

## The Year in Review from the President

By Rick Lundy

It is hard to believe that it has been a year I have been President. There have been many highlights that I would like to share with you.

We started by realizing that we needed to be a governance board rather than an operational one. In order to accomplish this, we agreed to hire an Executive Director. Thus, the search went out to recruit an Executive Director to assist us in bringing the NCHA to the next level. After an extensive search we proudly hired Moraig Mc-Cabe to be that person. She has worked extremely hard to have the proper staff and to work together to ensure that the office and operation are effective and serving the needs of the community.

Once again, our soccer programs (Men's, Women's, Children's and Youth) continued to be a huge success. We had over 1200 kids join our soccer program. A special thank you to Janice Henderson, Eileen Fisher, Sarah Palinkas, Marcie Gomes, Jeannine Nguyen, Stephanie Pederson, Janice Dekkers and Diana Brandson and all the coaches and volunteers required to make it such a success.

We did see a new NDP Government in the Province in 2015. Jamie Kleinsteuber

**Bottle** Depot

It matters -

and it pays 😂

became our new MLA. The NHCA immediately started lobbying/liaising with Jamie to address the issues of the Vivo expansion, the missing public high school, the missing health care center and associated social services, LRT and other community issues.

July brought several Stampede breakfasts. We had tents at the Vivo breakfast. Harvest Hills Alliance Church breakfast, Cardel/MP BBQ and the RoyOp Stampede Caravan breakfast. It was a busy time, but it was an opportunity for us to say hello to many residents of Northern Hills, and to educate people on the importance in purchasing a community membership.

We had a casino in July and a special thank you to all the volunteers, as this assists us to cover expenses of programs like our soccer program.

Northern Hills was selected for a needs and preference study pilot project by the City of Calgary. The study will be an ideal tool to obtain a strong understanding of what the residents of the Northern Hills want and need. The aim is to make sure that the study is executed to achieve the maximum benefit to the community. As we represent five communities, we will assess the data collection process on the needs of each community separately. This has not yet

begun, but should soon. We are looking forward to this project as it will give some valuable information from our communities.

We have been working closely with the residents of Northern Hills and the Calgarians for Responsible Development to prevent the Harvest Hills Golf Course closure and redevelopment. The Board took the position of opposing the Golf Course closure and redevelopment, and will continue to fight for this very important issue as it will impact the Northern Hills drastically.

We also held our very first Federal candidate election forum, hosted by our own David Hartwick. Hundreds of people came out and listened to what the candidates had to say about the economy, infrastructure, taxation, immigration, terrorism, child care, defense spending, climate, child care and crime.

Our Executive Director, Moraig McCabe, and our 1st VP, David Hartwick, have been working hard on the proposed Green Line LRT. Both Moraig and David sit on the LRT on the Green Foundation Board. These two have been representing us well on this Board.

We had a Federal election this year where Darshan Kang and Michelle Rempel were elected to represent Northern

Hills. We have worked closely with both elected officials and will continue to look for innovative ways to bring all levels of Government together to improve the Northern Hills.

The NHCA Board has worked hard this year developing strategic plans to ensure that the NHCA is efficient and effective now and in the future. The plan is as follows:

- Define roles of the Board and Executive Director in an governance model
- Review new Board structure/organizational chart
- Develop Board portfolio

roles

- Review job descriptions of Board Members
- Create Board policies
- Review bylaws
- Create Board orientation
- Create decision making framework
- Develop business plan
- Create committee terms of reference
- Create better community engagement
- Develop plan to increase membership

Continued on page3

## Three Schools for Northern Hills. Maybe.

#### By David Hartwick

The CBE has just released the 2017-2020 Capital Plan which includes three much-needed and long-awaited schools for the Northern Hills. However, this does not mean that they will be built. The CBE Trustees have approved the Capital Plan, and it must submitted to Alberta Education by April 1st, 2016. It will then be up to the Alberta Government to decide if and when to build the schools on the list. Or build them at all.

As much as the list shows that the North High School has been on 3 Capital Plans, it fails to include the years it was on this list a decade ago. After a few years, it disappeared in favour of the Northeast (Nelson Mandela) High School which will open later this year, followed by the Southeast High School currently under development. These Continued on page 5

#### April 1st-30th: Community Gardens registrations

• UPCOMING • Events.



#### April 9th: Community playfields clean up

April 14th: NHCA Annual General Meeting

April 15th: NHCA Adult Slopitch season starts

#### April 18th: NHCA Youth (U14-U18) Outdoor Soccer starts

April 18th: Women's and Men's Outdoor Soccer leagues start (register now!)

April 29th-30th: Gem & Mineral Show at Vivo

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## Northern Community A se

## From the President **Country Hills** Tall NW COUNTRY HILLS

PANORAMA HILES

you goes out to Moraig McCabe, our

for us each and every day. Also, big

thanks to our amazing staff, Marina

Fisher, plus our ad sales contractor,

ous volunteers who make Northern

Thanks to Luz, our newsletter editor,

who has to constantly remind me to

get my newsletter article submitted,

and to Brice Bouwa for keeping our

outdoor rinks constructed and main-

tained in the winter, and beautifying

Barrett, Angela Hinsberger and Eileen

Heather Hubert. We thank the numer-

Hills the amazing community that it is.

Executive Director, who works so hard



14th at Harvest Hills Alliance Church. We have some very important bylaws to be amended and we will give you an opportunity to ask any questions that you may have regarding any topic (Vivo expansion, Harvest Hills Golf Course closure and redevelopment, LRT, medical and human services, schools, transportation, NHCA programs). We will also have our elected officials there to speak as well.

our community in the summer. Our AGM is scheduled for April

## NHCA VOLUNTEER OPPORTUNITIES

The following programs and services need your help!

#### Please contact us if you are interested in:

- HELP PLANT FLOWERS IN OUR COMMUNITY GATES - Our Community Enhancement Director would like to hear from you if you are green thumbed and would like to help plant flowers and plants in the community gates this year to make our communities more welcoming. Contact community@ northernhills.ab.ca
- HELP AT EVENTS The NHCA runs many events throughout the year. We need volunteers to help us at events - this could include set-up and take down, helping to serve coffee or food, helping to check people in, or just meeting and greeting guests/participants. Contact: moraig.mccabe@ northernhills.ab.ca
- BOARD MEMBERS The NHCA is always on the lookout for residents with a passion for community. Could you help guide the strategic goals of the NHCA? Contact either president@northernhills.ab.ca or 1vp@northernhills.ab.ca to find out more.

Our Kids & Youth Soccer program needs your help: Please contact the Kids' Soccer Coordinator at: soccer@ northernhills.ab.ca if you can help with:

COMMUNITY FIELDS CLEAN-UP – Help clean up our soccer fields in preparation for the line painters and make them pleasant for your kids to play on! This is the ideal event for soccer parents who can't coach or whose work/childcare commitments mean they struggle with other volunteer positions. This event takes place at the weekend and you can definitely bring your kids to help!

#### YEAR IN REVIEW

- Continued from page 1 Thank you to Moraig who worked extremely hard to bring family support and ParentLink outreach to the Northern Hills. This is an important endeavor for us as we need to ensure that all families thrive within their communities.

In November, the Board worked hard to approve the budget for 2016-2017. I can honestly say that it was a very difficult budget to pass as we needed to be very responsible during these tough economic times. We changed our processes to ensure that we had pre-budget meetings to ensure that all Directors have a good understanding of all the financial aspects of the NHCA. We had to make some

tough decisions and your board was definitely working into the wee hours to get this budget approved. We are being fiscally responsible going forward, and looking to ensure that the financial situation of the NHCA remains healthy. Thanks to all Directors and our Executive Director who worked very hard to get it done.

So there you have it. This is an overview of some of the accomplishments of the NHCA over the past year. I would like to thank my fellow Board Members who have worked so hard to help us reach our goals. We have an exciting year ahead and this Board will work hard for you to ensure we meet the needs and wants of the communities we represent. A special thank

### **NHCA Contacts BOARD MEMBERS & COMMITTEE CHAIRS**

President: Rick Lundv 1st Vice President: David Hartwick 2nd Vice President: Amanda Davis Secretary: VACANT Treasurer: Lonny Mah Advocacy: David Hartwick Business Development: Wayne Brown Comm. Enhancement: Brice Bouwa Events: Mohamed Hassanin Membership: Chas Young Planning: Paul Eneh Sports: Janice Henderson Vivo Rep: Suresh Fernando Members at Large: Jory Alan Youth: VACANT At Home in the Hills: Allan Pole Community Gardens: Sarah White & Melissa Duong SPRY in the Hills: J-L Emond & committee Website/IT: Troy Davis

Newsletter Editor: Luz Bolo Newsletter Publishing:

Duane Thomson at Keyline Publishing

#### For more information, please visit our website or office:

NHCA at Vivo, 11950 Country Village Link NE, Calgary, Alberta T3K 6E3 Tel: 403-226-6422 Fax: 403-226-6421 web: www.northernhills.ab.ca

For general information, please email: info@northernhills.ab.ca For newsletter, please email editor@northernhills.ab.ca

#### **STAFF & CONTRACTORS**

Administrator: Marina Barrett, admin@northernhills.ab.ca Ad Sales: Heather Hubert, marketing@northernhills.ab.ca Bookkeeper: Angela Hinsberger, bookkeeper@northernhills.ab.ca Kids/Youth Soccer Coordinator: Eileen Fisher, soccer@northernhills.ab.ca Executive Director: Moraig McCabe, moraig.mccabe@northernhills.ab.ca

Tyler Hagan, Congratulations!

The answer was "At the intersection of Conventry Drive and Coventry Hills Way NE" and can be found on page 12 of the March 2016 Northern Edge News in the article "Messages From Your Elected Representatives, specifically in Ward 3 Councillor, Jim Stevenson's message." Thank you to all of you who submitted your answers, and we look forward to your continued participation. Thank you to the lovely people at Applebee's and Landmark Cinemas for sponsoring our contest for another year!

### Did You Know he Hills?" Contest!

membership/ and existing members whose membership has expired will also be able to renew their membership at the above web address.

https://www.compusim.com/nhca/

\*Note that only current mem

This month's trivia question is: When is the NHCA Annual General Meeting and what time does it start?

Please send your answer, the

article title and page number, along

with your name, contact information

and NHCA membership number to:

editor@northernhills.ab.ca. Each of



two Landmark Cinemas passes and a \$50 gift card to Applebee's restaurant!

Non-members of the Northern Hills Community Association can purchase membership online at

bers of the NHCA will be entered in the draw.

The winners of the "Did You Know in the Hills?" trivia question sponsored by Applebee's and **Empire Theatres for the month** of March is:



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21			22				23	
		24				25		
26						27		

#### ACROSS

1 Yellow spring flowers 8 Wake someone up 9 Cry of a lamb 10 Place where people stay overnight 11 Touch or sight for example 13 Tree 14 Type of poem 15 Churchyard tree in "Romeo and Juliet" 16 Upbeat 18 Brought into the world

21 Full of leaves

22 Areas of water that ice up in winter and melt in spring 25 Just developed 26 Playful fish 27 Street, for short

### DOWN

1 Girl's name 2 Clean and healthy, like \_\_\_\_ air 3 Not inside the house 4 Spring flowers that are often purple

Answers on page 14

5 "The \_\_\_\_ Ranger" 6 Spring has more <u>days</u> than winter 7 Making fresh again 12 Direction on a compass 13 Shape of a rainbow 17 What a painter paints on 19 \_\_\_\_ his arms for his sweetheart 20 Fresh water that helps the flowers grow 21 Young boy 23 Part of a tennis game 24 Word used to show "I get it"





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## **2015 Annual General Meeting** Thursday, April 14, 2016

Please join us at Harvest Hills Alliance Church, 10099 Harvest Hills Blvd. N.W., on Thursday, April 14th, 2016 for our 2015 Annual General Meeting!

This year we are switching up the format a little - we are going to open the floor to YOU, our residents, for an open question and answer session. What matters to YOU? What do YOU want to know about? What do YOU want to see in our community?

Doors open at 6:15 PM. We will have some food and refreshments for attendees, and a meet and greet, prior to the meeting, which starts at 7:00 PM, some awesome door prizes from local businesses, and our elected officials will be there.

#### **2015 AGM MEETING AGENDA**

1. Call Meeting to Order

- 2. Introduction of Directors, Staff and Guests
- 3. Approval of 2014 AGM Meeting Minutes
- 4. Approval of 2015 Audited Financial Statements
- 5. Appoint Auditors for the Year 2016
- 6. Approval of the Resolutions to the Bylaws:
  - 6.1 Article III, Section 2, paragraph 1 - Removed: "by Members of the Board"
  - 6.2 Article III, Section 2, paragraph 2 Removed: "plus the immediate past President"
- 6.3 Article III, Section 2 (a) The term of every Board member shall be for a period of two (2) years. Any Board member may serve (4) consecutive terms.
- 6.4 Article III, Section 3 (b) -Removed: "Board of"
- 6.5 Article III, Section 4 (b) -Removed: "and are approved at the first Boards Meeting, following the election of a Board of Directors."

- 6.6 Article III, Paragraph 7 (a) -Removed: "There is an option to also elect the position of Chairman, and do such other things as shall be required to commence the Association's year of operations."
- 6.7 Article III, Paragraph 7 (a) All other portfolios, committees and offices will be open for election after the Executive elections have taken place.
- 6.8 Article III, Section 9 (c) -Removed: "without just cause" and replace with "in writing to the President"
- 6.9 Article IV, Section 2: Added: "The President position will serve for (1) term or (2) consecutive years before he/she must go through the election process again."
- 6.10 Article IV, Section 3 sentence 2: Changed to: "The First Vice-President must chair a committee or other duties delegated by the Board of Directors set up. The First Vice President position will serve for (1) term or (2) consecutive years before he/she must go through the election process again."
- 6.11 Article IV, paragraph 6: Delete all
- 6.12 Article IV. Paragraph 7 sentence 1: Added: "or elected"
- 6.13 Article V, Section 3: Changed "3 days" to "21 days".
- 6.14 Article VI, Section 3 (c) -Changed "expenditures" to "Capital expenditures" and changed "\$25k" to "\$50k".
- 7. Present and Elect Slate of Directors for 2016-2018 Term
- 8. Adjournment

#### To follow the business portion of the meeting:

Year in Review Rick Lundy Community Q&A Special Presentation Rick Lundy Thanks to Sponsors Wayne Brown Door Prize Draw David Hartwick

Please note: only paid up members of the Northern Hills Community Association can vote at the AGM, but we welcome ALL residents to come and see what we're all about, ask questions and see how becoming a member of your community association can benefit not only you, but everyone in our neighbourhoods!

See www.northernhills.ab.ca for more details.

#### **NEW SCHOOLS**

Continued from page 1

Capital Plans are updated every year, as the CBE changes priorities, which is why it is important they are included in the budget coming April 14.

Unfortunately, the Calgary Separate School District does not have any proposed schools for the Northern Hills in their current Capital Plan but

6. Capital Priorities - New School Construction

There are 19 new school construction projects identified in the Three-Year School Capital Plan 2017-2020

_	Table 1: New S	chool C	onstruction					
Three	-Year School Capital Plan 2017-2020 Priorities							
Priority Ranking - Project Description								
YEAR 1								
Com	munity/School	Grade	Project Status	Request Type	2016 Cost (\$)	in Capital Pla		
C-1	Cranston Elementary (2)	K-4	New Request	Full buildout to 600	15,600,000	2		
C-2	Evergreen Elementary (2)	K-4	New Request	Full buildout to 600	15,600,000	3		
C-3	Coventry Hills/Country Hills Village Elementary (2)	K-4	New Request	Full buildout to 600	15,600,000	1		
C-4	Skyview Ranch Elementary/Middle	K-9	New Request	Full buildout to 900	22,600,000	3		
C-5	Auburn Bay Middle	5-9	New Request	Full buildout to 900	22,600,000	2		
C-6	Evanston Middle	5-9	New Request	Full buildout to 900	22,600,000	3		
C-7	Mahogany Elementary	K-4	New Request	Full buildout to 600	15,600,000	2		
C-8	<sup>1</sup> North Calgary High	10-12	New Request	Full buildout to 1800	61,000,000	3		
				YEAR 1 TOTAL	191,200,000			
YEAF	2							
Com	munity/School	Grade	Project Status	Request Type	2016 Cost (\$)			
C-9	Kincora Elementary	K-4	New Request	Full buildout to 600	15,600,000	4		
C-10	Cougar Ridge Elementary	K-4	New Request	Full buildout to 600	15,600,000	3		
C-11	Harvest Hills/Country Hills Elementary/Middle	K-9	New Request	Full buildout to 900	22,600,000	3		
C-12	Sage Hill Elementary	K-4	New Request	Full buildout to 600	15,600,000	2		
C-13	Signal Hill Middle	5-9	New Request	Full buildout to 900	22,600,000	3		
C-14	<sup>1</sup> Performing Arts School	10-12	New Request	Full buildout to 400	27,000,000	3		
				YEAR 2 TOTAL	119,000,000			
YEAF	3							
Com	munity/School	Grade	Project Status	Request Type	2016 Cost (\$)			
C-15	Sherwood Elementary	K-4	New Request	Full buildout to 600	15,600,000	0		
C-16	Valley Ridge/Crestmont Elementary	K-4	New Request	Full buildout to 600	15,600,000	2		
C-17	Aspen Woods Middle	5-9	New Request	Full buildout to 900	22,600,000	2		
C-18	Sherwood/Nolan Hill Middle	5-9	New Request	Full buildout to 900	22,600,000	0		
C-19	Silverado Middle	5-9	New Request	Full buildout to 900	22,600,000	0		
	YEAR 3 TOTAL 99,000,							
				GRAND TOTAL	409,200,000			

Note: <sup>1</sup> Senior high schools are not ranked using point criteria. See page 26.

= second elementary school for the community



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supporting these public schools could help reduce class sizes in our CSSD schools including Notre Dame High School.

Now is the time to reach out to MLA Jamie Kleinsteuber and let him know how important each of these schools is in the Alberta Budget BEFORE APRIL 10. Call MLA Kleinsteuber at 403-274-1931 or email him calgary.northernhills@assembly.ab.ca

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  - . In-person registration at the office
  - In-person registration at the office
     Mailing your membership form below to the office

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Please indicate activities you would likeCommunity GardenAdult Slo-PitchChildren's SoccerLadies/Men's SoccerGraffiti AbatementPlannin	nity Clean up usiness Fair Inity Beautification General Meeting			
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## We Love Volunteers!

The NHCA could just not function without its community volunteers. It's a plain and simple fact.

Without YOU, the community gardens would not be wonderful, beautiful additions to our communities. Without YOU, there would be nobody to flood and maintain the community rinks. Without YOU, there would be nobody to welcome

newcomers through At Home In the Hills, plant flowers in the community gates, clean up our green spaces and roadsides, plan community events, run our SPRY in the Hills program for 55+, or even just advocate for more schools, the badly needed health centre, community space, or more transit.

Without YOU, the kids' and youth soccer programs could run, but the cost of providing staff to man everything would become prohibitive, and paying only \$50-90 for a whole outdoor program which included uniforms, photos, medals and a fabulous wind up event would become mere wishful thinking!

Without YOU, our board would have no directors, and our committees no members, to make the NHCA what it is today and help plan for the future of our communities.

It is all of these things that make



our wonderful community volunteers so beloved to the NHCA. We cannot thank you all enough, but we can try to show a little bit of love each year by thanking our volunteers with a Volunteer Appreciation Event! This year some volunteers from First Calgary Financial in Coventry came out to help so that our 2015 volunteers could spend the day being appreciated at a showing of Zootopia. Over 250 volunteers and their kids attended, making it our most well attended appreciation event ever! We hope you all had a great day.

Thanks to First Calgary Financial in Coventry for their sponsorship of the event, and to Landmark Cinemas Country Hills.

We hope to see you all next year!





Nursery to Grade 4 programs during both services. Youth Program Breakfast (\$2) and Bible Study at 9:00 am. Club 45 (grades 5 & 6) program during the 11:00 am service.

> FREE Math and Science TUTORING for grades 7 - 12 Wednesdays from 3:30 - 5:30 pm Please contact Steve at steve@hhachurch.com.

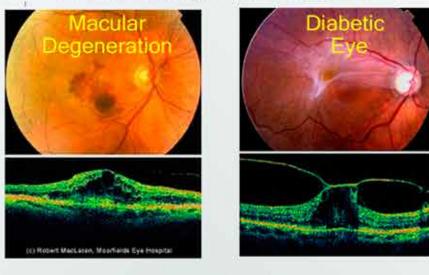
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## Come Play With Me! ParentLink Drop In

11950 Country Village Link NE, Calgary, AB T3K 6E3

Starting April 7th Thursday Mornings 10 – 11:30 am.

Come join us for this, new, free drop in playgroup for parent and children (birth – 5), located outside the Panther physiotherapy site, on the east side of the building at Vivo. There are lots of parking available outside the east entrance, at the back of the building. The space is on the upper floor and can be reached by taking the stairs or the elevator.

Children are able to move about in the room and pick from a variety of play areas such as dress up, play doh, puzzles and a lots of toys. Staff will be available to answer questions about developmental growth, parenting, and help parents identify community resources.

\*This program is being run through partnership between Family Connections Parent Link Centre, Northern Hills Community Association, and Vivo.





## Update from CFRD

by Ray Crockett, Calgarians for Responsible Development

When I first started working with the Calgarians for Responsible Development (CFRD) to oppose the proposed development (yes it is still proposed and NOT A DONE DEAL) of the Harvest Hills Golf course, we met with Councillor Stevenson. He advised us to work closely with the developer throughout the engagement process. This resulted in CFRD developing plan B. Plan A is the preferred option and is to stop the rezoning but Plan B was to work with the developer to influence the plan so it would make Harvest Hills a better place for all residents and to provide much needed facilities that would benefit all of Northern Hills. We attended all the open houses along with many of you, had people working on the community advisory group (CAG) and in general spent a lot of time working with Quantum Place Developments (QPD) to get a good plan. QPD dutifully noted all the plan improvements the community raised. However, we feel the developer ignored 99% of them in favour of what they wanted to do to maximize their profits.

We have now had a chance to review the latest submission made by Quantum Place Development. This was QPD's response the City's Detailed Team Review (DTR) where the city planners stated 130 things that QPD had to do to improve or support the proposed plan before it could go through to the planning commission, and then to city council. It appears that Quantum Place Development (QPD) does not take the City Planning group any more seriously than they did the residents' requests for changes to the plan.

The City wants a density of about 8-9 units per

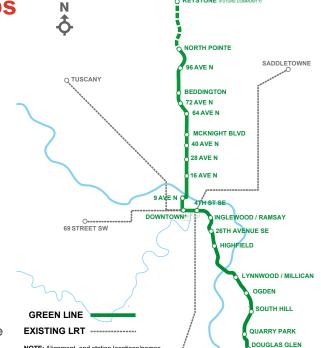
Calgary 🎄

### Station area workshops are coming to your neighbourhood!

You know your community best. Help us understand how to best fit the Green Line into your neighbourhood! How will you access your future Green Line station? Where will you travel to? Where are the missing pedestrian, cyclist, and feeder bus links?

Tuesday, April 12 6:00-9:00 pm 72 Avenue N and Beddington Blvd N Stations will be included in this workshop at Huntington Hills Community Association, 520 78 Avenue NW

Wednesday, April 27 6:00-9:00 pm 96 Avenue N and North Pointe Stations will be included in this workshop at Harvest Hills Alliance Church, 10099 Harvest Hills Blvd NW



SOMERSET-

BRIDLEWOOD

acre. and QPD's first plan had a density of 10.1. So it was surprising that the new submission has an even higher density than the previous submission.

The City asked QPD to reduce the number of cul-de-sacs in the plan, particularly in the island (holes 3 & 4 of the golf course). QPD responded by removing a cul-de-sac near the railway tracks and adding more high density housing.

The City asked QPD to keep the trees on the exterior of the course. The expectation was that they would save 70% of these trees which is what the city forced the developer to do in the Shawnee slopes golf course development. QPD's response was to say they might be willing to keep some or at least a few trees, but with no guarantees to save any.

The city asked QPD to ensure that there were buffers of a minimum of 10 meters behind all existing homes on the golf course to provide a respectful transition to the new homes. The city is sensitive to this issue not only because it is the right thing to do but also because the buffer space generally reverts to the city following the development and they have to maintain it. If the space is less than 10 meters it is more expensive to maintain. QPD responded by making about 50% of the buffer spaces 8 meters. They supported this decision by saying that they would put the buffer spaces into a home owners association and the new residents would have to pay for the maintenance. Since the land would not be reverting to the city they claimed they did not have to adhere to the City's 10 meter restriction.

QPD claims that the golf course built the fence along residents' back yards about 1+ meters into the golf course property. The city asked QPD to clarify this issue. Their response was that they intend to take back that land and move the fences at their expense unless the city and residents support the concept of having the buffers owned by a home owners association in which case they will put a caveat against the residents' property and then leave the fences where they are today.

All in all this plan is worse than the first plan that QPD submitted. CFRD is now planning to meet with the City Planning Group to discuss our options going forward and encourage them to reject this plan and do another detailed team review for QPD to respond to. So this fight is far from being a done deal.

Now more than ever, we need you to help us 'Keep up the FIGHT' to save the Harvest Hills Golf Course. You were unprecedented in your response to writing letters and signing letters of Opposition against the proposed re-zoning of the Harvest Hills Golf Course. For the first time ever, it made City Hall take note of our community.

We are looking for dedicated people who can join the fight in the following areas:

 Social Media Coordinator: We need a person that can lead the development of a social media campaign and coordinate the activities of several

are subject to confirmation. Map not to scale.

\*More than one station. Locations to be determined.

Workshops are hands on sessions with the design team to provide feedback and help inform future design decisions. **Please note workshops are limited to 100 participants and last for three hours. Registration is required to participate in these sessions.** Visit **www.calgary.ca/greenline** to sign up.

The Green Line is Calgary's next light rail transit (LRT) line, and the highest public transit priority for The City. This new line will add 40 kilometres to the existing 59 kilometre LRT system. End-to-end, the line will connect the Northern Hills communities and Seton to downtown, and is estimated to serve 41 million passengers annually.

The Green Line is more than just a transit project; it will connect people and places, integrate with new and mature neighbourhoods, and help build liveable, vibrant and sustainable communities.

Follow the Green Line conversation on Twitter: @yyctransport #GreenLineYYC

people we have that are willing to administer the social media channels.

- Fund Raising Coordinator: We need a person who is willing to coordinate our fund raising initiatives.
- IT website maintenance: We are looking for an individual that would be willing to take on the technical maintenance of our website.
- General Help and other Activities: We will need people to assist with canvassing, assist with fund raising activities.

Please reply to keepharvesthillsgreenspace@gmail.com and provide us with:

- Your name and contact information:
- Your strengths, or area of expertise, and how you think you could help.



## Northern Hills **Community Gardens**

Every gardener knows under the cloak of winter lies a miracle – a seed waiting to sprout, a bulb opening to light, a bud straining to unfurl. And the anticipation nurtures our dream. ----- Barbara Winkler

Calling all gardeners, young and old, experienced and inexperienced. Would you like to:

- ✔ Grow your own organic produce (and save money at the grocery store)?
- Meet new people?
- ✓ Support the Calgary Food Bank?
- ✓ Reduce your footprint on the environment?

#### Then you need to join us in the community garden!

Community gardens in the Northern Hills communities of Harvest Hills and Coventry Hills have plots available for the 2016 growing season at only \$30 for a 4' x 12' bed or \$20 for a 4' x 8' bed, plus NHCA membership!

#### For more information on how to get involved please contact:

Harvest Hills Community Garden harvestgarden@northernhills.ab.ca Coventry Hills Community Garden coventrygarden@northernhills.ab.ca

Visit the NHCA website at www.northernhills.ab.ca or call the NHCA office at 403 226 6422.

### SPRY In The Hills – Spring/Summer Session 2016 LOCATION: Child Minding Room at Vivo (by the northwest entrance)

#### Tuesdave

Tuesday	ys		Thursdays					
March	2:30 - 3:30	3:30 - 4:30	March	3:00-4:00				
8	Social/Games	Social/Games	10	no session				
15	Seniors Exercise Class	Social/Games	17	Seniors Exercise Class				
22	Seniors Exercise Class	Social/Games	24	Social/Games				
29	Social/Games	Social/Games	31	Seniors Exercise Class				
April	2:30-3:30	3:30-4:30	April	3:00 - 4:00				
5	Seniors Exercise Class	Social/Games	7	Seniors Exercise Class				
12	Seniors Exercise Class	Social/Games	14	Seniors Exercise Class				
19	Seniors Exercise Class	Social/Games	21	Seniors Exercise Class				
26	Seniors Exercise Class	Social/Games	28	Seniors Exercise Class				
May	2:30-3:30	3:30-4:30	May	3:00-4:00				
3	Seniors Exercise Class	Social/Games	5	Seniors Exercise Class				
10	Seniors Exercise Class	Social/Games	12	Seniors Exercise Class				
17	Seniors Exercise Class	Social/Games	19	Seniors Exercise Class				
24	Seniors Exercise Class	Social/Games	26	Seniors Exercise Class				
31	Seniors Exercise Class	Social/Games						

There are no SPRY sessions at Vivo for the months of June, July and August, but please check your community newsletter over the summer for information about events and things to do for 55+ residents in the Northern Hills. SPRY sessions resume September 13th, 2016. A \$35 program fee will apply for the Autumn-Winter exercise classes\* (covers 23 extra sessions September through November 2016). \*No extra fees apply for the social/games sessions.

For more information about the program, please contact: seniors@northernhills.ab.ca or visit www.northernhills.ab.ca/seniors



### **NOW OPEN EXTENDED HOURS** Mon to Fri 8:30 am to 8:00 pm Sat 10:00 am to 4:00 pm

Sun 11:00 am to 4:00 pm

### **OUR SERVICES:**

- Consultation with Physician, Nurse, Dietitian, Psychologist and Pharmacist
- Pharmacist with expanded scope of practice; Injection certified and Additional



Male and **Female Doctors** Accepting **New Patients** 

> Walk-Ins Welcome



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In-Stock

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Surgical Consultations (IUDs, Circumcision and Vasectomy offered)



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Calgary, AB T3K 6K7

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Two convenient locations serving the Northern Hill Communities

SiteForSight

#713, 500 Country Hills Blvd. NE Country Hills Towne Centre Calgary, AB T3K 4Y7 (Next to Shopper's Drug Mart) 403.226.7638 www.siteforsight.ca



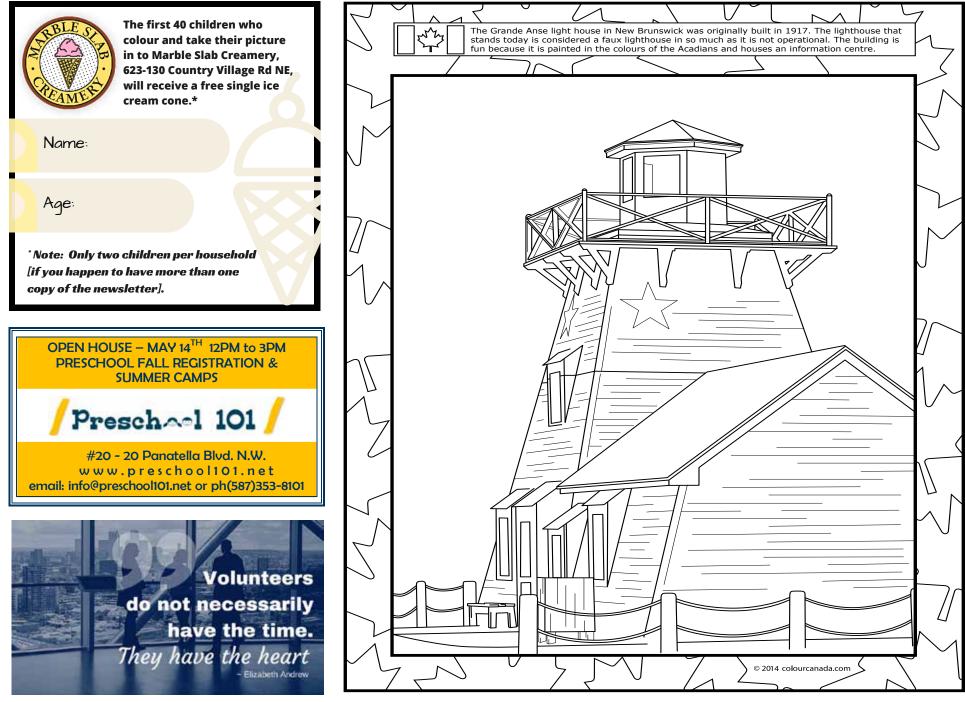
eyecare

#730, 1110 Panatella Boulevard NW Gates of Panorama Hills Calgary, AB T3K 0S6 (Next to Save On Foods) 403.452.6831 www.2ndsight.net

Dr. Monica Jensen-To • Dr. Shauna Chorel Dr. Bonita O'Brien • Dr. Floria Tse

New and Emergency Patients Welcome

## Colouring Contest: FREE ICE CREAM!



## Vivo & NHCA Indoor Community Garage Sale



## in the Vivo Arena from 9 a.m. – 1 p.m. on Saturday, May 14th, 2016

- ★ Registration via www.vivo.ca using course number 39698
- $\star$  ONLY \$25 per 8ft table space!
- $\star$  Registration starts March 1st at 8am
- $\star$  First come, first served
- $\star$  Only 90 tables available, so book yours today!

### For more info, visit: www.northernhills.ab.ca



Must be presented at time of purchase\*Store Management reserves the right to reject, any coupons not being used according to the intended purpose\*



## Are you a pooper scooper?

If you spend any time in our community greenspaces, pathways, or recreation fields, you will know that many pet owners are not. There is a real problem in our community with residents that are

not picking up after their pets. According to the Responsible Pet Ownership Bylaw, there is not just a fine for failure to pick up feces, but failing to have the means to pick up feces is also an offense; each carry a MINI-MUM FINE OF \$150. Frankly, it is disgusting. It is also unsafe as

dog feces carry parasites that can be transmitted to people and other pets. Dogs are not permitted AT ALL in school fields, playgrounds, and sports fields. So why is it that before anyone can play soccer, softball, or do other activities, playfields must be cleaned up of feces? And we do not mean from just a few dogs. It is everywhere!

It should be noted as well, that there are NO off-leash areas within our residential community (Confluence Park is the nearest, but the designated off-leash area is not walkable from our community). A leash is required at all times under the bylaw on greenspaces and pathways. The minimum fine for having your dog off-leash is \$50.

Contrary to popular belief, cats do not need to



go outdoors or roam, and are required to stay on your property under the bylaw and are also subject to a \$50 fine. We were surprised to learn this so many of our readers may be as well. The City even provides traps for cats at large.

A recent Facebook post led

to a discussion on feces, with some pet owners expressing that 'their' dog is an exception, or that the laws are dumb, or they are a responsible pet owner, and yet we have a real problem that many residents are fed up with. So if we have feces everywhere, where is it coming from?

Let's show some community pride! Please clean up after your pets. These fines are a bargain compared to Airdrie, but it will get really expensive just the same if people start using the 311 system.

Enough is enough.







Want a chance to get to know some ladies around your neighborhood while enjoying the benefits of getting some exercise? Come join a recreational soccer league where the focus is on socializing and sportsmanship while playing some outdoor soccer right in the community.

When: Twice a week 8:00 – 9:00 pm – April 18 thru to the end of June Tuesday/Friday Where: At Cardel Fields & Harvest Hills Fields

Who: Women over 30

Cost: \$70.00 & NHCA Membership (insurance) - \$20 (single) or \$30 (family) For more information visit: http://www.northernhills.ab.ca/womens-outdoor-soccer/



We offer: Licensed referees, New player orientation, **Technical sessions**, Kick-off & Wind-up party, & whole lot of fun!!

Two programs: you choose/register for which one works for you: April 18 to July 28 - \$100.00 and NHCA membership

Membership: https://www.compusim.com/nhca/membership/ Registration: https://www.compusim.com/nhca/programs/

## NHCA Men's Soccer League

### -21

Puzzles devised by © Kevin Stone [www.brainbashers.com]

Answers on page 14

8			1		4			3
	6			9 6			4	
		1		6		8		
9								4
	3	2				1	6	
5								9
		4		8 4		3		
	7			4			1	
2			5		6			8



#### A "just for fun" men's soccer league

Where: Within Northern Hills Community When: Two nights a week from 8:00 to 9:00pm -April 18 to end of July. What: Play a friendly game of soccer

We offer:

- o Licensed referees.
- $\circ$  New player orientation
- Technical sessions.
- Ice-breaker party

#### **Register ASAP**

If you have any questions or are willing to help organize this league please email menssoccer@telus.net

keep MORE in your wallet with our ER DISCOU NorthernHills www.northernhills.ab.ca/member-discounts/

Sudoku © Kevin Stone

## Messages From Your Elected Representatives



Ward 3 **Councillor Jim** Stevenson

#### 2016 Street Sweeping **Program begins April 3**

Ward 4 Councillor

Greetings Ward 4 Residents,

Ward 4 Pedestrian Safety

In February I hosted a Ward

Each spring the City's Roads department sweeps almost 15,000 lane kilometers of paved roads. This is done to remove sanding materials and debris that has accumulated on roads during the winter months. This planned effort improves mobility and safety for Calgarians and helps protect our environment.

How can you help? Citizen participation is important to the success of the program. The City relies on the cooperation of vehicle owners to watch for street cleaning signs and remove their vehicles and garbage or recycling carts from the roads being cleaned.

Sean Chu

Town Hall

4 Pedestrian Safety Town Hall meeting. This meet-

ing was held to collaborate with residents and City

of Calgary staff in order to see what can be done to

The meeting was well attended, and I want to

thank City representatives who spoke about the Safer

Line, and the Calgary Police Service Traffic Unit. Each

portunity to disseminate and collect information. The

feedback we received was greatly appreciated and

will be summarized and shared with all relevant City

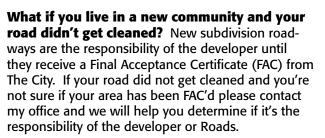
The evening was a great success, and a great op-

Mobility Plan, Pedestrian Strategy, the new Green

spoke on what impact their projects will have on

improve overall Ward 4 pedestrian safety.

Ward 4 residents and pedestrian safety.



#### What is new in 2016? There are several changes to the street sweeping program:

- Daytime sweeping: 7 days/week (up from 4 days/week)
- Evening sweeping: Moving to Monday Thursday (previously Sunday – Wednesday)
- Completing program by June 1 instead of June 30, beginning April 3 instead of April 13
- New live map that shows up to the minute info, live tracking and status (Calgary.ca/sweep)
- Ticketing of vehicles that are not located within

then work toward permanent solutions. This type of collaborative work leads to meaningful changes on our streets.

Ward 4 is the most transit orientated area in the City and, unfortunately, with that comes higher rates of pedestrian incidents. In order to address this important fact we must work together to mitigate the risks as much as possible. My goal over the next year will be to take the information that was collected at the Pedestrian Safety meeting and use it to make Ward 4 a safer place to live, work and commute.

I also want to take this opportunity to let Ward 4 residents know that with the proposed LRT Green Line, Centre Street will undergo significant modifications. This means important alterations in how pedestrian and traffic moves around Ward 4. While this is occurring I will work hard to keep you informed and ensure the City incorporates your input into the changes.

Calgary Transit Green Line: http://calgary.ca/greenline

Calgary Main Streets: http://calgary.ca/mainstreets

Some of the notes taken at the Pedestrian Safety Town Hall on Wed, Feb 10th 2016:



### Calgary-NorthernHills MLA Jamie Kleinsteuber

#### Greetings, residents of Calgary-Northern Hills,

It's April, and spring is here in

Calgary along with the hope of a fantastic summer for everyone.

Even before Budget 2016 was tabled in the Legislature, the Royalty Review, the Job Creation Incentive Program and the Petrochemicals Diversification Program were all released to serve as a foundation for economic stability.

In January, I attended the public release of the eagerly awaited report from the royalty review panel.

#### e Royalty Review

panel determined that Alberta's royalties are comparable to similar jurisdictions, but the industry's costs are substantially higher. As a result the panel recommended a modernized framework that set a drilling cost allowance for wells according to an industrywide average, rewarding producers who reduce drilling costs below the industry average through innovation.

The royalty review Advisory Panel's recommendations were adopted by the government. The new royalty system is expected to attract investment, create jobs, reward innovation and increase revenue over time.

For more information, or to read the Royalty Review Advisory Panel's report, please visit royalties. alberta.ca

#### **Job Creation Incentive Program**

Jobs and the economy are a priority for this gov-

a parking ban area (Note: fine has also been increased)

For more information or to find out when your street is scheduled, visit Calgary.ca/sweep. Contact Ward 3

As always, I welcome your calls and emails so if you have questions or concerns, please do not hesitate to contact my office for assistance. Also please visit my website for updated information on the various issues that affect residents of Ward 3: calgary.ca/ ward3.

> Jim Stevenson, Councillor, Ward 3 www.calgary.ca/ward3 Lynne Banning, Assistant 403-268-2530 eaward3@calgary.ca Barb Fleet, Assistant 403-268-4854 ward03@calgary.ca

- 1) The need for more school programs to teach pedestrian safety.
- Need for more pedestrians crosswalks with 2) lights.
- An ad campaign to have adults to look at the 3) road rather than their cell phones.
- 4) An advertising campaign for new immigrants on pedestrian safety.
- 5) Place ISLOW traffic signs
- Need to have better programs to educate pe-6) destrians. Cars cannot stop instantly. They must follow rules.
- 7) More focus on traffic calming and signs
- 8) Install RRFB
- Bring back the hour after sunset rule for school 9) zones
- 10) Reduce the speed limit to 40km/h in residential zones like Airdrie.
- 11) crosswalk needs to be repainted

Best regards, Councillor Sean Chu Communications & Community Liaison Ward 4 ward04@calgary.ca

will be worth \$5,000 for a new job and employers will be eligible for up to \$500,000 in total support the equivalent of 100 new full-time positions.

#### **Petrochemicals Diversification Program**

We are encouraging economic diversification by investing in Alberta's strengths. One of those strengths is the petrochemicals sector, which uses methane and propane to create everything from plastics to detergent. Alberta is already a leader in this field. We are encouraging further growth through a royalty credit that is expected to attract investment in new manufacturing plants and good jobs here in Alberta.

As always, my constituency office and staff are available for everyone to contact or visit. Stop by or get in touch by phone or e-mail. Let me know what you're thinking.

of Calgary business units. From this, it is hoped that common safety themes can be identified and we can

The panel was led by ATB Financial CEO Dave Mowat. Over the course of the review the panel listened to industry, labour, academics, environmental groups, community leaders and businesses and more than 20,000 Albertans in person and online. The

ernment. Government has announced the new Job Creation Incentive Program as part of Budget 2015 - the most extensive program of its kind in Canada, creating as many as 27,000 new jobs per year. Grants will be provided to employers for net new employment created after January 01, 2016. Grants

I wish you all the best this spring season.

Your MLA, Jamie Kleinsteuber calgarynorthernhills@assembly.ab.ca (403) 274-1931



#### Honourable Michelle Rempel, M.P. Calgary Nose Hill

#### **Report to Constituents** March 2016

With a new session of Parlia-

ment well underway it is always my great honour to represent you in Ottawa and to bring the issues and concerns of the people of Calgary Nose Hill to the attention of the federal government. I will continue to be a strong voice for you and I will remain consistent

in calling for a balanced and prudent approach to federal spending.

I have enjoyed seeing many of you at various events around the community, at Winter Carnivals and Lunar New Year festivities. Thank you so much to all the volunteers who make events such as these possible.

Economic times are challenging in Calgary right now and I will be hosting a career services event on Saturday 16th April 2016 from 9:30AM to 2PM, at the Foothills Alliance Church, 333 Edgepark Blvd. NW. If you or someone you know is looking for work, this may be a great opportunity for enhancing your job search. For more details on this event, please visit my website at www.michellerempel.ca

I have also been meeting on an individual basis with your hard working community presidents and I will be hosting a meeting for all of them this month. I rely upon meetings such as these to give me a window into the problems and successes of local community groups, and the outstanding volunteers who support them.

#### Sincerely, Michelle Rempel

Please contact me through the following: phone: (403) 216-7777 email: michelle.rempel@parl.gc.ca Or visit my website at www.michellerempel.ca

## A Message from the Calgarians for Responsible Development (CFRD)

Fellow community members, as many of you are aware, the Harvest Hills Golf Course has been sold to a developer who has sent in an application to develop. Following a Detailed Team Review from the City of Calgary, the developer has resubmitted an AMENDED plan. To see this amended plan, please go to: http://www.calgary.ca/PDA/pd/ Pages/Current-studies-and-ongoingactivities/Harvest-Hills-Golf-Course-Lands.aspx

We need your help! You have an opportunity to voice your opposition to this plan! We need your individualized responses to send into the city! Please write your reasons for opposition in the space provided in the attached letter, and either send into the city, or for your convenience, you may drop off at the Harvest Hill Liquor store (Global Liquor), the Harvest Hills Convenience Store, or the Northern Hills Community Association at Vivo.

Some common reasons for opposition include, but are not limited to:

- This application does not meet the core goals of the City's Municipal Development Plan
- Loss of Green Space
- Loss of Recreational Amenity
- Loss of Mature Trees
- Increased DensityIncreased Traffic Congestion for all
- communities

  Impact on Schools and existing
- recreational facilities (i.e. VIVO)Strain on existing infrastructure,

Fire Response, Medical Facilities Please write your reason for opposition and drop your letter off within the first few weeks of April! Check the city webpage regularly as they will posting dates for public information sessions! This redevelopment affects all of us in the Northern Hills Communities, and

we appreciate you support!

April 1, 2016

Jessica Siriphokham, File Manager Planning, Development and Assessment, IMC #8076 PO. Box 2100 Station M Calgary, Alberta T2P 2M0

Dear Madam:

#### RE: Amended Outline Plan for Application LOC2015-0102 (1450 Harvest Hills Dr NE / Harvest Hills Golf Course Redevelopment)

I am a resident of \_\_\_\_\_\_ in Calgary and I am opposed to the redevelopment of the Harvest Hills Golf Course. I value this green space as it adds a peaceful natural area to the City. I value land designated Special Purpose - Recreation in Calgary and I do not want these areas developed for more housing. Additionally, I am not convinced that Harvest Hills should have ever been included in the Municipal Development Plan (MDP) area as this application does not meet the requirements or goals of the City of Calgary's MDP.

I am opposed to the proposed redevelopment plan for the following reasons:

I ask that you consider my submissions carefully and that you recommend against approval of this proposed land use designation. I do not consider this redevelopment to be a benefit to my community and believe it will detract from the City of Calgary as a whole.

Sincerely,

(print name)

(address)

Cc: Mayor Naheed Nenshi Councillor Jim Stevenson (

Councillor Jim Stevenson (Ward 3) Councillor Sean Chu (Ward 4)

## Chartwell April Open House



#### SPRING FORWARD TO THE NEXT CHAPTER IN YOUR LIFE.

Since Aurel moved into his Chartwell residence, he and his daughter Maja have transitioned from worry and concern about household responsibilities to spending more quality time together, including lots of family time for children, grandchildren and a new great grandchild. If you want to learn more about the benefits of retirement living, our Open House can help answer your questions.

#### CHARTWELL.COM



Make us part of your story.

20 Country Village Cove NE, Calgary 587-287-3942

OPEN HOUSE Sunday, April 24 1PM - 4 PM



Conditions may apply.

## Smoking and Home Fire Safety

by Calgary Fire Department

The place where we feel safest – at home – is where most smoking-materials structure fires, deaths, and injuries occur. Smoking materials are the leading cause of fire deaths. Every year we have over 500 fires started due to smoking materials, this is preventable and can be reduced !

### Some tips to remember:

• If you smoke, smoke outside. Most deaths result from fires that started in living rooms, family rooms and bedrooms

• Keep cigarettes, lighters, matches and other smoking materials high out of the reach of children. We have found the kids to be very observant regarding "hidden" lighters.

### PUT IT OUT , RIGHT OUT !Use a deep, sturdy ash-

tray. Place it away from anything that can burn.



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applebeescanada.com © 2016 Applebee's International, Inc

 DO NOT discard cigarettes in vegetation such as mulch, potted plants, landscaping,

peat moss, dried grasses, leaves or other things that could ignite easily.

• Before you throw away butts and ashes, make sure they are out. Dousing in water or sand is the best way to do that.

Your Calgary Fire department has been called to many fires

burning on the outside of homes from ignited peat moss in planters while occupants were sleeping inside.

DID YOU KNOW THAT in addition to your Fire Department being highly trained to battle fires, that we have specialty teams that are further trained in , Airport rescue, Structural collapse, Confined space , Dive rescue, High Angle and Hazardous material response?

For further information please visit http://www. calgary.ca/CSPS/Fire/ Pages/home.aspx



Highland Park Preschool The new Highland Park Preschool is located in the heart of Calgary. Our freshly renovated space looks forward to welcoming your child! We are a non-profit and non-denominational preschool. We have flexible offerings for morning classes for both 3 and 4 year olds.

At Highland Park Preschool the 'facilitation and enhancement of the child's growth' is achieved in a learn through play program.

Highland Park Preschool 3716 - 2 Street NW Contact Carolyn: 403-276-6969 Email: hpca@shaw.ca www.highlandparkpreschoolcalgary.com Registration for September 2016 is ongoing Maximum of 16 children per class.



#### Crossword puzzle ANSWERS Puzzle on page 4

SPONSORED BY : Chartwell Harbours Retirement Residence.

<sup>1</sup> D	Α	<sup>2</sup> <b>F</b>	F	<sup>3</sup> O	D	<sup>4</sup> I	⁵L	<sup>6</sup> S		<sup>7</sup> R
Е		R		U		<sup>8</sup> R	0	U	S	Е
°В	L	Е	Α	Т		<sup>10</sup>	Ν	Ν		Ν
		S		D		<sup>11</sup> S	Е	Ν	<sup>12</sup> S	Е
<sup>13</sup> <b>A</b>	S	Н		<sup>14</sup> <b>0</b>	D	Е		<sup>15</sup> Y	Ε	W
R				Ο		S				Ι
<sup>16</sup> C	Н	<sup>17</sup> E	Е	R	Υ		<sup>18</sup> <b>B</b>	<sup>19</sup> O	R	Ν
		Α		S		<sup>20</sup> R		Р		G
<sup>21</sup> L	U	S	Н		<sup>22</sup> L	Α	κ	Е	<sup>23</sup> S	
Α		Е		<sup>24</sup> A		I		<sup>25</sup> N	Ε	W
<sup>26</sup> D	0	L	Ρ	Н	Ι	Ν		<sup>27</sup> S	Т	

### Sudoku puzzle ANSWERS

Puzzle on page 12

						_		
8	2	9	1	7	4	6	5	3
3	6	5	8	9	2	7	4	1
7	4	1	3	6	5	8	9	2
9	8	7	6	2	1	5	3	4
4	3	2	9	5	8	1	6	7
5	1	6	4	3	7	2	8	9
1	5	4	7	8	9	3	2	6
6	7	8	2	4	3	9	1	5
2	9	3	5	1	6	4	7	8

Puzzles devised by © Kevin Stone [www.brainbashers.com]



## ENTER TO WIN A \$100

## SPRING HAS SPRUNG

#### OPEN FRIDAY TO SUNDAY YEAR ROUND 10 AM TO 5 PM



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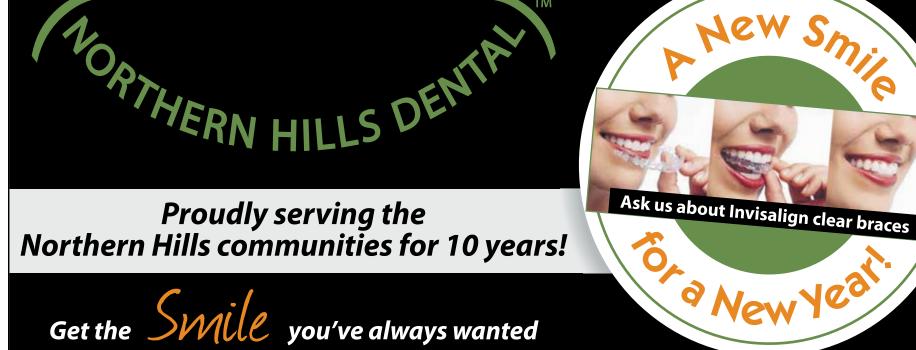
## **GIFT CARD**

NAME: \_\_\_\_\_\_\_

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## Get the Smile you've always wanted

## Comfort, Care, Convenience

- Family & Cosmetic Dentistry
- Veneers, Crowns, Bridges
- Implants
- Invisalign Clear Braces
- Zoom Whitening
- Complete Smile Makeovers
- Dentures

Monday

Tuesday

Thursday

Saturday

**Friday** 

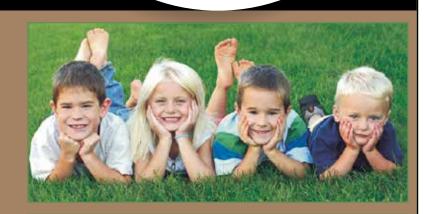
Sedation Dentistry

- Wisdom Teeth Removal
- Botox Treatments
- Intra-oral Cameras & **Digital Xrays**
- Massage Treatment Chairs
- TV's in Every Room
- Oral Cancer Screenings



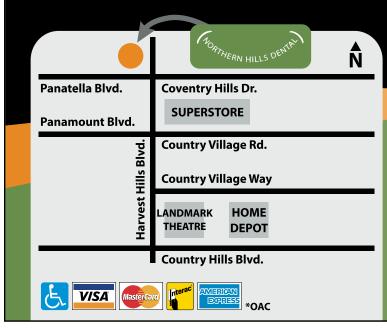
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## **Dr. Seto** is happy to introduce Dr. Maria Chan-Goudreau and Dr. Tonny Tang to the team!

Dr. Chan-Goudreau's primary focus is on children and comprehensive family dentistry, while Dr. Tang focuses on cosmetic and emergency dentistry. Our new dentists both have over 10 years experience.



### For your convenience we are now offering evening appointments and direct billing to insurance

Monday: 8am–4pm Tuesday: 8am–8pm Wednesday: 8am–4pm Thursday: 8am–8pm Friday: 8am–4pm Saturday: 8am–4pm Sunday: closed



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## NOW ACCEPTING NEW & EMERGENCY PATIENTS