seven per cent penalty.

For more information, or to apply, please contact 311 or visit calgary.ca/FairEntry.

Community Standards Bylaw review & survey

By The City of Calgary

The Community Standards Bylaw promotes good neighbour relationships and better communities. This bylaw helps us create healthy, safe and vibrant communities by addressing nuisances, through the regulation of noise, weeds and grass, fire pit use and untidy properties. It contains regulations for property owners and for property maintenance.

When we spoke to Calgarians earlier this year, we learned that while most of the bylaw meets citizen needs and effectively addresses neighbourhood issues, there are some areas that can be improved.

Provide your feedback. Take the Community Standards Bylaw Review survey at <http://fluidsurveys.com/surveys/calgary-engage/community-standards-bylaw/>

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Messages From Your Elected Representatives



Ward 4 Councillor
Sean Chu

Greetings Residents,

Safety Reminders for Back to School

Safe driving goes beyond the first week of September, drivers need to exercise caution the rest of the year, too. Have a great school year and drive safely! Visit <https://canadasafetycouncil.org/child-safety/safety-reminders-back-school>

Calgary AfterSchool

Trying to figure out what to do with your child once school starts?

Calgary AfterSchool offers, fun, safe, super-

vised, and quality after school programs for Calgary kids aged 6 to 16. A collaborative effort between The City of Calgary and community partners, Calgary AfterSchool programming takes place during the critical hours of 3 p.m. – 6 p.m., when kids are out of school, but parents may not yet be home. Calgary AfterSchool participants gain physical, social, leadership and creative skills.

For more information, including a listing of all programs, visit Calgary.ca/AfterSchool.

Subsidies are available for City services

Need help accessing City of Calgary programs, services or facilities? The City has several programs that are offered at a subsidized rate for Calgarians who may have trouble affording them. The new Fair Entry process makes applying for fee subsidized City-services easier.

One application allows Calgarians to have their income level assessed for several subsidy programs and services. Apply for:

1. Calgary Transit Low-Income Transit Pass Program
2. Recreation Fee Assistance Program
3. Property Tax Assistance Program
4. No Cost Spay/Neuter Program
5. Seniors Services Home Maintenance

For more information or to apply, visit calgary.ca/fairentry.

Thank you for your attention,

Councillor Sean Chu, WARD 4
www.seanchu.ca



Calgary-Northern Hills
MLA

Jamie Kleinsteuber

Greetings residents of Calgary-Northern Hills,

I would like to provide information as the wildfire recovery efforts continue throughout the Regional Municipality of Wood Buffalo. Updates can be found at www.alberta.ca/emergency.aspx.

Environmental Conditions

Soil and air analyses from burned areas in Abasand, Beacon Hill and Waterways are complete. No sample taken to date – in either burned or unburned areas – has been found to exceed human health guidelines. A full breakdown of all monitoring programs (air, water, soil and ash), including maps of sample locations, is online.

Recovery Update

Health services are returning to normal operations. The school year will resume in September 2016. The Ministry of Education is working closely with school authorities to provide alternatives for all students to continue their learning in the upcoming school year.

A boil-water advisory remains in effect for Abasand, Beacon Hill, Waterways, Gregoire Lake Provincial Park, Gregoire Lake Estates, Gregoire Lake First Nations truckfill, Anzac truckfill and community hall, and any other municipally connected plumbing systems not mentioned in Alberta Health Services' boil-water advisory lift areas.

A second round of tackifier to increase the tack or stickiness of the surface was applied following wind-sifting. It is an environmentally safe, non-toxic compound. ATCO has re-lit 93 per cent of eligible buildings in Fort McMurray and surrounding areas.

More than 48,000 wildfire relief debit cards have been distributed in Alberta, at a cost of \$95.5 million. Financial relief for residents who evacu-

ated out of province has reached more than \$3.7 million. The deadline of July 10 has passed for the pickup of wildfire relief funding in the form of a MoneyGram™. Wood Buffalo residents who remain out of province can re-apply for debit card relief funding at a designated Alberta Works Centre when they return to Alberta.

How You Can Help

Ten agencies are serving as pickup points for Fort McMurray residents who need access to donations. To donate, please visit the Alberta Wildfire Donations Centre webpage for more information. They regularly update the top-10 needed items at www.alberta.ca/wildfire-donation-centre.aspx.

Your MLA,
Jamie Kleinsteuber

Constituency Office:
104, 200 Country Hills Landing NW
Calgary, AB T3K 5P3
Phone: 403.274.1931



Honourable
Michelle Rempel, M.P.
Calgary Nose Hill

Report to Constituents – September 2016

An important change that will significantly impact Canadian democracy is about to happen. The Federal government has announced that it will change the way that we elect our representatives.

At present, when you vote in a federal election, you cast a vote for the person you want to have represent you in Ottawa. The candidate who receives

the most votes is then selected to serve our community. They are directly accountable to the electorate in their community for their decisions.

The Federal government is going to change this process.

However, they have not told us how they are going to change the system. Instead, they've indicated that they likely will not let Canadians have a direct say on whatever they propose via referendum.

I'll point out the obvious; any politician will have a self-interest in changing the voting system. As such, I believe that it is highly inappropriate for politicians to change how they are elected without direct approval from Canadians.


My town-hall meeting last May featured a lively discussion on electoral reform, and I thank all the

participants for their insight and input. But, in order to directly consult with you, all households in my riding will receive a survey from me, with information on this vital topic and asking your own opinion on the subject. When you receive this please return it to me with your comments. You may also complete the survey online at www.michellerempel.ca/survey

I need your voice and thoughts on this urgent and highly important issue.

You may also contact me directly with your concerns on this vital issue, or any others, by email at: Michelle.Rempel@parl.gc.ca

Or by mail to: Suite 201, 1318 Centre Street NE, Calgary, Alberta, T2E 2R7. Mailings to M.P. offices are postage free.



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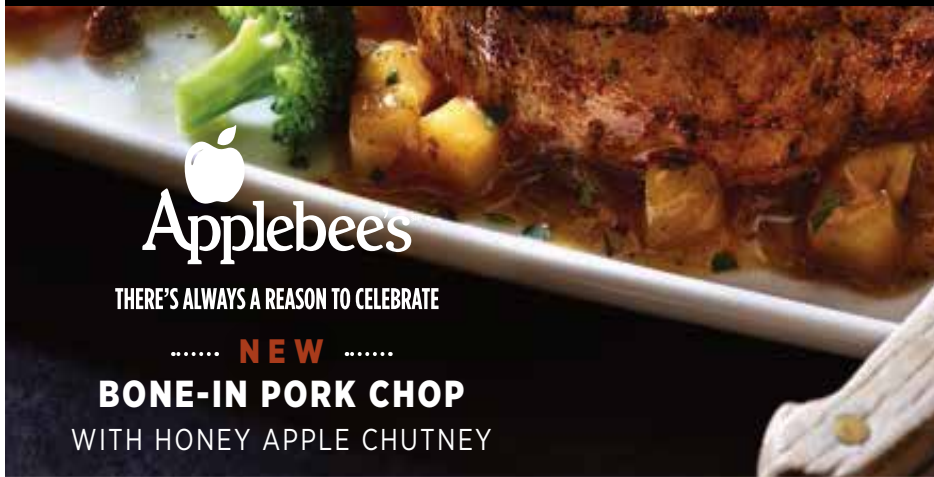
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Graffiti Vandalism

*A message from the
Federation of Calgary Communities
Building Safe Communities Program*



Graffiti vandalism is figures, letters, drawings or stickers applied, scribbled, scratched, etched, sprayed or attached on or to the surface of any premises, structure, or other property. It can be done by a variety of methods including spray paint, markers, etching and pens to name a few. Graffiti done without the owner's permission is vandalism and is a crime carrying serious consequences.

Most graffiti vandalism IS not gang related, but if graffiti vandalism is left unchecked, other criminal activities may begin to start in the area as the perception of the community is that no one cares or is taking care of the area. Graffiti vandalism needs to be reported to 311. If graffiti vandalism is not removed quickly, this inaction may be interpreted as a sign of low neighborhood pride, and graffiti vandalism will spread to other buildings, streets and properties.

What to do:

Record the graffiti vandalism by taking a photograph (if possible) of the damage

- Note the location
- Report the graffiti by calling 311
- Remove the graffiti if it is on your property or with permission of the property owner. The longer it is left for viewing the more likely other graffiti will appear in the area.

Please visit www.graffitifree-calgary.ca for more information on graffiti vandalism and how you can make a difference in your community to address graffiti vandalism. Special thanks to the Calgary Police Service Graffiti Coordinator Constable Dave Ladic for input in this article.

BACK TO SCHOOL.

**25% of 1st Graders
have an undetected
visual concern**

**Children's eye
exams are covered**

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by Alberta Health**

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www.siteforsight.ca

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Gates of Panorama Hills
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fax 403.452.2644
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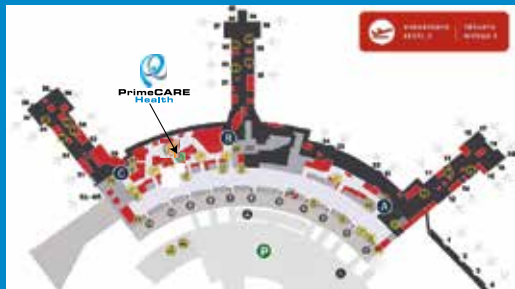
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Crossword puzzle ANSWERS

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Puzzle on page 4

1	A	C	T		4	A	H	O	Y		8	E	A	T	I	N		
13	B	O	A		14	N	A	V	E		15	S	P	L	I	C	E	
16	B	A	B	Y	G	R	A	N	D	P	I	A	N	O	S			
19	A	S	L	E	E	P		20	T	E	A	L		21	T	N	T	
22	S	T	E	A	L		23	M	A	C	R	O		24	S			
					25	H	O	M	E		27	G	I	R	O	S		
31	O	D	D		34	O	A	F		36	H	U	G	E	S	T		
37	G	R	A	N	D	I	L	O	Q	U	E	N	T	L	Y			
41	R	E	C	O	I	L		42	G	U	N		43	D	O	E		
44	E	W	E	R	S		45	I	T	E		46	M					
					48	M	O	B	C	A	P		52	G	I	P	S	Y
56	A	B	C		59	R	O	A	R		60	O	R	N	A	T	E	
61	G	R	A	N	D	S	T	R	A	T	E	G	I	E	S			
64	R	A	N	E	E	S		65	O	A	T	S		66	S	E	E	
67	A	S	T	O	R		68	W	H	O	S		69	A	D	S		

Sudoku puzzle ANSWERS

Puzzle on page 10

8	5	3	1	4	2	7	9	6
4	1	9	6	7	5	2	8	3
7	2	6	9	3	8	5	1	4
2	7	4	3	8	6	9	5	1
5	3	8	2	1	9	4	6	7
9	6	1	4	5	7	3	2	8
6	4	5	8	2	3	1	7	9
3	8	2	7	9	1	6	4	5
1	9	7	5	6	4	8	3	2

Puzzles devised by © Kevin Stone [www.brainbashers.com]

When your smoke detectors do go off, now what?

September greetings from your Calgary Fire Department!

GET OUT...STAY OUT...CALL 911!

Making and rehearsing a home escape plan is essential for your family's safety in the event that there is an emergency in your home

Draw a floor plan of your home making note of all windows and doors.

- Every room in your home requires two ways out. The first way out would likely be the door, the second way out could be a window... IF it can be done safely.
- Make sure all windows can be opened easily by the occupant.
- Windows in basement bedrooms NEED to be a minimum of 3.76 Square feet, AND any security bars that may be on the window need to allow opening without keys or special tools. When planning, consideration needs to be giving on how the occupant of that bedroom will get up to and safely out of the window
- If you live in a multi-level building , when alarms are going off and you are evacuating, use the stairs, never the elevator,
- It is important that you familiarize yourself with the fire safety plan for your building.
- Once you do get out, determine a meeting place such as a tree in

a neighbour's yard . When the first arriving fire truck pulls up, you'll be able to tell firefighters that everyone is either out safely or still in the building. This is important information for the fire crews.

- Practice your home escape plan at least twice a year, perhaps once during the day, and once at night.

Once you get out, STAY OUT!

For further information visit Calgary Fire Department at Calgary.ca and watch this fire safety video with your family



Fire Safety Tips with Flint
<https://youtu.be/QbE3tCBzeY0>

Share a Smile...

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Calgary

What is a storm pond?

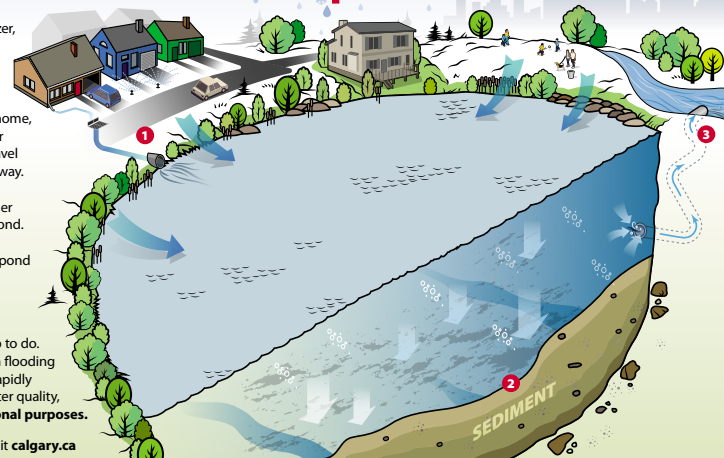
Storm ponds protect our rivers by helping remove sediment, fertilizer, pesticides and other pollutants, as well as protecting our communities from flooding.

- 1 Stormwater washes from your home, yard and street and through our communities collecting dirt, gravel and other pollutants along the way.
- 2 Sand, dirt, gravel, silt and all other sediments settle in the storm pond.
- 3 Cleaner water leaves the storm pond and returns to our rivers.

Storm pond safety

Storm ponds have an important job to do. They protect our communities from flooding and clean stormwater. Because of rapidly changing water levels and poor water quality, **storm ponds are not for recreational purposes.**

For more information call 311 or visit calgary.ca

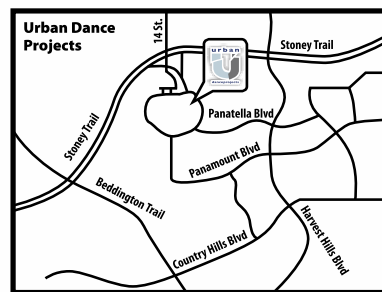


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- Wednesday** • 7am - 8pm
- Thursday** • 7am - 8pm
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40 Panatella Blvd NW

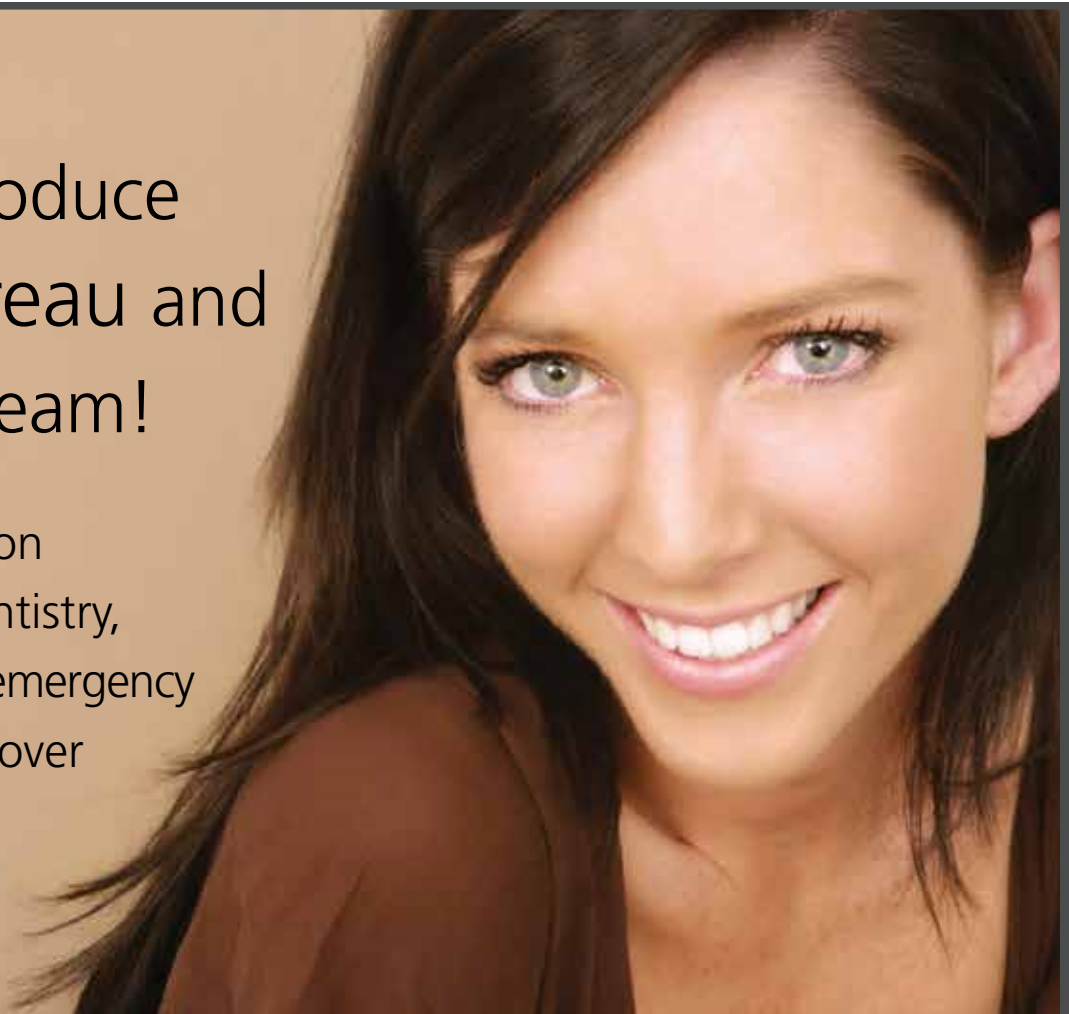
new and emergency patients
always *welcome*

Map showing location at 40 Panatella Blvd NW. Landmarks include Coventry Hills Dr., SUPERSTORE, Country Village Rd., Country Village Way, LANDMARK THEATRE, HOME DEPOT, and Country Hills Blvd.

Call Today!
403.532.0711

www.NorthernHillsDental.com





Dr. Seto is happy to introduce Dr. Maria Chan-Goudreau and Dr. Tonny Tang to the team!

Dr. Chan-Goudreau's primary focus is on children and comprehensive family dentistry, while Dr. Tang focuses on cosmetic and emergency dentistry. Our new dentists both have over 10 years experience.



For your convenience we are now offering evening appointments and direct billing to insurance

Monday: 8am–4pm	Friday: 8am–4pm
Tuesday: 8am–8pm	Saturday: 8am–4pm
Wednesday: 8am–4pm	Sunday: closed
Thursday: 8am–8pm	

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