

# Beautiful Utility Boxes in Northern Hills



#### By Moraig McCabe

Have you noticed that there is an outdoor art gallery in your community? No, I am not talking about that big, blue ring on 96th Ave which many Calgarians love to hate. Thanks to the City of Calgary's Utility Box Public Art Program, eight Enmax utility boxes along Country Hills Boulevard from the intersection at 14th St. NE through the heart of our communities to the intersection of Panorama Hills Way, have had a makeover and been transformed from an ugly, tagged grey boxes into outdoor works of art! Thank you to all the residents who took part in the engagement, be it via social media or coming to Tiina's open house at Vivo in August.

Take a long walk or cycle along Country Hills Boulevard and take a good look at the utility

boxes which have doubled as canvases for a group of artists. There are Raghu's three active designs starting up at the District (pictured) through to the intersection at Harvest Hills Gate, Tiina's three warped fractal designs opposite the shopping area at Country Hills Village (2 pictured), and Nicola & Jason's altered images of Calgary are due to be installed at the time of writing, further west by Country Hills Square/opposite Panorama Hills Way. If you are traveling by bus or car further west, check out even more new, beautified utility boxes on Country Hills Boulevard in Hidden Valley Mac-Sand, or Hamptons/Edgemont.

Like them? Hate them? If you have a comment, let us know by emailing our Editor, Luz Bolo, at editor@northernhills.ab.ca

# Northern Hills Yard Contest Winners Announced

by Brice Bouwa

The NHCA Yard Contest is a program that celebrates the efforts of Northern Hills Community residents in growing and transforming their yards as well as keeping our community beautiful.

We were excited to see what you've done with your yards this year. Yards were

- nominated in the contest in one of three categories:
  - Overall beauty
  - Use of plants and flowers
  - Use of hardscape: rocks, pavers, artificial turf

After reviewing the entries, we are proud to announce the following winners:

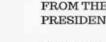


AWARD CATEGORIES ♦ Overall Beauty Award of Merit (overall most beautiful yard): - 81 Panamount Green Calgary, AB T3K 5R7

Continued on page 7



Nov 7 Go Girl **Nov 14 NHCA Business Fair** 









Dr. Joel Thurmeier





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by Rick Lundy, President NHCA

Now that the federal election is behind us, we must not forget the promises made to our community by all of our elected officials. In politics, we hear promises made and once elected those promises sometimes become easily forgotten. Your community association is taking a stance that we must work more closely with our elected officials municipally, provincially, federally, and with the Calgary Board of Education, Calgary Catholic School District and separate school districts. We must also keep our elected officials accountable to their promises and ensure that they properly represent the residents of Northern Hills. We will be looking at putting together a report card type of system that will evaluate our politicians on a measurable scale. We will then be able to show the results in the North-

**NHCA Contacts** BOARD MEMBERS & COMMITTEE CHAIRS

President: Rick Lundy 1st Vice President: David Hartwick 2nd Vice President: Amanda Davis Secretary: VACANT Treasurer: Lonny Mah Advocacy: David Hartwick Business Development: Wayne Brown Comm. Enhancement: Brice Bouwa Communication: Chas Young Events: Mohamed Hassanin Grants: Suresh Fernando Membership: Chas Young Planning: Paul Eneh Sports: Janice Henderson Vivo Rep: Suresh Fernando Youth: VACANT At Home in the Hills: Allan Pole Community Gardens: VACANT SPRY in the Hills: Dell Sudnik

ern Hills newsletter.

Your Board has been working hard developing a strategic planning program for the next year. The plan thus far is as follows:

- Define roles of the Board and Executive Director in a governance model
- Review new Board structure/ organizational chart
- Develop Board portfolio roles
- Review job descriptions of Board embers
- Create Board Policies
- Review Bylaws
- Create Board orientation
- Create a decision-making framework
- Develop a business plan
- Create Committee terms of reference

The Board is very excited in the direction that we are going, and we

Website/IT: Troy Davis Newsletter Editor: Luz Bolo

Newsletter Editor: Luz Bolo Newsletter Publishing: Duane Thomson at Keyline Publishing

#### For more information, please visit our website or office:

NHCA, Genstar Community Wing, Vivo, 11950 Country Village Link NE, Calgary, Alberta T3K 6E3 Tel: 403-226-6422 Fax: 403-226-6421 web: www.northernhills.ab.ca For general information, please email: info@ northernhills.ab.ca

#### STAFF

Office Administrator: Marina Barrett, admin@northernhills.ab.ca Marketing Administrator: Heather Hubert, marketing@northernhills.ab.ca Bookkeeper: Angela Hinsberger, bookkeeper@northernhills.ab.ca

Executive Director: Moraig McCabe, moraig.mccabe@northernhills.ab.ca



# Northern Hills Community Association

are looking forward to any community input given to us to help us achieve our goals. We encourage any resident to attend our Board meetings as they are all open to the public. The next one is October 28th at 7pm at Vivo. For more information you can contact the office.

At our last Board meeting, the Board has amended its position on the Harvest Hills Golf Course closure. We originally approved a motion that we do not support the Harvest Hills Golf Course rezoning for residential development, with changes to the area structure plan. The new approved motion was approved by the Board to strongly oppose the Harvest Hills Golf Course rezoning for residential development, with changes to the area structure plan. We have submitted our official response to the City, and we will continue to lobby and give the residents the confidence that we represent their voice.

### NHCA VOLUNTEER OPPORTUNITIES

All of our event volunteer opportunities will now be posted on the NHCA Eventbrite page, to make it easier for volunteers to see what is available and link these opportunities to their electronic calendars. Eventbrite has a fantastic app that can be downloaded to android smartphones and iPhones, and has the option to add these chosen volunteering "registrations" easily to your phone's calendar, meaning you can set up automatic reminders for yourself. We hope this makes it easier for community members and welcome your feedback at: info@northernhills.ab.ca

The NHCA volunteer page is at: <u>http://www.eventbrite.ca/o/</u> <u>northern-hills-community-associa-</u> <u>tion-7498163287</u> (or easier still, just enter "NHCA" in the search bar!). You can find a link to the NHCA Eventbrite page on our website too, at: www. northernhills.ab.ca/nhca-volunteeropportunities/

We are looking for volunteers to help with:

**Events:** NHCA Business Fair on Saturday, November 14th

#### **Programs:** We really need:

- YOUTH VOLUNTEERS (age 16-18) for GoGirl on Saturday, November 7th (go to the Eventbrite page to sign up or email moraig.mccabe@ northernhills.ab.ca)
- Volunteers to help flood and maintain the community ice rinks (in Harvest Hills and Panorama Hills) this winter. Without this team of wonderful rinks volunteers, we can't provide the free community rinks that provide so much pleasure to skaters and shinny players alike. If you can help, please contact Brice at community@northernhills.ab.ca or call the NHCA office on 403-226-6422 and they can pass your contact details on to Brice.

We are also looking to fill some committee chair positions, and some seats on our Board. If you would be interested in becoming the next Community Gardens Chair, Secretary on the Board, or are interested in any other position, please contact our President at: president@northernhills. ab.ca or Executive Director at: moraig. mccabe@northernhills.ab.ca



### "Did You Know In the Hills?" Contest!

This month's trivia question is:

When is the nomination deadline for the 16th Annual Great Kids Applebee's Awards?



purchase membership online at *https://www.compusim.com/nhca/membership/* and existing members whose membership has expired will also be able to renew their membership at the above web address.

\*Note that only current members of the NHCA will be entered in the draw.

of October is: **Charmaine Toms,** Congratulations!

The answer was "The people from Hidden Valley, and even Airdrie, drive halfway down Centre Street to park for more bus options." and can be found on page 5 of the October Northern Edge News in the article "A Word of Caution Regarding the Proposed Green Line MRT." Thank you to all of you who submitted your answers and we look forward to your continued participation.

vivo.ca

Please send your answer, the article title and page number, along with your name, contact information and NHCA membership number to: *editor@northernhills.ab.ca*. Each of our winners win two Landmark Cinemas passes and a \$50 gift card to Applebee's restaurant! Non-members of the Northern Hills Community Association can The winners of the "Did You Know in the Hills?" trivia question sponsored by Applebee's and Empire Theatres for the month



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NOVEMBER 2015

# CROSSWORD

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9. It's a snap 14. Blvd.

- 15. Female demon
- 16. Traversed a strait, e.g.
- 17. McCarthy quarry
- 18. Elevate
- 19. Rechargeable battery
- 20. Dangerous one
- 23. Cuba's \_\_\_\_ of Youth
- 24. Bad to the bone
- 25. Button material
- 30. New York Times employee 34. Bathroom installation
- 37. Excitement
- 39. Auto parts giant
- 40. "Everyone knows the
- truth!"
- 44. Confess
- 45. One step 46. 1965 Ursula Andress film
- 47. Fashioned anew
- 50. Young's partner in
- accounting
- 52. Lover of Aeneas 54. Every which way
- 58. New Guinea crooners
- 65. Ticket category
- 66. Purposeful 67. Cacophony
- 68. Big name in grills
- 69. Cut into
- 70. One of 100: Abbr.

71. Catch, in a way 72. Gunpowder ingredient 73. Prosecute

#### DOWN

- 1. Zoroastrian 2. Squares 3. Piano part 4. Downwind 5. Checker, perhaps 6. Arabian Sea nation 7. Light air 8. Carpenter's machine 9. Anthropoid ape 10. Crack type 11. Shamu, for one 12. Some are green 13. 15 and 23, e.g. 21. Grasp 22. Twelfth Night, vis-à-vis Epiphany 26. Flurry 27. French vineyard 28. Refuse visitors 29. Ham it up 31. Checks 32. Colorful fish 33. Latest thing 34. Kind of tissue 35. Cover, in a way 36. Energy source
- 38. Beginning to cry? 41. Restrains an infant?
- 42. Like some ears 43. Store posting: Abbr.
- 48. Linux system

49. Shogun's capital 51. Modicum 53. As a rule 55. Thick 56. Willow 57. Rogers or Chesney 58. Wail 59. Noodle concoction? 60. Chafes 61. Prefix with scope or meter 62. Buckets 63. Tease 64. Super server



Programming for Nursery to Grade 4 during both services; Youth Program runs from 9 - 10:30 am; Club 56 for grades 5 & 6 during the 11:00 am service.

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# **Little Free Libraries in the Northern Hills**

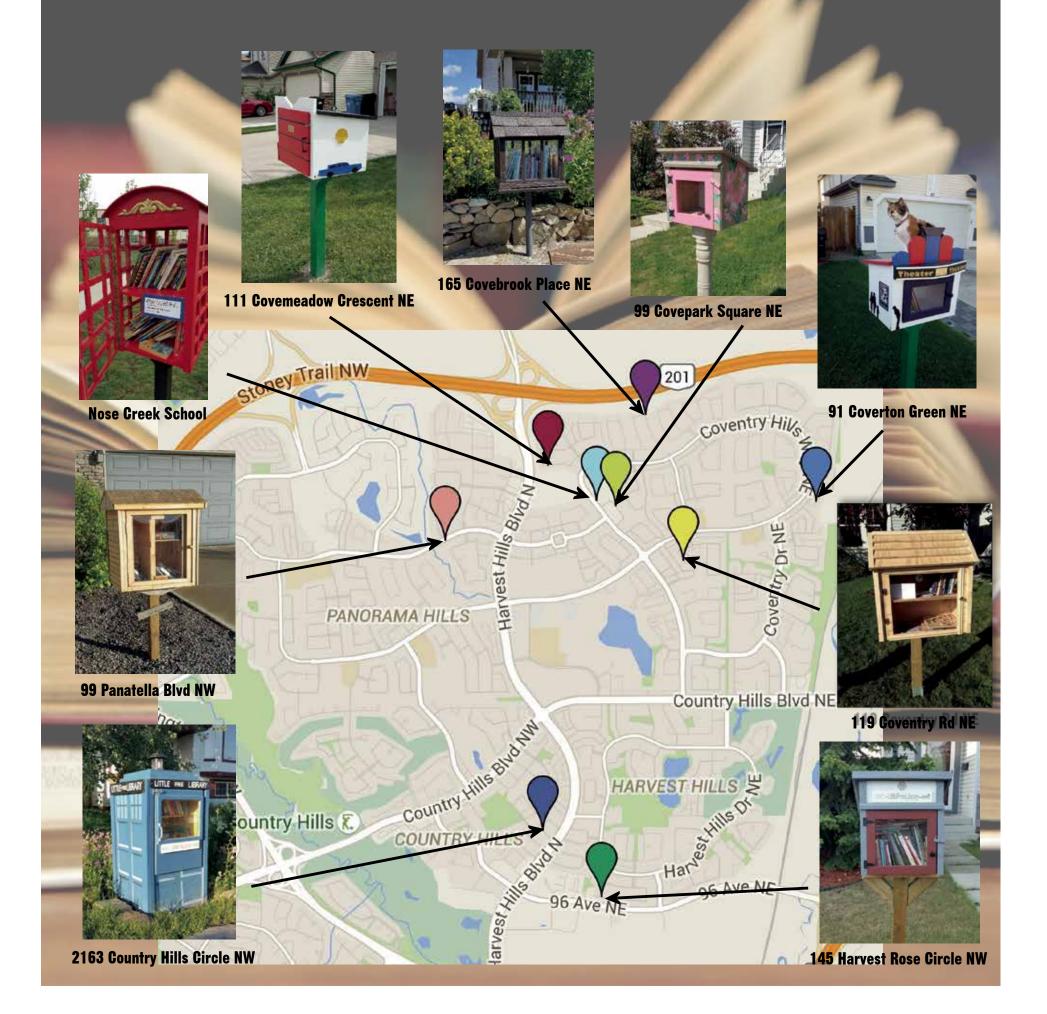
Over this spring and summer, little sidewalk (take a book, leave a book) libraries have been popping up like flowers all over the Northern Hills! We would love to be able to take the credit, but it has been due to the fantastic combined efforts of many residents in our communities, and some Grade 9 students from Nose Creek School.

Cardel Homes and Calgary Reads helped Nose Creek school to build four unique little libraries: two in the shape of British telephone boxes, one a garage and one a theatre. They were all designed and built by Grade 9 students at the school and installed over the summer in Evanston, Coventry Hills and right outside the school, for everyone to enjoy (see picture, right).

The rest of the libraries have been installed by your neighbours people with a passion for these little free libraries that promote reading, fun and community building. And they are all different! Some are small, others have more than one shelf; some are very



artistic, others are unique in both design and decoration. We've created a map of the ones we know about and encourage you to go and visit your local little libraries. If you know of any others, do let us know by emailing the address to Moraig at: creatingspace@northernhills.ab.ca and we'll add them to our community map which can be accessed at: https://goo.gl/maps/GjTVAGnFid72. It can also be accessed via the NHCA's website Little Free Libraries page at www.northernhills.ab.ca/little-libraries



# Be Assured – CPS is Tackling Crime In Your Neighbourhood

Over the past few months there have been a lot of posts on social media about crime in Coventry Hills. Is it getting worse? Are CPS doing anything about it? Do I need to be worried?

The short answers are: not really, yes, and no.

The NHCA have been in communication with our new Community Resource Officer, Cst. Steve Kelly, about the community residents' concerns and here's what he has to say:

"The matrices of our Residential Break and Enters and Theft of Vehicles as of September 29, show a historic trend for Coventry and also other communities in the District [CPS District 7]. The purpose of these is to show that your area has not been specifically targeted. Break and enters happen in all communities."

"Coventry suffered from a targeted Break and Enter group/individual who operated May – August. In September the numbers dropped district wide. Good News: our Break and Enter detectives have been working overtime all summer trying to catch a couple of groups working our area and multiple arrests have taken place over the last couple of weeks, which is reflected in the drop in Break and Enter numbers for September. So far, the

arrests made have not been linked directly to Coventry, but CPS is still linking offenders with offences."

"The reason for increased Police presence [in Coventry] over the summer was to flood the area with marked police cars as a deterrent for criminals in the area and to check suspicious persons. Our Crime Analyst was advising on the crime trends all summer and Coventry was made the priority for officers to target."

"Generally, Residential Break and Enters are through unlocked doors and open overhead garage doors. Criminals are also targeting unlocked vehicles on the driveway in hopes to find the overhead garage door opener. The types of people recently arrested [in neighbouring communities] could easily be the culprits responsible for crime in your community as they move from one area to another very easily."

Please assist the Calgary Police Service in deterring crime in your community by taking away opportunities for thieves to exploit. Everyone needs to practice some basic crime prevention, and just as important: get to know your neighbours! If everyone knows everyone in your street or cul-de-sac, then anyone who shouldn't be there will be obvious and stand out as suspicious.

Here are some valuable crime prevention strategies from Calgary Police Service:

DO NOT LEAVE YOUR GARAGE DOORS OPEN. Thieves need only seconds to enter your garage and remove valuable items. Close and secure your overhead garage door when you are in your home, in the back yard or at a neighbour's.

KEEP THE ATTACHED RESIDENTIAL DOOR LOCKED. If your home has an attached garage, ensure that you keep the door into your home locked at all times, even when you are home.

KEEP YOUR FRONT, REAR AND PATIO DOORS LOCKED, EVEN WHEN HOME OR IN THE YARD. Thieves sometimes take advantage of opportunities we create. If you are in the back yard working, thieves will sometimes enter through an unlocked front door or attached garage door while you are home in the yard.

DO NOT LEAVE YOUR VE-HICLE KEYS, WALLET, PURSE OR OTHER VALUABLES NEAR THE FRONT DOOR, BACK DOOR OR OTHER ENTRANCE. Leaving your purse, wallet or keys on a hook or table near your unlocked front door creates an opportunity for thieves to simply reach in and take your valuables in mere seconds. DO NOT LEAVE YOUR VEHICLE(S) UNLOCKED WHEN PARKED OUTSIDE. A common trend for thieves is to walk or ride through a neighbourhood or parking lot, checking door handles. An unlocked door is an invitation for thieves to rummage through your vehicle and take whatever they like.

DO NOT LEAVE YOUR GARAGE DOOR OPENER IN YOUR VEHICLE. If parking outside, remove your garage door opener when you go into your home, or if unable to do so, place it somewhere out of site in your trunk or some other place.

CLOSE ALL WINDOWS AND DOORS AT NIGHT. Leaving a window open, even at night when you are asleep, can signal an opportunity to thieves.

REPORT ANY SUSPICIOUS ACTIVITY. If a vehicle or person appears out of place, please go with your instincts and call the police. Nonemergency (403)266-1234. Emergency 911.

DEVELOP AND STICK TO A ROUTINE OF CHECKING YOUR VEHICLE(S), DOORS AND WINDOWS BEFORE YOU LEAVE FOR THE DAY, OR WHEN YOU GO TO BED AT NIGHT.

Cst Kelly's advice: "Coventry residents are reminded to call the nonemergency Calgary Police Service number 403-266-1234 to report any suspicious behavior. The police are paid to be bothered with your call, and do not underestimate the importance of at least calling our dispatcher to advise.. you never know what could have just happened a block away from where you live. We are working very hard in your community and neighboring communities to make our city a safe place to live. We must work together and not fuel negative comments on social media sites. Some information is true and valid, but the majority of the information is not accurate and causes people concern."

So, if you ever have any concerns about what is happening in your neighbourhood, please register with The Hub (you can do this online at http://www.calgary. ca/cps/Pages/The-Hub.aspx or at our local police station in the multi-services building opposite Vivo), or call the non-emergency CPS line on 403-266-1234.

To view the Theft From Vehicles chart, please visit www. northernhills.ab.ca



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	CITADEL	Residential Break & Enter	2	0		1	1	1	1	1	3	1	1	2	4	1	0	1	0	2	0	5	1	0
	DALHOUSIE	Residential Break & Enter	3	1		2	0	4	0	0	3	0	1	0	1	1	1	3	3	1	6	0	3	5
	HAWKWOOD	Residential Break & Enter	0	0		0	0	1	3	1	4	0	0	1	0	1	6	4	1	1	1	2	4	0
	KINCORA	Residential Break & Enter	0	0		0	0	0	0	1	1	2	3	3	0	2	0	2	0	0	2	0	1	0
	RANCHLANDS	Residential Break & Enter	0	0		1	2	2	0	0	0	0	1	1	1	2	0	1	1	1	0	1	1	1
	ROCKY RIDGE	Residential Break & Enter	0	1		0	0	1	1	0	3	1	1	1	0	1	1	1	2	0	1	5	0	1
	ROYAL OAK	Residential Break & Enter	2	0		1	0	3	1	1	6	2	2	0	2	6	0	5	1	4	5	4	4	1
	SAGE HILL	Residential Break & Enter	1	0		0	0	0	2	0	1	0	0	0	0	0	0	0	1	3	1	2	1	1
	SCENIC ACRES	Residential Break & Enter	0	0		1	0	0	1	4	2	0	2	2	0	1	0	1	0	4	5	0	2	1
	SILVER SPRINGS	Residential Break & Enter	1	1		0	0	2	2	2	0	0	0	0	1	1	2	5	0	1	2	3	4	1
	TUSCANY	Residential Break & Enter	2	2		0	4	5	2	4	4	5	6	2	5	4	2	5	1	8	4	10	3	4
	VARSITY	Residential Break & Enter	1	2		1	3	4	6	3	3	3	0	2	3	4	9	3	14	4	4	3	3	1
7A TOTAL			12	7		8 3	12	26	19	18	33	15	17	15	19	24	22	33	26	30	32	38	28	20
7B	BEDDINGTON HEIGHTS	Residential Break & Enter	5	2		3 3	10	2	1	4	1	3	1	4	5	5	3	1	1	5	4	1	4	3
	COUNTRY HILLS	Residential Break & Enter	3	0		0	0	1	1	1	0	1	2	2	7	2	1	0	2	2	1	2	1	0
	COUNTRY HILLS VILLAGE	<b>Residential Break &amp; Enter</b>	0	0		1	0	0	0	0	0	1	0	0	0	0	0	0	0	1	1	0	0	0
	COVENTRY HILLS	Residential Break & Enter	0	2		3	1	5	0	6	4	2	3	8	9	0	7	8	2	6	2	7	10	2
	EDGEMONT	Residential Break & Enter	1	2		3	5	3	6	7	7	1	2	0	4	2	10	2	3	5	6	6	6	1
	EVANSTON	Residential Break & Enter	0	2		0	0	2	2	2	0	1	1	2	0	1	2	0	4	2	1	5	4	2

	HAMPTONS	Residential Break & Enter	1	0	1	0	4	1	2	3	0	0	1	3	3	1	0	5	3	1	6	6	1
	HARVEST HILLS	Residential Break & Enter	2	1	2	0	2	2	0	1	1	2	1	0	2	1	1	3	1	5	2	0	3
	HIDDEN VALLEY	Residential Break & Enter	2	0	0	1	3	2	0	2	2	2	7	4	1	9	4	2	1	2	2	3	3
	MACEWAN GLEN	Residential Break & Enter	0	0	0	2	1	2	1	0	0	0	1	0	0	0	1	3	3	4	1	0	1
	PANORAMA HILLS	Residential Break & Enter	0	1	1	1	0	2	2	3	0	5	1	2	4	4	2	9	6	6	8	2	4
	SANDSTONE VALLEY	Residential Break & Enter	2	1	0	0	0	0	1	1	2	0	0	0	0	5	0	1	1	3	2	1	1
7B TOTAL			16	11	14	20	23	19	26	22	14	18	27	34	20	43	19	35	36	36	42	37	21

Data extracted from: http://www.calgary.ca/cps/Pages/Statistics/Calgary-Police-statistical-reports.aspx





# Green Team Harvests 210 lbs of Veggies for the Food Bank

by Annette Bennett

Wednesday, September 30th was a perfect day for the Nose Creek School Green Team to harvest 210 pounds of vegetables for the Calgary Food Bank.

For three years now the students of the Nose Creek School Green Team have been planting beets, potatoes, carrots and onions at the Coventry Community Gardens across the street from Nose Creek School.

The team consists of members from Grades 4 to 7 along with two teachers from the school, Ms. Cross and Ms. Stafford, and two volunteers from the community, Lisa Bearg and Annette Bennett.

Each fall the gardens are harvested by the students, and Mrs. Baerg takes the veggies to the Calgary Food Bank. Each year the amount of vegetables grows.

The Green Team would like to thank the members of the Community Gardens for watering the veggies all summer long!

These students guardians have signed public waiver forms.

Yard Contest Winners Announced - Continued from page 1





The aesthetic design of this front yard incorporates a mix of rocks, bricks, flowers and plants that easily caught

#### Use of hardscape: rocks, pavers, artificial turf

Winners: First Place: 81 Panamount Green Nw Calgary, AB T3K 5R7, same Award of Merit winner

Second Place: 48 Coventry Hills Dr NE Calgary AB T3K 5W3

Third Place: 112 Panamount Circle NW

#### Nominators:

- 1 Catherine: 33 Panatella Row NW T3K 0V5
- 2 Jason Dunlop: 48 Coventry Hills

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attention and inspired visitors and bystanders to dream.

Nominator: Catherine: 33 Panatella Row NW T3K 0V5

#### Use of plants and flowers

Winners: First Place: 231 Panorama Hills Road Second Place: 658 Harvest Hill Drive Third Place: 160 Covehaven Terrace NE

Calgary AB T3K0B2 Nominators:

1 - Tim Ha of 658 Harvest Hills Dr. NE T3K4H6

2 - Philip Slong: 231 Panorama Hills Road T3K 5N7

3 - Christine Blackwood: 160 Covehaven Terrace NE Calgary AB T3K0B2

Dr NE Calgary AB T3K 5W3 3 - Teresa Wong: 112 Panamount Circle NW

Thank you to Christine Blackwood, one of our youngest participants.

We would like to thank all participants for taking time to nominate as well as send us pictures for the contest. This year's contest was sponsored by Blue Grass Garden Centre, and gift certificates were handed as prizes to give winners a little incentive to add more flowers and decorations to their yards.

A special thank you to our spon-



sor, volunteers and supporters. See you all again next year.

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NOVEMBER 2015



How to Get a Membership

Annual Membership is from January 1st through to December 31st

- You can purchase a membership three ways:Access our online membership registration at: <u>www.northernhills.ab.ca</u> under
  - the **membership** tab
  - 2. In-person registration at the office
  - 3. Mailing your membership form below to the office

### **Resident Membership Form**

#### Mail to: NHCA, 11950 Country Village Link N.E. Cardel Place, Calgary AB T3K 6E3

Fees:         Family \$30       Single \$         *Associate \$30       Busines         *Family/Single/Senior outside of the         Please enclose cheque payable to "Norther	ss \$50	Senior (60+) \$20 *Business Plus \$120 itional Web Ad
First Name:	Last Name: _	
First Name:	Last Name:	
Address:		
Postal Code:	Phone:	
Email:		
<ul> <li>Children's Soccer</li> <li>Ladies/Men's Soccer</li> </ul>	<ul> <li>Community Clean up</li> <li>Small Business Fair</li> <li>Community Beautificat</li> </ul>	Garage Sale Newsletter ion g
Please indicate what activitie Older Adult Programs Indoor Soccer Other	<ul> <li>Children's Softball</li> <li>Farmers Market</li> </ul>	Outdoor Ice Rinks
If you would like to receive e volunteer opportunities from		mber benefits, discounts and ere
Office Use Only:		
Paid by:  Cash Chequ Received: / / / /	e # □ Credit Ca □ Card Sent	rd (Visa / MC) t



### 9<sup>th</sup> Annual Community Business & Services Fair

#### Saturday, November 14, 2015 9 am – 1 pm

#### Vivo, Piazza Level Registration Form

(Please print)

Business Name:

Contact Person:

Business Phone: \_ Business Address:

E-mail Address:

Please provide one or two sentences to describe your business or services:

Will your business/services offer specials (products or services) to residents at the Fair? 
Yes No

Alt Phone:

If yes, what are you offering?

Registration Fees: 6ft Table \$50.00 (NHCA business members); \$60.00 (non NHCA business members) Power access Table (limited) \$60 (NHCA business members); \$70.00 (non NHCA business members)

NHCA Membership Number: \_\_\_\_\_\_(\*\*If applicable) \*\*To renew or get a new business membership, visit our website for more information!

Payment Options: (Please include completed registration form with payment)

Mail (cheque only): NHCA, c/o Vivo, 11950 Country Village Link NE, Calgary, AB T3K 5M4

Drop Off: (cheque, cash or debit): NHCA Office in Vivo (Genstar Community Wing), Cheques payable to: Northern Hills Community Association

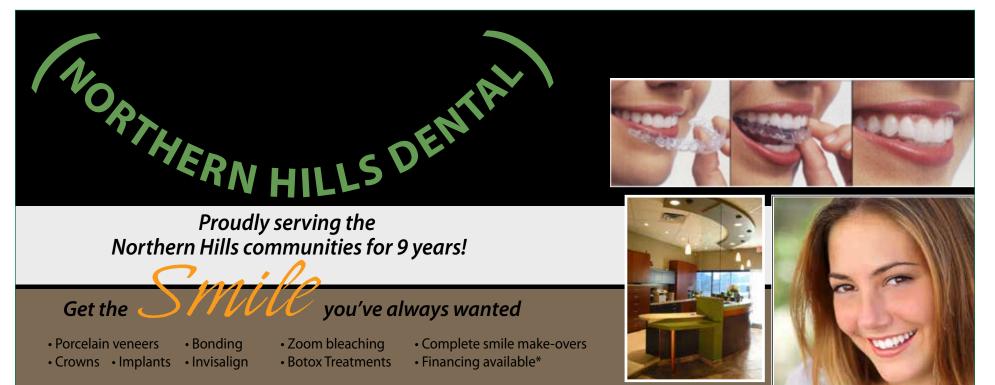
> Deadline for Registration is: November 7, 2015 @ 12 pm Register Early with <u>completed forms and payment</u>. First Come, First Serve! Tables and chairs will be provided and assigned by the Events Director. Please arrive between 8:00 am – 9:00 am to set up

- $\diamond$  Open to businesses and services located within and around the Northern Hills Communities \*\*
- $\diamond$   $\;$  A Quick Reference Business Directory of all participants will be available at the Fair.
- ♦ Product sales are permitted, no soliciting please!

\*\*If your business is: chiropractic, physiotherapy, massage therapy, fitness and preschools, we are unable to register your business at this event. For information: info@northernhills.ab.ca

 For more information contact:
 Northern Hills Community Association
 Tel:
 226-6422
 fax:
 226-6421

 11950 Country Village Link NE
 www.northernhills.ab.ca
 info@northernhills.ab.ca



\*OAC

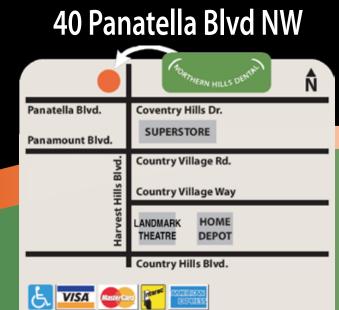


Monday	•	8am - 6pm	Thursday	7am - 8pm						
Tuesday	•	7am - 8pm	Friday	8am - 4pm						
Wednesday	•	7am - 8pm	Saturday	9am - 4pm						
Dediested Children/a Dlev Anes with Mide e Conses										

Dedicated Children's Play Area with Video Games Complimentary Gourmet Beverages

Financing Available • We Direct Bill Your Insurance new and emergency patients always

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# Christmas Hampers for Low Income Families

Preparing for Christmas is almost always associated with giving festive hampers, a deep-rooted tradition of the holidays for many families. It becomes more meaningful if we can give them to those who do not have much or may not even be able to afford anything for Christmas.

There are many choices for giving seasonal treats and delicacies, toys, and other Christmas oddities to those who are less fortunate. Locally, there are a few programs that offer a variety of food, Christmas, and toy hampers that we can support. Below are five noteworthy programs.

Salvation Army: Toy hampers for children ages 17 and younger: http://www.salvationarmy.ca/alberta/christmas/

We Connect You: Christmas Food and Toy Hampers: http://www.weconnectyou.ca/help/christmas.htm

Calgary Food Bank http://www.calgaryfoodbank.com/need-food/

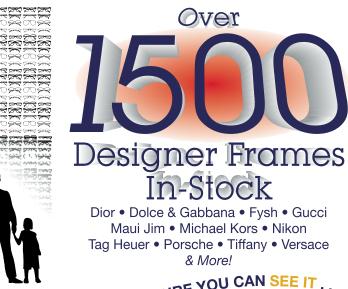
North East Calgary Adopt A Family Society: http://www.necaafs.com/programs/christmas.asp

Inform Alberta: Assorted Program Info http://www.informalberta.ca/public/common/viewSublist.do?cartId=1006201

# ່ຽວການວາເອ for the whole family

 Comprehensive On-Site Testing Equipment • Designer Eyewear & Sunglasses, Safety Eyewear, Contact Lenses

- Service Available in Cantonese 广东话
- Evening & Saturday Hours Available
- Direct Billing to Most Insurances





The NHCA Northern Lights Contest is an annual event open to Northern Hills residents that helps to brighten and spread the holiday cheer in our community. Millions of lights will once again decorate our houses, trees and fences creating that magical backdrop for the holiday season. We invite all Northern Hills residents to be part of this great event.

#### Entry Guidelines and Rules for the 2015 Competition

• Your name

originality.

"Applebee's"

• Your home address

WINNER DETERMINATION

Each entry will be reviewed by

Feel free to include a short de-

the contest judges and will be eval-

uated on first impression, outstand-

ing, color coordination, attractive-

ness, mixed elements display and

scription with your submission.

The sponsor for the 2015

NHCA Christmas Light Contest is

takes home a \$ 50 gift card. If you nominate your neighbor and win,

then you will get the same prize.

**NOTIFICATION FOR WINNERS:** 

The overall winner will appear on the NHCA newsletter and web-

**PRIZE AND SPONSOR** 

#### **CONTEST PERIOD**

The contest period starts December 1, 2015, and ends on December 31, 2015.

#### **ENTRY REQUIREMENTS**

Entries must be submitted via email to community@northerhills. ab.ca. You can nominate your home or any home in the neighborhood that showcase. Your submission should include the following.

#### For the nominee house:

- At minimum, one photograph of good quality i.e. 300 dpi in jpg, png, or pdf format
- The home address
- For the nominator:

#### **Eight winners will be selected**

from the entries, four from Nominees and their four Nominators. Winners get Applebee's gift cards as follows: First place or overall winner gets a \$200 gift card, second place receives \$150 gift card, third place bags a \$100 gift card, and fourth place or special mention

#### **TERMS & CONDITIONS**

- Those interested in entering the contest need to comply with the following terms and conditions.
- Contest is open to NHCA residents only (Country Hills, Country Hills Village, Coventry Hills, Harvest
- Hills and Panorama Hills). · Your submission of an entry
- constitutes your representation of eligibility consent to participate. All entrants agree to allow the NHCA and sponsor submission in any reasonable

site.

- To use the photographs of their manner it sees fit.
- nominator warrants that the photographs do not violate any

and sharing your entries with the community!



- To use their names and address and the nominee address in the
- via mail. privacy

Holidays.

E TODAY

NHCA newsletter and website. · By participating in this contest,

Contest winners will be notified

oplebee's

We look forward to viewing





Two convenient locations serving the Northern Hill Communities



#713, 500 Country Hills Blvd, NE Country Hills Towne Centre Calgary, AB T3K 4Y7 (Next to Shopper's Drug Mart) 403.226.7638 www.siteforsight.ca SecondSig

#730, 1110 Panatella Boulevard NW Gates of Panorama Hills Calgary, AB T3K 0S6 (Next to Save On Foods) 403.452.6831 www.2ndsight.net

Dr. Monica Jensen-To • Dr. Shauna Chorel Dr. Bonita O'Brien • Dr. Floria Tse

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#### DID YOU KNOW THAT VIVO IS A REGISTERED CHARITY?

Our mission is to raise healthier generations in Calgary and beyond-and with your support, we will make it happen. Join the Gen H movement today!

#### YOU CAN MAKE A DIFFERENCE LEARN MORE AT VIVO.CA/DONATE



NOVEMBER 2015

# **Colouring Contest: FREE ICE CREAM!**





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# Time to focus on the strengths of children with ADHD

A new literature review published in Canadian Psychology suggests that current strategies that are commonly used to support children with Attention Deficit/Hyperactivity Disorder (ADHD) in the classroom are missing half of the equation – capitalization of the child's strengths and abilities. Children with ADHD are typically portrayed in a negative light. Focusing on a child's strengths, while acknowledging their weaknesses, can nurture positive behaviour and foster resilience.

The start of a new school year can be exciting as students are reunited with friends, meet their teachers, and prepare for new challenges. But for children with ADHD, their parents, and their teachers, this excitement can be overshadowed by the stress of coping with academic and social challenges.

An estimated 5-10% of school-age children in Canada have a diagnosis of ADHD; a disorder characterized by problems of inattention, impulsivity, and hyperactivity. Because of these challenges, children with ADHD often struggle in the classroom and may experience negative interactions with teachers and peers.

Current assessments of children with ADHD often look at their core deficits to help identify solutions to their social and behavioural problems. Though pharmacological treatments and behaviour management have been shown to help reduce core symptoms, attempting to "fix" deficits tends to create a negative bias, leading parents, teachers, and the children themselves to focus only on what is going wrong.

Authors Dr. Emma Climie, Werklund

School of Education, University of Calgary, and Dr. Sarah Mastoras, Ottawa-Carleton District School Board, argue that identifying and building on the strengths, resources, and abilities of children with ADHD may help parents and teachers see beyond frustrating behaviours to better help these children develop positive strategies and coping mechanisms. These strategies can then help children to compensate for areas of deficit, leading to more positive classroom experiences that may in turn protect them from developing depression and/or anxiety.

Though more research is required to determine best practices for using strengths-based interventions in the classroom, the research review highlights the following promising interventions:

- fostering positive relationships with school staff and using goal directed solitary play to buffer a child from the impact of peer rejection;
- incorporating a child's interests into classroom activities to encourage focus, motivation, and perseverance;
- using group activities with a variety of roles that play on each child's strengths to foster inclusivity;
- using enthusiastic teaching with active participation and novelty to maintain interest and focus;
- identifying and promoting promising friendships; and
- creating helper roles in the school setting to promote self-worth and a sense of responsibility.

# City Update: Harvest Hills Golf Course Redevelopment

City issues report to applicant

City staff have finished the first phase of their technical review of the application to redevelop the Harvest Hills Golf Course. The application has been reviewed for its urban planning merits, the technical aspects of the application and compliance with City policies, such as the Municipal Development Plan . Comments and feedback received from the public have also be considered during this review. On October 22, City staff issued a detailed team review (DTR) of the application to the applicant. This document summarizes concerns and requests revisions. We anticipate a period of review and negotiation with the applicant. This process is iterative, and we expect it will take a number of months. Following this, we will report back to the community and provide further opportunities for feedback.

#### Public feedback

Feedback received from the public has been reviewed, summarized and posted to our project webpage. This feedback helped to inform our review of the application, and helped shape the requests we've sent to the applicant for consideration.

An initial survey was conducted from July 18 to August 16, and more than 500 responses were received, reviewed and summarized. Public open houses were held on September 10, 11 and 14, at which time a second survey was issued to capture more detailed feedback. Approximately 500 responses were received from this survey as well, reviewed and summarized. City staff also received more than 4,000 signatures, more than 1,000 individual letters and emails in response to the circulation of the application. Those written comments have also been reviewed and summarized. We thank community members for their input.

#### Next steps

We will continue to send monthly updates of our progress via email.

Stay tuned to our project webpage for updates about this application and for further opportunities to provide your input and thoughts. We will also send updates to our email subscribers directly. If you know someone who would be interested to receive email updates about this project, please ask them to sign up.

For more details on reports, feedback, and other information mentioned in this article, you may visit the City's project website at: http://www.calgary.ca/PDA/pd/ Pages/Current-studies-and-ongoing-activities/Harvest-Hills-Golf-Course-Lands.aspx

Northern Hills CommunityAssociation 9th Annual NHCA Business & Services Contraction

Saturday, November 14th, 2015 9:00 AM to 1:00 PM Mezzanine at Vivo, 11950 Country Village Link NE

and Services Fair is FREE to all.

Show your support to our local businesses, and look out for those special deals for NHCA members and residents!

Make sure you visit the NHCA tent to be entered into the prize draw.

#### SUDOKU-PUZZLES Puzzles devised by © Kevin Stone [www.brainbashers.com]

Answers on page 15

			8 5	6	1			
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7	5		4		2		8	3
	7						8 5	
		5	1		7	9		
			6	8	5			



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· Drain & sewer cleaning & repairs Faucet leaks & installations · leak locating, Bathtub installations · Garburators, Laundry tubs, Appliance hook-up Whole house re-piping

• Water softener service, installations & repairs





Every Saturday (Starts September 12, 2015) 10:00a.m. - 11:30 a.m. Q Vivo (11950 Country Village Link NE)

# A Message From Your Elected Representatives



### Ward 3 Councillor Jim Stevenson

www.calgary.ca/ward3

#### **Keystone Hills**

You may have noticed some activity north of Stoney Trail along

Centre Street. The stripping and grading currently taking place is for Stage 1 of the Brookfield development, Livingston. The community of Livingston is part of the Keystone Hills Area Structure Plan (ASP) which was approved by Council in 2012.

Keystone Hills will eventually be home to 60,000 people living in three distinct communities and employ as many as 18,000. The area will also have a major activity centre (MAC) based around the future Green Line LRT station. Included in the MAC is land for a future North Campus Hospital.

#### City of Calgary's New Secondary Suite Registry

The City of Calgary's online secondary suite registry and sticker program makes identifying a legal and safe

### Ward 4 Councillor Sean Chu

#### **Greetings from Councillor Chu**

#### Join The Movement

The City of Calgary and community partners are joining forces to start a movement to get more Calgarians, more active, more often. It's a simple idea with big

outcomes for Calgary.

Recent studies show the majority of Canadians are not getting enough physical activity. This has serious implications for individual and community health and well-being. Despite knowing the benefits of physical activity, many may not realize that making small, simple changes can significantly improve overall health.

A healthier, happier you can be as simple as taking the stairs instead of the elevator; walking or cycling instead of driving; standing instead of sitting; stretching instead of waiting. Wherever you are, whatever you're doing, there are so many ways to move in Calgary.

From November 16 to 22, 2015, free activities are being offered throughout Calgary as part of the first ever #getmovingyyc week. Jump in on adult recesses along Stephen Avenue downtown or register for a free guided winter walk at various locations. Adults can try something new as part of the first All Sport One City event, a free 'try-it' week organized by Sport Calgary.



#### **Calgary-Northern-Hills MLA** Jamie Kleinsteuber

Friday, November 20th is National Child Day! This year's theme

#### suite easy.

If you're thinking about renting a secondary suite, you should verify the home's address and/or registry number on calgary.ca/suites. Listed secondary suites have been inspected to meet Alberta's Safety Code requirements for your protection.

Approved secondary suites may also have a registered secondary suite sticker on their unit.

The City is also making it faster and easier for Calgarians to apply for a basement suite by waiving the Development Permit requirements where suites are a permitted use.



For more information about building or finding a legal and safe secondary suite, visit calgary.ca/suites.

> Jim Stevenson, Councillor, Ward 3 www.calgary.ca/ward3 Lynne Banning, Assistant 403-268-2530 eaward3@calgary.ca Barb Fleet, Assistant 403-268-4854 ward03@calgary.ca

On November 22, children and youth can enjoy a free public skate or swim at participating City of Calgary facilities in support of National Child Day, or head out to Ralph Klein Park for the Winter Movement Festival, a free public festival to encourage physical and ecological literacy.

It's all part of a plan to get Calgarians of all ages and abilities to move more.

For a complete event listing, please visit calgary.ca/ getmoving.

Join the movement and the conversation. Use #getmovingyyc to show us how you move and find out about how you and your family can get moving.

#### Calgary AfterSchool

Calgary AfterSchool offers fun, safe, supervised, and quality after school programs for Calgary kids aged 6 to 16. A collaborative effort between The City of Calgary and community partners, Calgary AfterSchool programming takes place during the critical hours of 3:00 p.m. -6:00 p.m., when kids are out of school, but parents may not yet be home. Calgary AfterSchool participants gain physical, social, leadership and creative skills.

For more information, including a listing of all programs, visit calgary.ca/afterschool.

> Andrew Chin, Communications & Community Liaison Ward 4 ward04@calgary.ca

Nominate an outstanding child or youth in your ing 780-415-8150 (toll-free by first dialing 310-0000). Nomination deadline is Friday, November 27 at 4 p.m. Recipients will be announced in May 2016.

#### On another note:

Green Line 101 had an information session on October 09, 2015 hosted by Shane Keating (Councilor Ward 12) and several other city councillors. There is a lot of interest and enthusiasm for this proposal! I will keep readers up-to-date as this infrastructure project application process continues to unfold. Protection for Payday Loan Customers are asking Albertans to share their opinions and experiences with payday loans through an online survey. This survey is part of the government's comprehensive review of the Payday Loans Regulation. All payday lenders operating in Alberta are licensed under the regulation, which expires on June 30, 2016. "Protecting consumers is a priority of our government. In tough economic times we know some Alberta families turn to payday loan services to help them deal with financial challenges. This review will help ensure vulnerable families aren't being taken advantage of." -Deron Bilous, Minister of Service Alberta



#### The Redeemed Christian Church of God

**Living Faith Chapel** Tel: (403) 681-7224 rccglfc@gmail.com www.rccglfc.org

#### invites you

to join us by 10:00am on Sundays for a glorious, joyful, heart lifting and heaven-connected worship at Huntington Hills Community Centre, 520-78 Avenue NW, Calgary, AB T2K 0S2

Come and you will be richly blessed !!!

We are expecting you. God bless you.

For prayer, counseling and other information you may call us, e-mail us or check our website

RCCG-LFC where expectations become manifestations!!!

is My Right to Learn. Many free

activities will be offered through City of Calgary Parks and Recreation, YMCA, Boys and Girls Club. Also check out Vivo and Calgary Public Library here in the Northern Hills for fun close to home. For more information go to www.nationalchildday.ca

Nominations are OPEN across Alberta for the 16th Annual Great Kids Award.

Sixteen Great Kids Awards will be given to young Albertans between the ages of five to eighteen, in recognition for helping to inspire and change lives of others. Young leaders accomplish this in various ways, from volunteering for organizations to fundraising for charity.

"Great kids capture the vitality of Alberta and deserve our recognition. The recipients are exceptional role models, and will help make our future brighter." -Irfan Sabir, Minister of Human Services

Award recipients will be celebrated at an award ceremony in Edmonton sponsored by Fantasyland Hotel. Recipients, along with their families, will enjoy a night's stay at the Fantasyland Hotel and West Edmonton Mall attractions passes.

Their survey can be accessed on Service Alberta website www.servicealberta.gov.ab.ca

Your MLA, Jamie Kleinsteuber

# Coyotes in our Communities

Some residents have encountered coyotes in the area of the Panorama Hills ravine early in September, and these urban coyotes are often seen in the vicinity. Concerns were voiced out by a resident in her letter to the newsletter and the association, to wit:

#### Hello,

Myself and a few other residents have been encountering two coyotes in the morning every day this week. I reside on the ravine and have seen the coyotes on many occasions over the years and they always run off when they see people so it was never a concern.

Now, these two coyotes (they don't travel together), sit and watch you for a good few minutes, and one resident said it ran towards her.

I'm walking on the ravine everyday with three young children and I know many families with young children and pets do, too.

I'm just wondering if you've had concerns from any other residents? Perhaps the next newsletter have some information for residents on what to do and educate residents on coyotes?

#### Thank you, Romania

While concerns have not been brought up by other residents, it is important to know that coyotes were here years before us. Our suburb was previously an undeveloped wildlife habitat, and it is thus not surprising that coyotes are part of our locality.

To give us a better understanding of our coexistence with coyotes researches have been continuously conducted, and at the forefront here at home is the U of C from which much of the information here is culled from their website in addition to those data from the City's website.

#### Some relevant facts

Coyote families travel together in summer and fall in search of food. As people frequent urban parks and green belt areas in summer, the possibility of encounters increases. Coyotes are also highly visible during mating season, January and February, when they gather in groups, looking for mates. They tend to be more territorial and aggressive toward dogs at this time of year.

Coyotes tend to be most active between dusk and dawn. They usually resting in their dens during the day, under low branches of trees or any other sheltered area. Those seen any time of the day have adapted their routine to reliable sources of food at a particular time.

It is rare for coyotes to attack humans or pets but their growing presence in cities across Canada makes many ill-at-ease, mainly with the anxiety that covotes are carnivores and predators and around their backyards, kids and pets . Based on the 2011 study of Lukasik and Alexander, conflict represents a very small portion of coyote encounters in Calgary, i.e. fewer than 5% of reported incidents are "conflicts," where a person or pet has been followed or bitten. What hast been learned so far regarding coyote conflict is that they are significantly higher during two periods of the year:

- April to June, which is the the pup rearing season or the denning season when coyotes may be in the den or have pups to protect.
- September to November, known as the dispersal period when young relatively uneducated animals are leaving their pack for the first time.

Neighbourhoods with high rates of conflict show evidence that houses or apartments tend to back onto a greenspace or ravine that provides very good coyote habitat, coyotes eat more garbage, and that people have been allowing coyotes to lounge or rest in close proximity to them.

Take note that coyotes return to neighbourhoods because shelter or easy meals are available there. When coyotes regularly visit backyards it is likely a result of a nearby food source.

A standing advice from the City is for people to watch their pets or small children in areas where coyotes have been spotted.

#### What to do if a coyote approaches

- Do not run or turn away, keep an eye contact, and slowly back away towards a building.
- Make yourself appear larger. Wave your arms overhead, or thrust long objects like a walking stick toward the coyote. Throw rocks, sticks or other objects toward them. Make loud noises by banging sticks, clanging pots together or shouting to keep them from getting accustomed to people.

What can I do to coexist with coyotes? Tips from the Fish Creek Provincial Park Safety Publication

- Keep pets under control and on a leash when outside.
- If you must leave your pet unattended provide a secure place such as an enclosed yard.
- Never feed coyotes. The best strategy is to not habituate or cause coyotes to lose their fear of people in the first place. Keep them wild. Under Section 11(3) of the Provincial Parks Act it states: "No person shall feed wildlife in a Provincial Park or Recreation Area". This serves two purposes:
  - People should not feed coyotes, and
  - People should not feed other animals or birds which might attract coyotes.

X THE BRO'KIN YOLK

- Coyotes are attracted to:
- Improperly contained garbage place garbage in hard containers such as solid metal or plastic cans.
- Open composters containing vegetables or fruits which have fallen from trees.
- Overflowing bird feeders (coyotes will eat the grain as well as the mice and other small mammals attracted by the bird feed).
- Pet food avoid feeding pets outdoors.
- Barbeques that have not been cleaned of food odours.
- Fencing will help discourage coyotes from entering your yard. Make sure fences are to the ground and in good repair.



#130 - 12580 SYMONS VALLEY RD NW CALGARY, AB T3P 0A3 WWW.BROKINYOLK.CA @ @BROKINYOLK
If FACEBOOK.COM / BROKINYOLK





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I.

I.

# Your Rights & Responsibilities (aka How to be a Good Neighbour)

Whether you are new to the city or a long-term Calgarian, a homeowner or tenant, City bylaws apply to everyone. Bylaws are written to protect the environment, ensure high standards of public health and safety, and to help maintain an orderly appearance in our communities. Animal & Bylaw Services works with Calgarians to promote bylaw compliance through public education and enforcement. The City of Calgary's bylaws set a minimum standard for neighbourhoods, helping to ensure all Calgarians live in safe, clean and healthy communities.

Below is an extract from the Good Neighbour Practices Reference Guide of frequently referenced municipal bylaws, which advise residents, business owners and service providers of their rights and responsibilities as members of their community.

#### Did you know that the City's Community Standards Bylaw (5M2004) states:

 All property addresses must be clearly visible from the roadway and it is also required that your address be clearly displayed at the back of your property, if adjacent to an alley or public walkway, to assist emergency services and other City operations.



- Grass and weeds on your property must be less than 15 centimetres (6 inches) in height. This also applies to vacant lots within residential areas. Weeds must be kept under control so that they don't spread from your property.
- Accumulation of offensive material on private property is prohibited. This includes animal remains, animal feces and materials that create unpleasant odours or are likely to attract pests. Loose garbage, yard



waste, bottles, cans, boxes, household furniture, packaging materials, parts of machinery, equipment, appliances and automobile parts must be stored so that they are not visible from outside the property.

- Dilapidated vehicles are prohibited anywhere on private property unless housed inside a building.
- When off their property, pet owners must pick up and properly dispose of their animal's feces.
   Owners must have a suitable means to remove feces whenever off their property.
- Property owners must ensure fences and structures on their property are in good repair and are not a safety hazard. "Structures" in-

clude foundation, foundation walls, exterior walls, roofs, windows and doors; protective or decorative finishes of exterior structures; exterior stairs, landings, porches, balconies and decks.

 You have the right not to be disturbed by noise, and the responsibility not to make excessive noise (including yelling, loud music and vehicle engine revving) that disturbs others. The operation of power tools (inc. lawn mowers, motorized garden tools, snow clearing and leaf blowing devices) in residential areas can only occur between 7:00 AM and 10:00 PM Monday through Saturday, or 9:00 AM-10:00 PM on Sundays and statutory holidays.

#### Good to know for winter:

- Property owners/occupants are responsible for the complete removal of snow and ice from all sidewalks adjacent to their property within 24 hours of when the snow stops falling. Complete removal means down to the bare pavement. (Street Bylaw 20M88)
- Top tip: Applying a sand de-icing mix can help remove ice from sidewalks – free sand is available at many Fire stations and Roads depots, but remember to bring your own container!
- Downspouts must end at least 2 metres (6.6 ft) away from any sidewalk, road, pathway, alley, lane or surface drainage facility. This helps prevent the formulation of ice on sidewalks and lanes



# 



#### Are you a newcomer to Canada?

Welcome to Canada! Arriving to a new country can be exciting and also challenging. The In-School Settlement Program is here to provide immigrant individuals and families with FREE information and services as you begin your new life in Canada!



# fourth anniversary.

#### JAMES MACAULEY, AT CHARTWELL SINCE 2011.

Celebrating his

It's been four years since James decided to move out of his house and into one of our residences. Read the whole story and discover why he chose to write the next chapter at Chartwell.

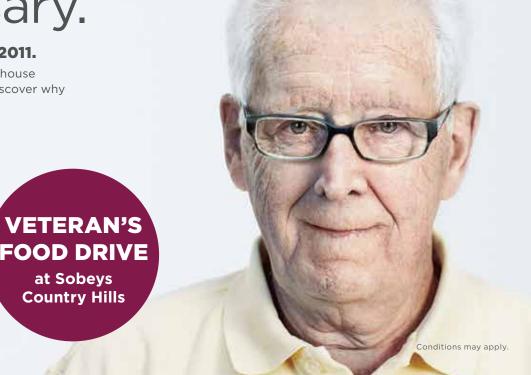
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in winter. (Drainage Bylaw 37M2005) Also make sure your water from eavestroughs, downspouts or hoses is not directed onto neighbouring properties. (Community Standards Bylaw 5M2004)

- Snow or ice from private property cannot be placed on the road or boulevard; snow or ice removed from a public sidewalk can be placed on the road or boulevard, as long as it doesn't create an obstruction. (Street Bylaw 20M88)
- When plugging in your vehicle, make sure you don't place an electrical cord over/ across any portion of a street or sidewalk. (Street Bylaw 20M88)

#### **Parking issues? Calgary Traffic** Bylaw 26M96 states:

In order to park on a street, your vehicle must have current registration and be licensed, insured, operable and properly equipped. A vehicle must not be parked in such a manner that it prohibits access to driveways, waste containers, fire hydrants or streets. Unless prohibited

by other signage (like snow routes when declared, or resident only parking areas), a vehicle may park on a street without being moved for 72 consecutive hours.

- Service work or minor repair of vehicles can only take place on private property. The exception is when emergency repairs are made on a City street to enable the vehicle to be driven onto private property or to a mechanic for repair.
- Recreational vehicles (RVs) registered to a City of Calgary address can be parked on the



street directly adjoining the owner's or driver's residence for up to 36 consecutive hours. At this point, the RV must be moved to an offstreet location for at least 48 consecutive hours before it can be parked back on the street. RVs include motor homes, campers, travel trailers and tent trailers. No trailer or detachable camping accommodation can be left on a street or alley if not con-

nected to a vehicle. RVs are also not allowed to be parked on the front portion of the property or the front driveway for longer than 24 hours. Utility trailers are not allowed to be parked on the front portion of the property or the front driveway, except while being loaded or unloaded. (Land Use Bylaw 1P2007).

If you have any questions, or would like a copy of the Good **Neighbour Practices Reference** Guide, please visit http://www. calgary.ca/CSPS/ABS/Documents/good\_neighbour\_guide. pdf or call 3-1-1.





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#### **Crossword puzzle** ANSWERS Puzzle on page 4

Acupuncture, Reflexology

or Champissage

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<sup>1</sup> P	<sup>2</sup> E	°Р		<sup>4</sup> A	<sup>5</sup> T	°O	<sup>7</sup> L	۴L		٩	$^{10}$ H	<sup>11</sup> O	<sup>12</sup> T	<sup>13</sup> O
<sup>14</sup> A	V	Е		<sup>15</sup> L	Α	М	-	А		<sup>16</sup> O	Α	R	Е	D
<sup>17</sup> R	Е	D		<sup>18</sup> E	Х	Α	L	Т		19 N	I	С	Α	D
<sup>20</sup> S	Ν	Α	<sup>21</sup> K	Е	I	Ν	Т	н	<sup>22</sup> E	G	R	Α	s	s
<sup>23</sup>	S	L	Е					<sup>24</sup> E	V	-	L			
			<sup>25</sup> N	<sup>26</sup> A	<sup>27</sup> C	28 R	<sup>29</sup> E		<sup>30</sup> E	D	I	<sup>31</sup> T	<sup>32</sup> O	<sup>33</sup> R
<sup>34</sup> S	<sup>35</sup> P	<sup>36</sup> A		<sup>37</sup> D	R	Α	М	<sup>38</sup> A			<sup>39</sup> N	Α	Р	А
<sup>40</sup> C	Α	Т	<sup>41</sup> S	0	U	Н	0	F	<sup>42</sup> T	<sup>43</sup> H	Е	В	Α	G
<sup>44</sup> A	V	0	W			<sup>45</sup> S	Т	А	Ι	R		<sup>46</sup> S	Н	Е
<sup>47</sup> R	Е	М	Α	<sup>48</sup> D	<sup>49</sup> E		50 E	R	Ν	S	<sup>51</sup> T			
			<sup>52</sup> D	I	D	<sup>53</sup> O					<sup>54</sup> A	<sup>55</sup> M	<sup>56</sup> O	<sup>57</sup> K
<sup>58</sup> B	<sup>59</sup>	<sup>60</sup> R	D	S	0	F	<sup>61</sup> P	<sup>62</sup> A	<sup>63</sup> R	<sup>64</sup> A	D	1	S	Е
<sup>65</sup> A	D	U	L	Т		<sup>66</sup> T	Е	L	Ι	С		<sup>67</sup> D	I	Ν
<sup>68</sup> W	Е	В	Е	R		<sup>69</sup> E	R	0	D	Е		<sup>70</sup> S	Е	Ν



Dr. Tim Begalke | Dr. Jamie Wallace | Dr. Jeremy Wallace | Dr. Erin Gray **General Dentists** 

> **Country Hills Town Centre** #707, 500 Country Hills Blvd N.E. (403) 226-1809 www.countryhillsdental.com

<sup>71</sup>L A S S O <sup>72</sup>N I T E R <sup>73</sup>T R Y

#### Sudoku puzzle ANSWERS

Puzzle on page 12

4	9	2	8	6	1	7	3	5
1	6	8	5	7	3	4	2	9
5	3	7	9	2	4	6	1	8
2	4	9	3	1	8	5	7	6
8	1	3	7	5	6	2	9	4
7	5	6	4	9	2	1	8	3
6	7	4	2	3	9	8	5	1
3	8	5	1	4	7	9	6	2
9	2	1	6	8	5	3	4	7

Puzzles devised by © Kevin Stone [www.brainbashers.com]

# **Dr. Seto** is happy to introduce Dr. Maria Chan-Goudreau and Dr. Tonny Tang to the team!

Dr. Chan-Goudreau's primary focus is on children and comprehensive family dentistry, while Dr. Tang focuses on cosmetic and emergency dentistry. Our new dentists both have over 10 years experience.



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