

# NORTHERN HILLS COMMUNITY ASSOCIATION



Country Hills • Country Hills Village • Coventry Hills • Harvest Hills • Panorama Hills

www.northernhills.ca

## The NHCA Wishes You All A Happy New Year! Going Forward...

With 2014 and 20 years of existence behind us, the NHCA wants to build on last year's success to continue in its unwavering commitment to improve the quality of life for its members and Northern Hills residents. The organization wants to be nimble so as to be effectively responsive to the needs of the community. Moreover, we will aim to be proactively active and creative in the development of more appealing and engaging social, cultural, recreational and support programs, educational initiatives, and expanded membership incentives. All in all, the NHCA wants to continue to transform itself into a more visible and dynamic organization whose impact and influence on the Northern Hills communities will permeate major aspects of community life.

To that effect, the participation of community members in this process will be of paramount importance. We thank all our volunteers and would like to see and invite our residents and members to become more actively involved in determining the quality of success of our programs and events. Therefore, come and volunteer; there are many areas of initiatives where volunteer participation is needed. Contact us to find out about all of those initiatives and the measure in which you can get involved keeping in mind that your participation will go a long way towards the betterment of our community life and is what makes all that we do meaningful.

In order to facilitate participation and as part of this transformation process, the NHCA intends to be more effective in the delivery of information. In addition, we want to communicate more with our residents and members about relevant developments with the purpose of maintaining an open communication channel where openness and clear expectations will be served. As part of this communication plan, the NHCA will also actively listen to what the community says and formulate responses accordingly. Lastly, the NHCA plans to become an important and

comprehensive source of information and a resource hub that can be easily accessed and that is also capable of providing timely and useful information.

The beginning of the New Year means that registration for spring and summer recreational programs will start soon; therefore we invite you to sign up as soon as registration opens up in February. Managed by Sports Director Janice Henderson, our soccer program, which includes kids, women and men leagues, is our most comprehensive recreational program that has known a lot of success for many years, a success that will be emulated this year again. Based on the soccer program success and in light of the size and diversity of our community, the NHCA will invest in the development of additional sports programs not limited to spring and summer, but for winter and fall as well in order to meet the needs of a multifaceted community. Therefore, the coming changes pertaining to our recreational programs promise to be exciting and are doubtless eagerly awaited.

Another important development to follow this year is the Creating Space for Strength project spearheaded by Northern Hills Constituency and funded for by the Aspen Family and Community Network Society, the NHCA, the United Way of Calgary and Area, and the Government of Alberta. The project made important strides in the right direction this past year, and there is reason to be optimistic about further major breakthroughs this year towards its realization. The Creating Space for Strength project highlights the factual lack of enough community spaces in North-Central Calgary capable of accommodating the growing needs of North-Central Calgary residents. In the effort to bring additional community space to the Northern Hills, the Creat-

ing Space for Strength project conducted a comprehensive research that heavily relied on the input of local residents. The approach



relied on the asset based community development model which tries to valorise existing strengths of a community that are then leverage towards achieving the desired results. The idea has started to make inroads among government officials and we hope to see all the efforts accomplished so far bear much fruits this year.

Lastly, the NHCA planning and development committee will be hard at work this year particularly in relation

to the Harvest Hills Golf Course proposed rezoning but also with the North-Central Calgary LRT project and the airport noise committee. Our membership team will be exploring ways to expand our membership base with new incentives, more visibility and tailored communication. We look forward to being present at all community events along with organizing great ones through our events committee. Last but not least, our community enhancement body will work throughout the year to engage and challenge each one of us to do something about maintaining and improving the way our community looks.

The Northern Hills Community Association wishes you all a Happy New Year!

### UPCOMING EVENTS 2015

#### January

- ◆ Community Coffee & Conversation: Starts Jan 17, 2015

#### February

- ◆ Children's Soccer Registration: Starts Feb 1st, 2015



### The Mission Statement

The **Northern Hills Community Association** endeavours to enrich and empower the diverse communities of the Northern Hills by:

- Advocacy and education
- Supporting opportunities for engagement, and
- Enhancing quality of life





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# VOLUNTEER

## NHCA VOLUNTEER OPPORTUNITIES

by Sunny Shuang, President

### Vacancies on the Board:

NHCA Board has a few board members retire after completing their two year terms, a couple of mid-term resignations for a variety of reasons. We welcomed four new board members joining at the Annual General Meeting (AGM). At the current time, there are still several board positions open and available for new members. The following strategic board positions have yet to be assigned:

- Communications
- Business Development

If you are interested in any Board Position, please contact: [president@northernhills.ab.ca](mailto:president@northernhills.ab.ca).

### Volunteer with the committees:

**Events** – Our association hosts many events, large and small, throughout the year and we are looking for individuals to join this committee to help organize and carry out the tasks necessary for success. Love to socialize and enjoy the feeling of a job well done? Contact [events@northernhills.ab.ca](mailto:events@northernhills.ab.ca)

**Rinks** – Our rink in Harvest Hills provided many hours of skating pleasure for residents this year and could use the help with clearing and flooding in winter as well as mowing the site during the summer months. We will be working with the City to have a similar rink up and running in Panorama for next winter and our rinks committee is seeking eager individuals to help with the planning and execution of an additional outdoor rink in Coventry Hills, this would be a dynamic committee to be a part of. Contact [rinks@northernhills.ab.ca](mailto:rinks@northernhills.ab.ca)

**Community Beautification** – We are expanding our efforts to beautify neglected areas in our communities and are looking for committee members. Activities of the group may include organizing fence painting, gardening, community clean ups, looking for solutions to repair/remove damaged entry features etc. Have a desire to see improvements in our community aesthetics? Contact [community@northernhills.ab.ca](mailto:community@northernhills.ab.ca)

**Graffiti Abatement** - Individuals eager to learn how to clean it up and prevent future outbreaks! If you are someone who likes to take action and see results, this could be the opportunity for you. Please contact [community@northernhills.ab.ca](mailto:community@northernhills.ab.ca) if graffiti gets under your skin!

**Litter Clean Up** - Have some ideas on how to clean up and prevent littering in our neighbourhoods? We are seeking individuals who are as annoyed as we are about the amount of loose litter lingering in our alleys, on our boulevards and in our green spaces. Please contact [community@northernhills.ab.ca](mailto:community@northernhills.ab.ca) if you've had enough!

**Community Garden** – Our existing gardens in Harvest Hills and Coventry Hills have been a great success. If you would like to help out at these gardens by doing a little carpentry work, mowing, weeding, watering or planting flowers etc. this would be a great way to get out and enjoy the sunshine! Are you a resident of Panorama or Country Hills

and would like to have a garden in your neighborhood? This could be the committee for you. Contact [garden@northernhills.ab.ca](mailto:garden@northernhills.ab.ca)

**Membership Services** - Opportunities to meet your neighbours when helping out at events around the community. The NHCA hosts a table at a variety of events including the Community Garage Sale, Business Fair, E-Cycle and Community Clean Up, Stampede breakfasts etc. If you are interested in helping out contact [membership@northernhills.ab.ca](mailto:membership@northernhills.ab.ca)

**Policy – If you have experiences or are interested in writing and editing, policies and procedures team would like to get your input and support.** Contact [policy@northernhills.ab.ca](mailto:policy@northernhills.ab.ca)

**At Home In The Hills** - An initiative to assist new Canadians, Calgarians and/or residents to the Northern Hills. We are working on providing activities and information to assist with the transition into our area. If you are a resident of the Northern Hills Communities, familiar with the area and perhaps speak another language, this could be a wonderful opportunity to meet and greet! Contact [ahih@northernhills.ab.ca](mailto:ahih@northernhills.ab.ca)

**Communications/Social Media** - If you are interested in the newsletter, tweeting, posting or blogging about all the latest goings on in the Northern Hills community, then the NHCA Communications team would love to hear from you! Contact [president@northernhills.ab.ca](mailto:president@northernhills.ab.ca) or [editor@northernhills.ab.ca](mailto:editor@northernhills.ab.ca)

**Sponsorship** - Have an interest in marketing and a no fear attitude when communicating with businesses in the area? Our association would appreciate your help in contacting local business owners to discuss advertising opportunities and their community support. Interested? Contact [marketing@northernhills.ab.ca](mailto:marketing@northernhills.ab.ca)

**Grants** – We are a non-profit organization and funding is an important component of our business plan. There are funds available; we just need committee members who enjoy filling out the forms! Previous experience with grant applications would be an asset. If securing available funds is your specialty then we need you! Contact [grants@northernhills.ab.ca](mailto:grants@northernhills.ab.ca)

**Senior's Group – SPRY in the Hills**, a group of older adults who host regular get together on Tuesdays from 2 - 4 pm, Fridays from 1 – 2pm, occasional lunches, workshops and field trips are looking for you and your ideas. Contact [seniors@northernhills.ab.ca](mailto:seniors@northernhills.ab.ca)

**Youth** - Calling on future community leaders to get together and bring their ideas on how to engage their peers in community building activities. A great way to meet youth with common interests and fulfill those volunteer hour requirements! Please contact [youth@northernhills.ab.ca](mailto:youth@northernhills.ab.ca)

**Traffic** – If you and your neighbors have traffic related issues; parking, speeding, upgrading controls at intersections and you're willing to work together to find solutions, contact [traffic@northernhills.ab.ca](mailto:traffic@northernhills.ab.ca)

For more information please contact the NHCA office at 403-226-6422 or [info@northernhills.ab.ca](mailto:info@northernhills.ab.ca)

## From the President

by Sunny Shuang  
President NHCA

### WELCOME TO 2015!

Happy New Year to everyone in the Northern Hills. The NHCA Board, Staff and Volunteers welcome you all to 2015 and we look forward to another year of serving and meeting your needs.

Last month, the NHCA put together a new and exciting promotion aimed at giving more incentives to our current membership holders, incentivize former members to renew their memberships and expand our overall membership base. As the winner and recipient of the Grand Prize for the Healthy Community Challenge hosted by Cardel Place in the first half of 2014, the Northern Hills Community won \$500 that will go to the first 10 residents who sign up or renew their NHCA membership in December, January and March in the form of a \$20 gift card to be used at Cardel Place and a Family day pass, a combined value of \$50. Some of the prizes were disbursed at the Harvest Hills Alliance Church Craft Sale held in December 2014 where there were membership sign ups and renewals. There are however, gift cards and Family day passes left, and therefore if you are planning to renew or join the NHCA this year, you have until March for a chance to win the package. Please contact the NHCA membership director Chas Young at [membership@northernhills.ab.ca](mailto:membership@northernhills.ab.ca) for additional details about this program, and the many other advantages and benefits of being a NHCA member.

Last month, the NHCA Board held the first of its two strategic planning sessions that was facilitated by two very experienced community Resources Coordinators (CRC) from the City of Calgary. Leanne Hall and Gini Clark helped guide the Board towards a more focused and holistic mandate capable to effectively represent the communities that it serves in addition to being a relevant voice in those same communities. Moreover, the strategic planning session contributed to providing the necessary tools to meet residents and members' needs through better articulated mission, vision, as well as guiding principles. Strategic planning not only allows the NHCA to renew itself into a better community association, but it also make the organization more sustainable which translate into responsible resources management and programs that are needed in the community.

On December 15<sup>th</sup>, 2014, the Creating Space for Strength Committee realized a breakthrough meeting with the Health Minister, Steve Mandal, Culture and Tourism Minister, Maureen Kubinec, and Deputy Minister of Municipal Affairs. The Committee presented the need for having a multi-purpose community hub and Primary Care

Network in North-Central Calgary, which in order to attain, required that the land in the Northern Hills



be urgently secured. Furthermore, commitment from the government was needed in order to start building the business case. The Committee received the Ministers' acknowledgement, with the latter agreeing that the need for a multi-purpose community centre as presented was indeed critical for residents in North-Central Calgary. As a result, the Committee was encouraged to present a business case in the coming weeks. The general receptivity of government officials to the Creating Space for Strength Committee's arguments was a move in a positive direction in so far as the Creating Space for Strength project is concerned for which Committee members are now in the process of building a business case.

As the NHCA liaison between Harvest Hills residents and the developer, the planning committee has been busy liaising between the two parties and conversing with various stakeholders and community associations regarding the Harvest Hills Golf Course redevelopment project while exploring ways to reach a favorable outcome for all parties involved.

The start of the New Year also means that the children, women and men soccer season is around the corner; and so, the NHCA welcomes all back and encourages early registration to our recreation and soccer program. The At Home in the Hills (AHIH) has also embarked on a new ESL conversation club that is facilitated by the Immigrants Services Calgary. The club will start on January, 17<sup>th</sup>, 2015. To sign up for the class, please contact the school director Rick Lundy at [school@northernhills.ab.ca](mailto:school@northernhills.ab.ca) or AHIH committee chair, Allan Pole at [ahih@northernhills.ab.ca](mailto:ahih@northernhills.ab.ca). You can also call the office at 403-226-6422 to get more information.

The community enhancement committee is calling for volunteers to help flood the community ice rink in both Harvest Hills and Panorama Hills. This will be a fun outdoor activity for all to enjoy! If you wish to volunteer, please contact the Community Enhancement Director, Brice Bouwa at [community@northernhills.ab.ca](mailto:community@northernhills.ab.ca).

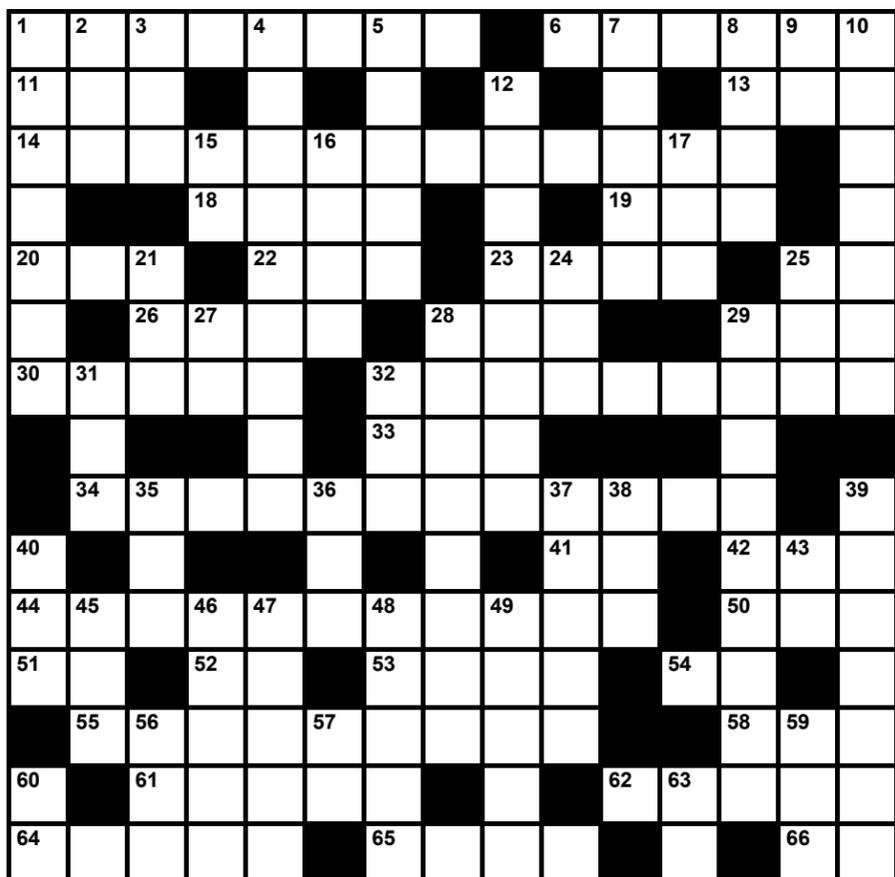
The NHCA is planning a volunteer appreciation event in late January. The event committee would like to solicit support for planning the event. If you are interested to be part of the planning committee, please contact the events director at [events@northernhills.ab.ca](mailto:events@northernhills.ab.ca).

We wish you and your family a Great, Prosperous, Blissful, Healthy, Bright, Delightful, Energetic and Extremely Happy New Year 2015!!

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**ACROSS**

- 1 They are blown up at New Year's
- 6 New Year's activity
- 11 "Give it \_\_\_!"
- 13 Princess woe
- 14 Fresh starts (2 words)
- 18 Buddies
- 19 Driver's aid
- 20 \_\_\_ Today
- 22 TV host name
- 23 Assuming that's true (2 words)
- 25 Measure of acidity
- 26 Debatable
- 28 Bake sale org.
- 29 New Year's is often event \_\_\_
- 30 A little out of it
- 32 Playfulness
- 33 PC linkup
- 34 New Year's song
- 41 Sci-fi writer, Doc Smith
- 42 Charleston locale
- 44 New Year's decisions
- 50 Blade
- 51 Old time you

**DOWN**

- 52 50th state
- 53 Difficult task
- 54 Press guy
- 55 Drink for New Year's
- 58 Colorful fish
- 61 Neighborhoods
- 62 Flavor
- 64 Prom night essentials
- 65 They can be black at events
- 66 \_\_\_ Eliot
- 1 Feast
- 2 Well-kept secret, for some
- 3 Cattle call
- 4 Very happy
- 5 Clamorous
- 7 Some family guests
- 8 Church alcove
- 9 Oscar \_\_\_ La Renta
- 10 Terrestrial
- 12 Asking people to come
- 15 Blues singer, King
- 16 Milk producer
- 17 Small GM car
- 21 Speaker

- 24 \_\_\_es: preferred phone contacts
- 25 Place
- 27 Operating system, abbr.
- 28 Reindeer activity
- 29 New Year's night sights
- 31 Bank offering, for short
- 32 It has many keys (abbr.)
- 35 "Brown" carrier
- 36 The "Tigers" (abbr.)
- 37 Good judgment
- 38 "Absolutely!"
- 39 New Year's get togethers
- 40 Cooking method
- 43 Blue Ridge Mountains locale
- 45 Common Market inits.
- 46 Chicago airport
- 47 Bar stock
- 48 Drink to
- 49 Weight measure
- 56 Party wear
- 57 Sound system, for short
- 59 Outfielder Mel
- 60 Found on a billboard
- 63 Radio wave

## St. Dominic Fine Arts School

Welcome back students and families of St. Dominic Fine Arts School! We trust the Christmas holidays were restful and time well spent with family and friends. Please join us in January 13, 2015 at 9:45a.m. for our school's Epiphany liturgy. This celebration will be hosted by Ms. Mirosevic's grade 2 class and Ms. Dusevic's grade 3 class. Please join these classes for our first celebration of the New Year.



Thank you to all of our parents and students who have volunteered to participate in our upcoming open house. Your input will be invaluable to our new families.

This month our students in grades 4, 5, and 6 will be preparing for the Director's Cut workshops

which will be taking place the first week of February. Students will be working to identify a topic and prepare scripts, sets and costumes for their small group movie trailers.

Our next School Council meeting will be January 21st 7:00pm in the library. All parents and guardians are members of School Council and we look forward to seeing you there as we work together to build a strong school community.

### Newsletter

## "Did you Know In the Hills?" Contest!

It is time again to pose a question to our readers relating to the northern hills communities, the Northern Edge News, the Northern Hills Community Association (NHCA), or other information contained in an article in this month's newsletter. When you find the answer to the question below send us an e-mail at editor@northernhills.ab.ca and include your name, contact information, NHCA membership number, and the edition (month), article and page number where you found the answer. There will be a prize draw from each month's entries for dinner and a movie. The fine print says there can only be one entry per month per membership and you must have a current NHCA membership to be eligible. So find the answer and WIN!!

The question for this month is:



**What is the challenge that the Northern Hills Communities won, by whom was it organized, what was the Grand Prize and how does the NHCA plan to give out the prize?**

Please send your answer along with your name, contact information, NHCA membership number, the article title and page number to editor@northernhills.ab.ca. There is a dinner and a movie for two prize to be won. Non-members of the Northern Hills Community Association can purchase membership online at <https://www.compusim.com/nhca/membership/>; and existing members whose membership has expired will also be able to renew their membership at the above web address.

*\*Note that only current members of the NHCA will be entered in the draw.*



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# SPRY IN THE HILLS

For Seniors living in the Communities of Country Hills, Country Hills Village, Coventry Hills, Harvest Hills and Panorama Hills

Fit2Age was again a very popular program during our Fall and Winter Session which just finished. We are near to FULL CAPACITY at the Panorama Hills e-Community Centre and still no site of another facility becoming available for our use. Changes within the Panorama Hills happening in 2015 may have some bearing on our meeting place. The NHCA President has promised to look into keeping, or obtaining a meeting place, so that SPRY in the Hills can continue providing this service to the Community.

We continue to have a number of people who do not participate in the Games/Social portion and still only one person that occasionally comes for the fun and games portion. Mexican Train remains the favourite fun activity, usually making up two or three tables of 6-8 people; a Crib table is usually set up for those whose interests lay elsewhere. Some people just prefer to have coffee, chat, and catch up on news with others or in the community.

Most of our members continue to sign up to bring treats on Tuesdays. Fantastic goodies keep showing up (and many recipes have been shared). Some members contribute supplies for the "Coffee Box" to stay operational and it seems that just a few of our members continue to volunteer to take turns manning the box once per month. We appreciate those members who continue to share the load and take a turn bringing goodies, manning the refreshments box and sharing their time.

Strangers, before joining SPRY in the Hills, have now established special bonds and have be-

come very frequent attendees, both in the regular programs and participating in off-site events.

During the Fall/Winter Session we had:

- 1) Pure North S'Energy Foundation, present us with information on 'Feeling Better, Living longer.' Several people have followed up by attending their program.
- 2) Calgary Police Service, Community Liaison Officer Tom Page spend time chatting with us regarding many safety issues.
- 3) Sav-On Foods Pharmacist attend to administer Flu Shots to SPRY in the Hills members along with their spouses and the Panorama e-Centre staff
- 4) Off-site Activities consisted of:
  - a. Lunch and Tour at Minhaus Brewery in November
  - b. Lunch (and Door Prizes) on December 10, 2014, arranged by NHCA, enjoyed by members of SPRY in the Hills, complements of The Canadian Brewery

December 9th ended the current session. We will again start meeting on January 13, 2015. January meetings will be 'Fun Days'. Fit2Age will be back for the period February to May on Tuesdays 2:00 - 3:00 pm and Fridays 1:00 - 2:00 pm. Further information and calendars will be emailed and posted on the website [www.northernhills.ab.ca](http://www.northernhills.ab.ca) /Groups and Committees / SPRY in the Hills



NHCA c/o Cardel Place  
11950 Country Village Link NE  
Calgary, Alberta T3K 6E3  
Ph.226-6422 Fax 226-6421  
Website: [www.northernhills.ab.ca](http://www.northernhills.ab.ca)  
For general information by email, please send messages to [info@northernhills.ab.ca](mailto:info@northernhills.ab.ca)

## BOARD MEMBERS

President	Sunny Shuang <a href="mailto:president@northernhills.ab.ca">president@northernhills.ab.ca</a>
1st Vice President	Vacant <a href="mailto:1vp@northernhills.ab.ca">1vp@northernhills.ab.ca</a>
2nd Vice President	Vacant <a href="mailto:2vp@northernhills.ab.ca">2vp@northernhills.ab.ca</a>
Secretary	Ivon Mbuyamba <a href="mailto:secretary@northernhills.ab.ca">secretary@northernhills.ab.ca</a>
Treasurer	Jereme Young <a href="mailto:treasurer@northernhills.ab.ca">treasurer@northernhills.ab.ca</a>
Advocacy	David Hartwick <a href="mailto:advocacy@northernhills.ab.ca">advocacy@northernhills.ab.ca</a>
Business Development	Shawn Producers <a href="mailto:business@northernhills.ab.ca">business@northernhills.ab.ca</a>
Cardel Rep	Suresh Fernando <a href="mailto:cardel@northernhills.ab.ca">cardel@northernhills.ab.ca</a>
Community Enhancement	Brice Bouwa <a href="mailto:community@northernhills.ab.ca">community@northernhills.ab.ca</a>
Communication	Vacant <a href="mailto:communication@northernhills.ab.ca">communication@northernhills.ab.ca</a>
Creating Space for Strength	Moraig McCabe <a href="mailto:creatingspace@northernhills.ab.ca">creatingspace@northernhills.ab.ca</a>
Events	Mohamed Hassanin <a href="mailto:events@northernhills.ab.ca">events@northernhills.ab.ca</a>
Grants	Suresh Fernando <a href="mailto:grants@northernhills.ab.ca">grants@northernhills.ab.ca</a>
Memberships	Chas Young <a href="mailto:membership@northernhills.ab.ca">membership@northernhills.ab.ca</a>
Planning/Development	Paul Eneh <a href="mailto:planning@northernhills.ab.ca">planning@northernhills.ab.ca</a>
Schools	Rick Lundy <a href="mailto:school@northernhills.ab.ca">school@northernhills.ab.ca</a>
Sports	Janice Henderson <a href="mailto:sports@northernhills.ab.ca">sports@northernhills.ab.ca</a>
Youth	Amanda Davis <a href="mailto:youth@northernhills.ab.ca">youth@northernhills.ab.ca</a>

## COMMITTEE CHAIR

At Home in the Hills	Allan Pole <a href="mailto:ahih@northernhills.ab.ca">ahih@northernhills.ab.ca</a>
Community Gardens	Diana Dumoulin <a href="mailto:gardens@northernhills.ab.ca">gardens@northernhills.ab.ca</a>
SPRY in the Hills	Dell Sudnik <a href="mailto:seniors@northernhills.ab.ca">seniors@northernhills.ab.ca</a>
Volunteer Coordinator	Jessica Mehain <a href="mailto:volunteer@northernhills.ab.ca">volunteer@northernhills.ab.ca</a>

## NEWSLETTER, WEBSITE AND IT

Editor - Northern Edge News	Ivon Mbuyamba <a href="mailto:editor@northernhills.ab.ca">editor@northernhills.ab.ca</a>
Volunteer Writer	Anne Sureshkumar, Jayne Owchar <a href="mailto:writer@northernhills.ab.ca">writer@northernhills.ab.ca</a>
Social Media	Corie Rochon <a href="mailto:nhcafb@northernhills.ab.ca">nhcafb@northernhills.ab.ca</a>
Website/it	Troy Davis <a href="mailto:web@northernhills.ab.ca">web@northernhills.ab.ca</a>

## STAFF

Office Administrator	Marina Barrett <a href="mailto:admin@northernhills.ab.ca">admin@northernhills.ab.ca</a>
Marketing Administrator	Heather Hubert <a href="mailto:marketing@northernhills.ab.ca">marketing@northernhills.ab.ca</a>
Bookkeeper	Angela Hinsberger <a href="mailto:bookkeeper@northernhills.ab.ca">bookkeeper@northernhills.ab.ca</a>
Board Assistant	Bhawna Mohan <a href="mailto:bdassist@northernhills.ab.ca">bdassist@northernhills.ab.ca</a>

**Calling All Volunteers!**  
We have many rewarding volunteer opportunities available for you right here in your community!

## SPRY PROGRAMING

### TUESDAY SCHEDULE

#### JANUARY

	2:00 - 3:00	3:00 - 4:00
13	Social/Games	Social/Games
20	Social/Games	Social/Games
27	Social/Games	Social/Games

#### FEBRUARY

	2:00 - 3:00	3:00 - 4:00
3	Fit2Age	Social/Games
10	Fit2Age	Social/Games
17	Fit2Age	Social/Games
24	Fit2Age	Social/Games

#### MARCH

	2:00 - 3:00	3:00 - 4:00
3	Fit2Age	Social/Games
10	Fit2Age	Social/Games
17	Fit2Age	Social/Games
24	Fit2Age	Social/Games
31	Fit2Age	Social/Games

#### APRIL

	2:00 - 3:00	3:00 - 4:00
7	Fit2Age	Social/Games
14	Fit2Age	Social/Games
21	Fit2Age	Social/Games
28	Fit2Age	Social/Games

#### MAY

	2:00 - 3:00	3:00 - 4:00
5	Fit2Age	Social/Games
12	Fit2Age	Social/Games

19	Fit2Age	Social/Games
26	Fit2Age	Social/Games

### FRIDAY SCHEDULE

#### FEBRUARY

	1:00 - 2:00
6	Fit2Age
13	Fit2Age
20	Fit2Age
27	Fit2Age

#### MARCH

	1:00 - 2:00
6	Fit2Age
13	Fit2Age
20	Fit2Age
27	Fit2Age

#### APRIL

	1:00 - 2:00
3	NO PROGRAM (Good Friday)
10	Fit2Age
17	Fit2Age
24	Fit2Age

#### MAY

1	Fit2Age
8	Fit2Age
15	Fit2Age
22	Fit2Age
29	Fit2Age

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**SMILE!**  
It makes a difference!

# Northern Edge News

The Official Newsletter at the North Hills Community Association

The Northern Edge News is published once a month by the Northern Hills Community Association

Editor	Ivon Mbuyamba	<a href="mailto:editor@northernhills.ab.ca">editor@northernhills.ab.ca</a>
Ad Sales	Heather Hubert / Wayne Brown	<a href="mailto:ads@northernhills.ab.ca">ads@northernhills.ab.ca</a>
Layout/Design	Duane Thomson	Keyline Publishing
Delivery	Canada Post	

**Deadline:** All ads must be submitted and paid for by the 9th of the month by noon (no exceptions) for publication in the following month's edition. Please book all ads through the NHCA Office ([ads@northernhills.ab.ca](mailto:ads@northernhills.ab.ca)). Advertising layout assistance is available from Keyline Publishing. Please contact the association office.

# PROGRESSIVE OPTOMETRY

Dr. Debbie Luk  
Dr. Andrew Chan  
Dr. Anthony Fu



Say goodbye, reading glasses.



Hello, all-distance vision.  
Ask us about multi-focal contact lenses

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Panarella Blvd		Superstore
Panamount Blvd		Empire Studio 16
Country Hills Blvd		



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## Northern Hills Community Association

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**MEMBERSHIP PROMOTION**  
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### CARDEL PLACE

Residents who Purchase a New NHCA Membership  
or  
NHCA Members who Renew their Membership for 2015  
will receive a



\$20 Gift Certificate to Cardel Place and a  
Family Day Pass to Cardel Place  
Combined Value: \$50

\*ONLY TEN AVAILABLE\*  
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offer valid until March 31, 2015 or until all ten promo packs are awarded, whichever comes first

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Amy Hou -  
pharmacy manager  
Bsc.Pharm, RPh, PGDip.

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Pharmacy telephone: (403) 384-9792



**Panorama:**  
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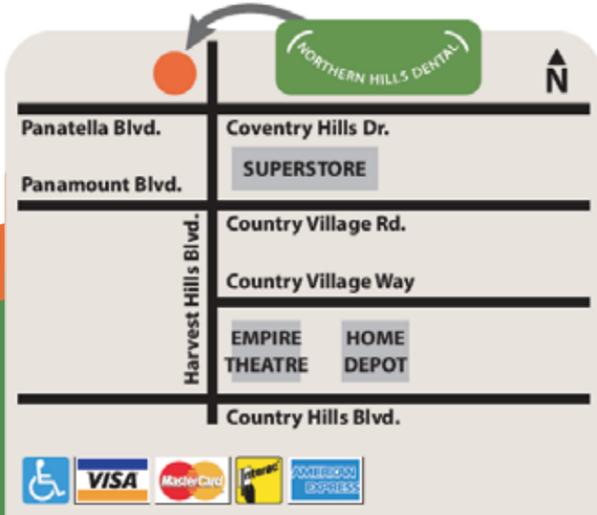
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- Thursday • 7am - 8pm
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[www.NorthernHillsDental.com](http://www.NorthernHillsDental.com)

\*OAC



## How to Get a Membership

Annual Membership is from January 1<sup>st</sup> through to December 31<sup>st</sup>

You can purchase a membership three ways:

1. Access our online membership registration at: [www.northernhills.ab.ca](http://www.northernhills.ab.ca) under the **membership** tab
2. In-person registration at the office
3. Mailing your membership form below to the office

### Resident Membership Form

Mail to: NHCA, 11950 Country Village Link N.E. Cardel Place, Calgary AB T3K 6E3

**Fees:**

- Family \$30
- Single \$20
- Senior (60+) \$20
- \*Associate \$30
- Business \$50
- \*\*Business Plus \$120

\*Family/Single/Senior outside of the Northern Hills Area      \*\*Additional Web Ad  
Please enclose cheque payable to "Northern Hills Community Association"

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Please indicate activities you would like to learn more about:

- Community Garden
- Community Clean up
- Garage Sale
- Adult Slo-Pitch
- Small Business Fair
- Newsletter
- Children's Soccer
- Community Beautification
- Ladies/Men's Soccer
- Annual General Meeting
- Graffiti Abatement
- Planning and Development

Please indicate what activities you would like to see in your community:

- Older Adult Programs
- Children's Softball
- Outdoor Ice Rinks
- Indoor Soccer
- Farmers Market
- Tennis Courts
- Other \_\_\_\_\_

If you would like to receive email updates including member benefits, discounts and volunteer opportunities from the NHCA please check here \_\_\_\_\_

Office Use Only:

Paid by:  Cash       Cheque # \_\_\_\_\_       Credit Card (Visa / MC)

Received: \_\_\_\_ / \_\_\_\_ / \_\_\_\_       Card Sent

## BECOME A MEMBER OF THE NHCA AND GET CONNECTED TO YOUR COMMUNITY!

**THE NHCA OFFERS THE FOLLOWING FOR OUR MEMBERS:**

- We are your voice for planning and development issues
- Partner with local businesses to enhance programs.
- Founding member and board representation for Cardel Place.
- Meet regularly with elected, agency, and government representatives.
- Liaise with Public school and Separate school boards.
- Discounts at NHCA community events!
- Northern Hills members can vote at the NHCA AGM.
- You qualify to join the Board of Directors.
- Discounts and special offers at participating local businesses.
- Monthly community newspaper to every home in Northern Hills.
- Check out our website.



The annual membership fee for families is only \$30. Single and Senior Households \$20. Businesses (directory on website) are \$50 and Business Plus members (ad and link on website) \$120. Watch the value of your membership grow as the NHCA increases its business discount programs and you receive savings, while at the same time supporting community programs!

Your membership fee provides affordable local activities and programs that help keep your community healthy and attractive, such as:

- **Programs** – Community Gardens, Seniors Group, Moms and Tots, Community Beautification, Tree Planting, Graffiti Abatement
- **Initiatives** – Outdoor Ice Rinks, Farmers' Market, ESL Program, Youth Council, and Wine and Cheese Group.
- **Sports** – Youth Outdoor Soccer, Adult Slo-Pitch and Ladies Outdoor and Indoor Soccer Programs.
- **In partnership with the City of Calgary** – Stay & Play, Park & Play, Skate Park and Lawn Chair Theater programs over the summer.
- **Events** – Community Garage Sale, Community Clean Up, Community Business & Services Fair, Seniors Resource Fair, City Planning Open House, Community Resource Fair, Fundraisers and Election Forums.



Support your community association today. Memberships can be purchased on-line, in person at the NHCA office or by mail. [www.northernhills.ab.ca](http://www.northernhills.ab.ca)




All the visits are free. No obligation. Compliments of local businesses.

**ARE YOU NEW TO THE NEIGHBOURHOOD?**  
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[www.welcomewagon.ca](http://www.welcomewagon.ca)

# This New Year, Lets Harness Gratitude

by Anne Theresa Sureshkumar

With 2015 rolled in, we all seem to have our minds wrapped around expectations of what would come our way this New Year. It has been tradition for ages that the New Year comes with abundant expectations and hopes. To many of us, the New Year means a reset button. It's an opportunity to start again, and make things work that didn't go well the previous year. Great efforts are placed in pushing the boat out and greeting the New Year in.

Often we fail to reflect on what we seek to achieve through these expectations. Our list of resolutions for the New Year usually runs into endless tilts that often pushes even harder on us. It's always good to set higher expectations for ourselves and aim higher. The question however is, are we struggling to make lemonade when life hands us lemons? Do we choose happiness over other

emotions?

We habitually fail to recognise that this simple state of joy that elevates happy hormones in our body comes from being content, and this emotion, usually comes from appreciating what we have in our lives.

The more we learn to appreciate what we have, the happier people we are. We are as happy as we choose to be.

So this New Year, lets learn the



art of harnessing gratitude towards the simple blessings of life, that we often dismiss and fail to cherish. The road to happiness is not a bumpy one, we just fail to take it.



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[www.siteforsight.ca](http://www.siteforsight.ca)

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[www.2ndsight.net](http://www.2ndsight.net)

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---

**NEW PATIENTS AND  
 EMERGENCIES WELCOME!**

**403.226.3939**



## Panorama Hills and Harvest Hills Ice Rink Project

The Northern Hills Community Association is seeking volunteers to help set up the Panorama Hills ice rink and help maintain the Harvest Hills ice rink..

For more information, please contact [community@northernhills.ab.ca](mailto:community@northernhills.ab.ca)

# Community Partnerships Workshop

## Leading a Jane's Walk in Calgary A 'How-To' Workshop

**Date:** Thursday, January 29, 2015  
**Time:** 7:00 – 9:00 pm  
**Location:** Albert Park Radisson Heights CA (1310 28 ST SE)

Jane's Walk is a weekend of free neighbourhood walking tours held in cities around the world each May. If you're curious about leading a Jane's Walk, The Calgary Foundation and The City of Calgary invite you to attend a "how-to" session where you will receive step-by-step instructions on how to bring your ideas and neighbourhood to life through a walking tour. This event is free and light dinner will be provided at 6:30pm. For more info or to register by January 27, 2015 go to: [www.calgaryjanewalk.eventbrite.ca](http://www.calgaryjanewalk.eventbrite.ca)



calgary.ca | contact 311



Onward/ By 2020, Calgary communities will increasingly be able to resolve community-based problems.

**NORTHERN HILLS COMMUNITY ASSOCIATION**  
**Building Calgary's best communities**



### Scouts Boys and girls ages 11 – 14

The Scouts program emphasizes having fun while encouraging youth to feel good about themselves, their friends and family, and the environment. Through the Scouting program, youth expand their leadership skills and gain self-confidence.

SCOUT MOTTO:  
"BE PREPARED"

### Volunteering with Scouts Canada can help you:

- Get involved with your community
- Enjoy helping others
- Develop new interests
- Learn new skills
- Make new friends
- Have Fun
- Help build the future of our community

**Youth and Volunteer Registration night**  
for Coventry Hills, Panorama Hills, Harvest Hills, Country Hills and Country Hills Village

**January 14th @ 7pm – 8:30pm**  
**Location:** Coventry Hills School, 12350 Coventry Hills Way NE, Calgary.

For more information, please contact:  
 Ugie Ifesi at [uifesi@scouts.ca](mailto:uifesi@scouts.ca); 403 801 5057  
 Doug Skinner at [dskinner@coveproperties.ca](mailto:dskinner@coveproperties.ca)

### Beaver Scouts Boys and Girls ages 5 – 7

Fun and friendship is the cornerstone of the Beaver Scouts program. Beaver Scouts enjoy nature walks, short hikes, tree planting, games, crafts and family sleepovers.

BEAVER MOTTO:  
"SHARING, SHARING, SHARING"

### Cub Scouts Boys and Girls ages 8 – 10

Cub Scouts is built around a lively variety of games, crafts, music, storytelling, play acting, spiritual fellowship and the outdoors. The Cub Scout badge program focuses around six activity areas: The Natural World, Outdoors, Creative Expression, Healthy Living, Home and Community and Canada and the World.

WOLF CUB MOTTO:  
"DO YOUR BEST"

**Beaver Scouts  
Cub Scouts &  
Scouts**

[www.scouts.ca](http://www.scouts.ca)



**Now is the time  
to get involved.**  
 Call for  
**MEMBERSHIP  
TODAY!**  
 Northern Hills  
 Community Association  
**403-226-6422**



# Colouring Contest: FREE ICE CREAM!

The first 40 children who colour and take their picture in to Marble Slab Creamery, 623-130 Country Village Rd NE, will receive a free single ice cream cone\*.

\*Note: Only two children per household (If you happen to have more than one copy of the Newsletter)

NAME:

AGE:

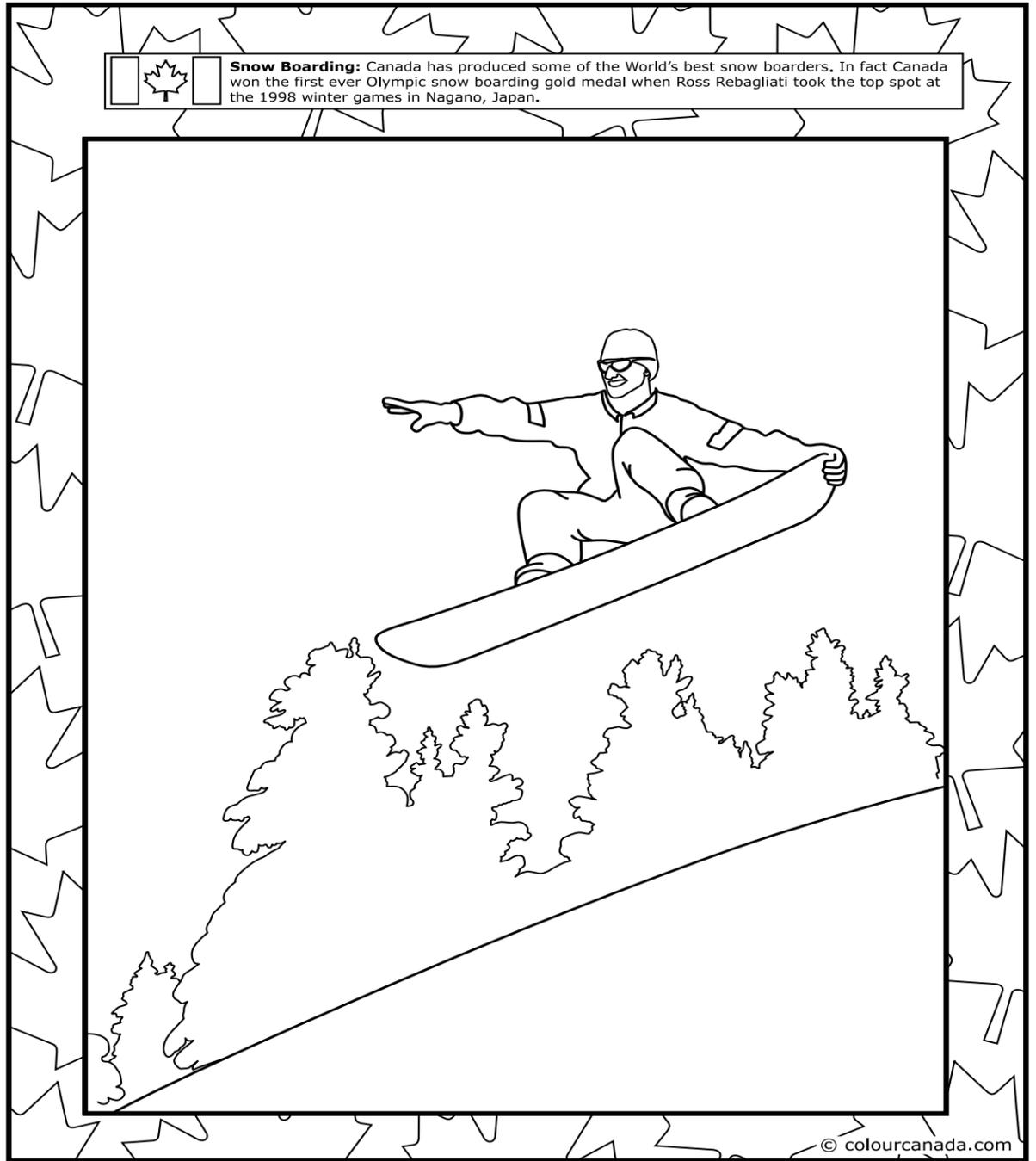


**FIVE STAR BARBER SHOP**

MEN'S STYLES  
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KIDS CUTS  
7 Days/Week

Mon - Fri 9am - 8pm  
Sat 9am - 6pm  
Sun 11am - 5pm  
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- Family Dentistry
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- Sedation Dentistry
- Wisdom Teeth Removal
- Cosmetic Dentistry
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RETURN TO THE LORD  
IN HOLINESS

Prepare the way  
The Messiah is coming  
Isaiah 40:3-5

[www.repentandpreparetheway.org](http://www.repentandpreparetheway.org)

**LOG ON TO**  
<http://www.repentandpreparetheway.org/>  
website and the End Time Radio Station link  
<http://www.jesuslordradio.info/>  
to learn more about the  
Prophecies and Teachings around the  
coming of the Messiah Jesus, and  
Global Testimonies of what the Lord has done in  
this End Time Revival. Calgary Contact: 403 803 6319

**Alberta Health Services** Emergency Medical Services

## Sledding Safety

Alberta Health Services, EMS would like to remind parents and children of some basic sledding safety tips as the winter season continues. Sledding injuries can result from collisions with stationary objects such as trees and rocks or with other people on the hill. Unprotected falls can result in injury if you lose control at high speeds. Everyone is at risk – especially children. Educate your family how to stay safe by following these simple reminders and have a fun day on the toboggan hill.

### Equipment

- Ensure your sled is in good condition. Do not use sleds with broken parts, sharp edges, or splits in the material.
- Currently, there are no helmets designed specifically for sledding. However children should wear a properly fitted helmet designed for high impact collisions, such as hockey, cycling, or climbing helmets.

### Plan ahead

- Dress warmly in layers and anticipate weather changes.
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks to warm up out of the cold.
- Ensure frostbite hasn't affected any exposed skin.
- Even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheek bones can be affected by frostbite.
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it or by placing the affected part in warm water (not hot; ~41°C max.) until re-warmed.

### Hazards

- Avoid hills that are too steep, or too icy – you can lose control very quickly.
- Choose hills free of obstacles such as trees, rocks, utility poles, or fences.
- Be mindful of clothing that contains drawstrings, or loose clothing, such as scarves, which can present a choking hazard if they become caught or snagged.

[www.albertahealthservices.ca](http://www.albertahealthservices.ca)

**NORTHERN HILLS CHURCH**  
SUNDAY KIDS CLASSES / WEEKLY CONNECTION GROUPS / CONNECTION EVENTS / FOCUS ON RELATIONSHIP

**JOIN US SUNDAYS @ 10AM**  
LANDMARK CINEMAS COUNTRY HILLS  
[WWW.NORTHERNHILLSCHURCH.CA](http://WWW.NORTHERNHILLSCHURCH.CA)

**Community Coffee & Conversation**

**Every Saturday**  
(Starts Jan 17, 2015)  
10:00 - 11:30 a.m.  
This program is FREE

@ Cardel Place  
11950 Country Village Link NE

- ✓ Practice conversation
- ✓ Meet new friends
- ✓ Learn about Canada
- ✓ Learn about community resources

This program is made possible thanks to the generous support of:

Northern Hills Community Association, Immigrant Services Calgary, United Way Calgary and Area

Coffee&Conversation 403-538-8379 @Cardel Place 11950 Country Village Link NE							
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**Applebee's**

*New Drink Specials Have Arrived!*  
*7 days of happiness*

**Mexican Mondays**  
\$3 Coronas and \$4 Margaritas

**Fat Tuesdays**  
\$3 Caesars

**Hump Day Wednesdays**  
\$3 off Pitchers (Draught & Sangrias)

**Throwback Thursdays**  
\$3.00 Domestic Bottled Beer

**Casual Fridays**  
\$5 off Bottles of Wine

**Sip Happens Saturdays**  
\$5 Martinis

**Super Sundays**  
Mucho Size any cocktail for only \$1 more

707-388 Country Hills Blvd • 403-226-6160 | 2121 36th ST • 587-351-3871

To our guests with food sensitivities or allergies: Applebee's cannot ensure that menu items do not contain ingredients that might cause an allergic reaction. Please consider this when ordering. Notice: items marked with an \* may be cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

applebeescanada.com © 2014 Applebee's International, Inc.

# SUDOKU-PUZZLES

Puzzles devised by © Kevin Stone [www.brainbashers.com]

Answers on page 15

	7			8			9	
9			1		2			6
		1				5		
	1		5		8		6	
5								9
	4		2		3		7	
		8				9		
3			7		1			8
	6			4			3	

## Be a good neighbour, clear the snow.

Winter has arrived and it's time to be mindful of how the buildup of ice and snow on city sidewalks can post a risk of injury to Calgarians. Older adults, those with mobility issues or parents pushing strollers or walking with young children, may find it treacherous to venture out if neighbours are not diligent about clearing the ice and snow. All of us can help make walking in our communities safe for everyone if we work together and follow the regulations set out in Calgary's Street Bylaw.

Property owners are responsible for clearing all sidewalks adjacent to their property. This means removing all snow and ice down to the bare concrete within 24 hours after the snow stops falling. If, as a property owner, you do not live at the residence, it is important to work with tenants or arrange for a contractor to clear the snow. It's also important to note that if a property is being developed, the developer is often the owner responsible to clean sidewalks around a construction site or empty lot. The property owner is ultimately responsible for snow clearing under the bylaw. For any ice that is difficult to remove, a de-icing mixture is available at fire halls or Roads depots. Please bring your own container.

Remember that snow from private property cannot be put onto the road

or boulevard. Large mounds of snow in the street can impede the flow of traffic, limit driver and pedestrian visibility and hinder Blue Cart and Black Bin collection.

Sidewalks also need to be clear of obstructions such as electrical cords. When plugging in your vehicle, make sure you don't place an electrical cord on or over any portion of a street.

Have you considered being a Snow Angel? It can be a challenge for some residents to shovel and clear their sidewalks. The Snow Angel campaign, now in its 10th year in Calgary, encourages citizens to be good neighbours by helping older adults and others in need with their snow removal. All you have to do is adopt someone's sidewalk this winter and keep it clear.

Let's remember that snow, ice and obstructions on our sidewalks can result in serious injuries and can cause those with limited mobility to be confined indoors. Be a good neighbour and clear the snow.

To find out more about snow and ice removal in Calgary visit [calgary.ca/snow](http://calgary.ca/snow) or contact 311. For information on how to become a Snow Angel, visit [Calgary.ca/snowangels](http://Calgary.ca/snowangels).



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**Living Faith Chapel**  
Tel: (403) 681-7224  
[rccglfc@gmail.com](mailto:rccglfc@gmail.com) [www.rccglfc.org](http://www.rccglfc.org)

invites you

to join us by 10:00am on Sundays for a glorious, joyful, heart lifting and heaven-connected worship at Huntington Hills Community Centre, 520-78 Avenue NW, Calgary, AB T2K 0S2

Come and you will be richly blessed !!!

We are expecting you. God bless you.

*For prayer, counseling and other information you may call us, e-mail us or check our website*

**RCCG-LFC where expectations become manifestations!!!**

**NHCA Vision**

Northern Hills is a vibrant diverse, inclusive and sustainable community.

Northern Hills Community Association

## "Did You Know In the Hills?" Contest!

This month's winners of the "Did You Know in the Hills?" trivia question sponsored by Applebee's and Empire Theatres are **Kal Saxena**. The answer can be found on page 1 of the newsletter in the article "Another Great Stampede in The Northern Hills."

**Kal Saxena wins two Landmark Cinemas passes and a \$50 gift card** to Applebee's restaurant. Thank you to all of you who submitted your answers and we look forward to your continued participation.

Look in this edition of the NEN for this month's trivia question of the "Did You Know in the Hills?" contest and WIN!



### NHCA STRATEGIC FOCUS AREAS

- Communications
- Community Advocacy
- Community Enhancement
- Membership & Volunteer Engagement
- Fundraising & Events
- Sports & Recreation



### Two Service Sunday Worship at 9:15 & 11:00 am.

Nursery to Grade 4 programming during both services.  
Youth Program (FUEL) at 9:00 am.  
Club 56 for grades 5 & 6 during the 11:00 am service.

**FREE MATH & SCIENCE TUTORING**  
for grades 7 - 11  
**Wednesdays from 3:30 - 5:30 pm**  
starting January 7th, 2015.



Please contact Steve at [steve@hhachurch.com](mailto:steve@hhachurch.com).



### Marriage Course: Tuesday evenings @ 6:30 p.m. Starting in January or February, 2015

The Marriage Course is for any couple who wants to invest in their relationship, whether you have been together 1 or 61 years and whether you have a strong relationship or are struggling.

A relaxed friendly setting, delicious dinner, interesting teaching, opportunity for questions and discussion.

Over seven sessions you will discover practical tools to help you: understand each other's needs; communicate more effectively; grow closer through resolving conflict; heal the ways you've hurt each other; recognize how your upbringing affects your relationship; improve relationships with parents and in-laws and much more.

Email us at: [office@hhachurch.com](mailto:office@hhachurch.com).

**Go to our website for more information on these and other events.**

10099 Harvest Hills Blvd. N.W.  
E-Mail: [office@hhachurch.com](mailto:office@hhachurch.com)

Phone: 403-226-0990  
[www.hhachurch.com](http://www.hhachurch.com)

## Coming Soon: 2015 Spring NHCA Programs

Registration Starts Feb 1



### KIDS' & YOUTH OUTDOOR SOCCER

The season runs Apr 27 – June 26,  
Weekday evenings 6:30 – 7:30 pm (Kids'),  
7:45 – 9:00 pm (Youth)

Games played on local fields  
Uniform (jersey, shorts, and socks) included in fees  
Non-competitive, grassroots, fun soccer  
Ages 3 through 18



### WOMEN'S OR MEN'S OUTDOOR SOCCER

Women's - April 27 – June 26, evenings 8:00–9:00  
Men's - April 27 – Sept 25, evenings 8:00–9:00 pm

Games played on local fields  
Licensed refs, orientation, tech training & team-building event included in fees  
Recreational, fun, intramural community soccer  
Men's; Women's Over 20; Women's Over 30 leagues



### ADULT SLO-PITCH

The season runs: Last week of April thru June,  
Fridays 6:45pm – 9:00 pm

Games played on local diamonds  
Equipment (diamonds, bases, softballs) & winning team trophy included in fees

FOR MORE INFORMATION about any of our programs, please visit our website: [www.northernhills.ab.ca](http://www.northernhills.ab.ca) or email us at: [sports@northernhills.ab.ca](mailto:sports@northernhills.ab.ca)

# Celebrating her seventh anniversary.

## JENNIFER HOWE, AT CHARTWELL SINCE 2007.

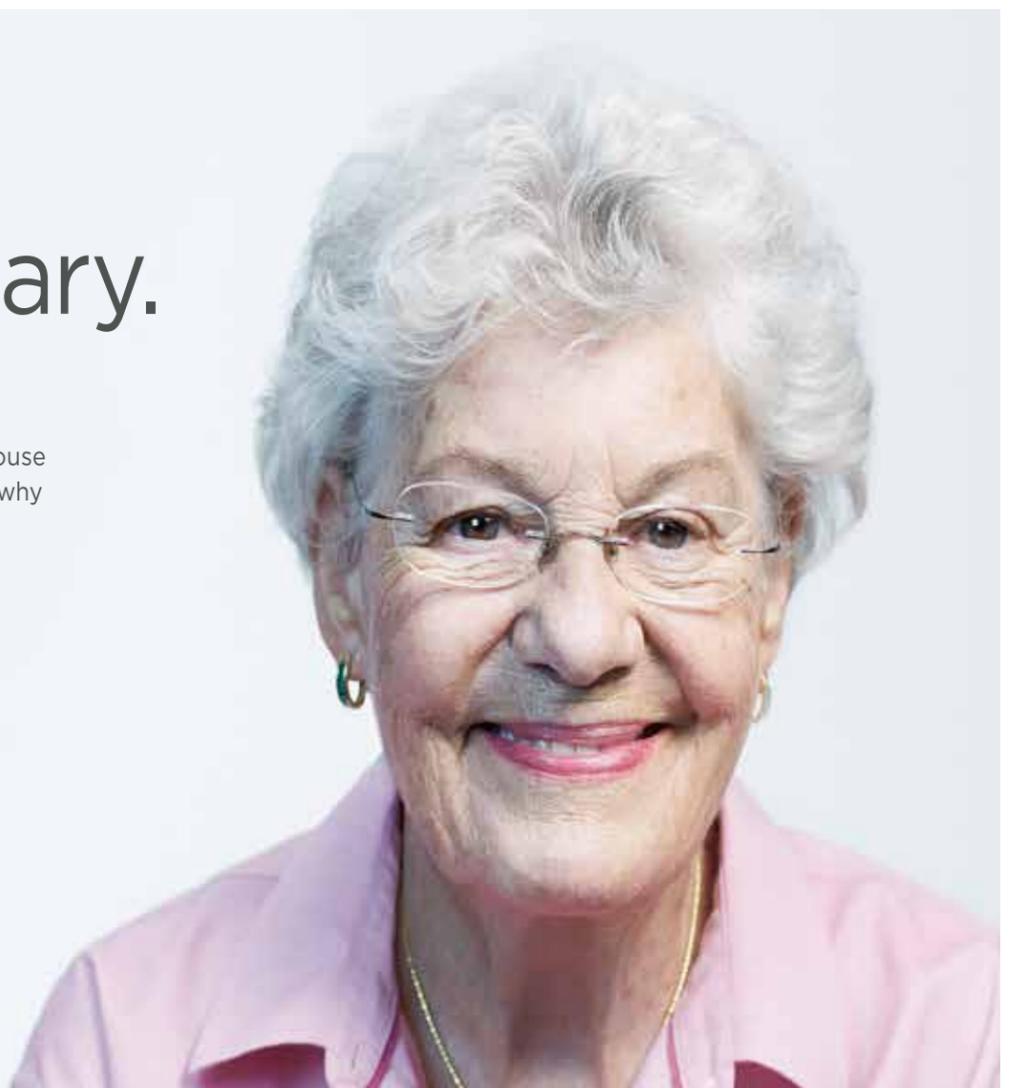
It's been seven years since Jennifer decided to move out of her house and into one of our residences. See the whole story and discover why she chose to write the next chapter at Chartwell.

[CHARTWELL.COM](http://CHARTWELL.COM)



Make us part of your story.

20 Country Village Cove NE, Calgary  
**587-287-3942**



# LIBRARY NEWS

## Programs for January 2015

Register on-line at [www.calgarypubliclibrary.com](http://www.calgarypubliclibrary.com) or call 403-260-2620

**“Turn your imagination into reality at the Country Hills”**

### Stories Times for Babies and Preschoolers of All Ages: Begin in January 2015!

Parent-Child Mother Goose: babies up to 12 months of age with parent / care-giver Registration begins January 8th, 2015!!

- Baby Bookworms for babies 13-23 months with parent / care-giver Registration begins January 7th, 2015!!
- The next session of Toddler Storytimes (A-B-C: You and Me!) will begin in February 2015 but be sure to register January 6th, 2015!

### Snowflakes and Stories

Join us for stories, rhymes and songs celebrating winter! Ages 2 to 5 with a parent/caregiver Monday, Jan. 19 from 7:00 - 7:30 p.m. Registration begins Dec. 30

### Walloping Weather

Join Mad Science to learn about how and why seasons change, weather measurement, the good and bad of UV rays, thunder and lightning and the water cycle. Supported by TD Friends of the Environment. Ages 7 to 12 Monday, Jan. 19 from 4:00 - 5:00 p.m. Registration begins Dec. 30

### CPO in Your Library

Canadian Natural Resources Limited presents Calgary Philharmonic

Orchestra Musicians in concert - classical favourites for all ages! Monday, Jan. 26 from 2:00 - 3:00 p.m. No registration required

### Computer Technology Coaching

Drop in for one-on-one, volunteer help on using the Internet and Microsoft Office products. Wednesdays, Jan. 7 to Apr. 29 from 2:00 - 3:30 p.m. No registration required

### Chess in the Library

Join members of the Calgary Chess Club and Calgary Junior Chess Club for the opportunity to play chess supported by coaching. Children under 12 must be accompanied by a parent or caregiver. Sundays, Jan. 18, Feb. 15, Mar. 15, and Apr. 19 from 1:30 - 4:30 p.m. No registration required

### Welcome to Canada: Accessing Your Social Benefits

Are you new to Canada? Increase your awareness about a variety of social benefits in this information session. In partnership with the Calgary Bridge Foundation, In School Settlement Program. Register by calling 403.999.4509 or 403.777.6074 Ages 18 and up Saturday, Jan. 17 from 1:00 - 3:00 p.m. Registration begins Dec. 22

# Ward 4 Report



### CITYonline: The City of Calgary's official online store

CITYonline is The City of Calgary's official online store with products to serve both the business community and the individual consumer. As a consumer, you can purchase items such as transit passes, recreation passes, books, or tax information using Interac Online, Visa, MasterCard, American Express, or Visa Debit.

CITYonline is committed to continual improvement and values the opinion of our customers. Over the past year, we've introduced new products and payment options to meet the growing needs of Calgarians. With new products and services being added regularly, CITYonline is an online store that offers 24/7 access to what you need, when you need it. CITYonline is also mobile-friendly, making it even quicker and easier to purchase City products on the go!

Visit [calgary.ca/cityonline](http://calgary.ca/cityonline) to start shopping today.

### Recreation Updates from The City of Calgary

*Start the year right and get active!* From annual passes to 'Try it for a Toonie' classes, there are more than 10,000 ways to get active. Visit [calgary.ca/recreation](http://calgary.ca/recreation).

*LEAD - Leadership Empowerment Achieving a Difference.* LEAD is The City's certificate leadership program for youth. Discover how you can make a difference. Grades 7 - 12, visit [calgary.ca](http://calgary.ca) or contact 311 for location and dates.

*Babysitting services at leisure centres.* Don't let childcare stop you

from getting fit. Parents can attend our programs while children visit our Babysitting Room. Advanced booking required. Visit [Calgary.ca/leisurecentres](http://Calgary.ca/leisurecentres).

*2015 has been proclaimed the 'Year of Sport'* - Sport enhances and enriches the lives of Calgarians. See how The City supports sport partnerships and development - [Calgary.ca/Sport](http://Calgary.ca/Sport)

Did you know that in 2015 Shaganappi Golf Course will be celebrating 100 years?

### ASSESSMENT

Assessment will be mailing the 2015 property and business assessment notices on Jan. 5, 2015 to all property and business owners in Calgary. You are encouraged to carefully review your assessment and if you have any questions, to contact Assessment at 403-268-2888 during the Customer Review Period from Jan. 5 to March 6, 2015. Changes to assessed values will only be considered if an inquiry is received during the Customer Review Period.

For more information about the assessment process, visit [calgary.ca/assessment](http://calgary.ca/assessment). To obtain more information and to review and compare your assessment with similar properties in your neighbourhood, visit [calgary.ca/assessmentsearch](http://calgary.ca/assessmentsearch) - you will need a City myID account ([calgary.ca/myID](http://calgary.ca/myID)) to use the secure feature."

## Keeping you up-to-date with Calgary Public Library E-Resources Achieve your Educational and Career Goals

Learning Express is an e-resource with online courses and practice tests. From Elementary school to College, plus professional and personal development, occupation practice tests, English language proficiency, and citizenship preparation. All of this in only one e-resource. With this e-resource from your Calgary Public Library you can:

- \*Improve your reading, writing and math skills to succeed in grade school;
- \*Prepare for college and Grad school with practice exams and tutorials such as SAT, GED, MCAT, LSAD, TOEFL, TOEIC
- \*Improve your general employability with business writing, job search, resume and computer training;
- \*Prepare for your desire career with practice tests and guidance for firefighting, law enforcement and others;
- \*Get ready to become a Canadian or American citizen with exam preparation.

Check this e-resource at Calgary Public Library Website. Registration is easy! All you need is an email address, a username and your Calgary Public Library card!



### COUNTRY HILLS LIBRARY

11950 Country Village Link NE

Hours:

Monday - Thursday 10 a.m. - 9 p.m.  
 Friday & Saturday 10 a.m. - 5 p.m.  
 Sundays (mid-Sept to mid-May) Noon - 5 p.m.

## NHCA STRATEGIC FOCUS AREAS

- Communications
- Community Advocacy
- Community Enhancement
- Membership & Volunteer Engagement
- Fundraising & Events
- Sports & Recreation



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Selling Price	Based on 7/3 Commission	2% Realty™ Commission	Your Savings
\$300,000	\$13,000	\$6,000	<b>\$7,000</b>
\$400,000	\$16,000	\$8,000	<b>\$8,000</b>
\$500,000	\$19,000	\$10,000	<b>\$9,000</b>
\$600,000	\$22,000	\$12,000	<b>\$10,000</b>
\$700,000	\$25,000	\$14,000	<b>\$11,000</b>
\$800,000	\$28,000	\$16,000	<b>\$12,000</b>
\$900,000	\$31,000	\$18,000	<b>\$13,000</b>
\$1,000,000	\$34,000	\$20,000	<b>\$14,000</b>
\$1,500,000	\$49,000	\$30,000	<b>\$19,000</b>

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# GLENN EVANS

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[glenn.evans@2percentrealty.ca](mailto:glenn.evans@2percentrealty.ca)

## Do You Need Help With Financing?



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**Skye McLean - Mortgage Associate**



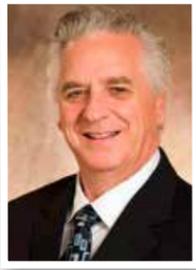
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# A MESSAGE FROM WARD 3

## Happy New Year

I want to wish everyone a prosperous and healthy 2015! I look forward to working with the communities of Northern Hills to address any challenges and opportunities the year may offer.



## 2015 Property Assessment

On January 5th the City will be mailing out the 2015 assessment notices to all property and business owners in Calgary. You are encouraged to carefully review your assessment and if you have questions, please contact the City of Calgary Assessment department at 403-268-2888 during the customer review period which runs from January 5th to March 6th, 2015. Changes to assessed values will only be considered if an appeal is received during the customer review period.

## Harvest Hills Golf Course

I encourage you to visit the Ward 3 website at [www.calgary.ca/ward3](http://www.calgary.ca/ward3) as I will be posting all information related to any proposed changes to the existing golf course site as it is received by my office.

As always, I welcome your calls and emails should you have any questions or concerns specific to the golf course or any other City matters.

Jim Stevenson, Councillor, Ward 3  
[www.calgary.ca/ward3](http://www.calgary.ca/ward3)

# Organized Retail Crime

A message from the Federation of Calgary Communities - Building Safe Communities Program

Have you ever wondered about the too good to be true deal that you see on Kijiji or Ebay? Did you know that for every \$100 you spend on merchandise that \$20 of it goes into loss prevention measures related to theft?

Organized retail crime (ORC) is 'professional' shoplifting done by organized groups of people. Did you know that ORC is the fastest growing method of how criminal enterprises generate revenue to continue illicit activities in North America? Want to learn more?

## Partners in Crime Prevention Workshop:

Organized Retail Crime (ORC) How does ORC affect you and your community? Learn what you can do as consumer, and what programs are available to you a business owner from Cst. Sampson and Cst. Critchley of the Calgary Police Service Crime Prevention Unit.

**Date:** Tuesday January 13<sup>th</sup>, 2015

**Location:** Bridgeland Riverside Community Association 917 Centre Ave NE

**Time:** 7pm-9pm

**Cost:** FREE for all Calgarians



**BUILDING SAFE COMMUNITIES**

Register at <https://calgarycommunities.com/workshops-events/>

Event Listing:  
March 15-17, 2015 – Visit Earth Science for Society (ESfS) at the Big Four Building, Stampede Park for a free, family-friendly, hands-on geoscience exhibition. Includes talks at the Geo-Theatre on Sunday. [esfscanada.com](http://esfscanada.com)

# WHERE SMILES BEGIN!



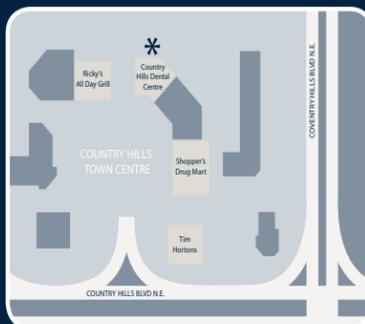
**COUNTRY HILLS DENTAL CENTRE**



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[www.countryhillsdental.com](http://www.countryhillsdental.com)

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[www.nbccalgary.com](http://www.nbccalgary.com)

**(403) 389-6224**

## Crossword puzzle ANSWERS

Puzzle on page 4

SPONSORED BY :  
Chartwell Harbours Retirement Residence.

1	B	A	L	L	O	O	N	S	6	P	A	R	A	D	E
11	A	G	O	V	O	12	I	U	13	P	E	A			
14	N	E	W	B	E	16	G	I	N	N	I	N	17	G	S
Q				18	B	R	O	S	V	19	T	E	E		T
20	U	S	21	A	22	J	A	Y	23	I	F	S	O	25	P
E			26	M	O	O	T	28	P	T	A			29	F
30	T	I	P	S	Y			32	F	R	I	V	O	L	I
								33	L	A	N				R
			34	U	L	D	36	L	A	N	G	37	S	38	Y
40	F		P							41	E	E		42	W
44	R	E	S	O	L	U	T	I	O	N	S			50	O
51	Y			52	H	I			53	O	N	U	S	54	P
			55	C	H	A	M	P	A	G	N	E		58	K
60	A			61	A	R	E	A	S	C			62	T	A
64	D	A	T	E	S			65	T	I	E	S		66	T

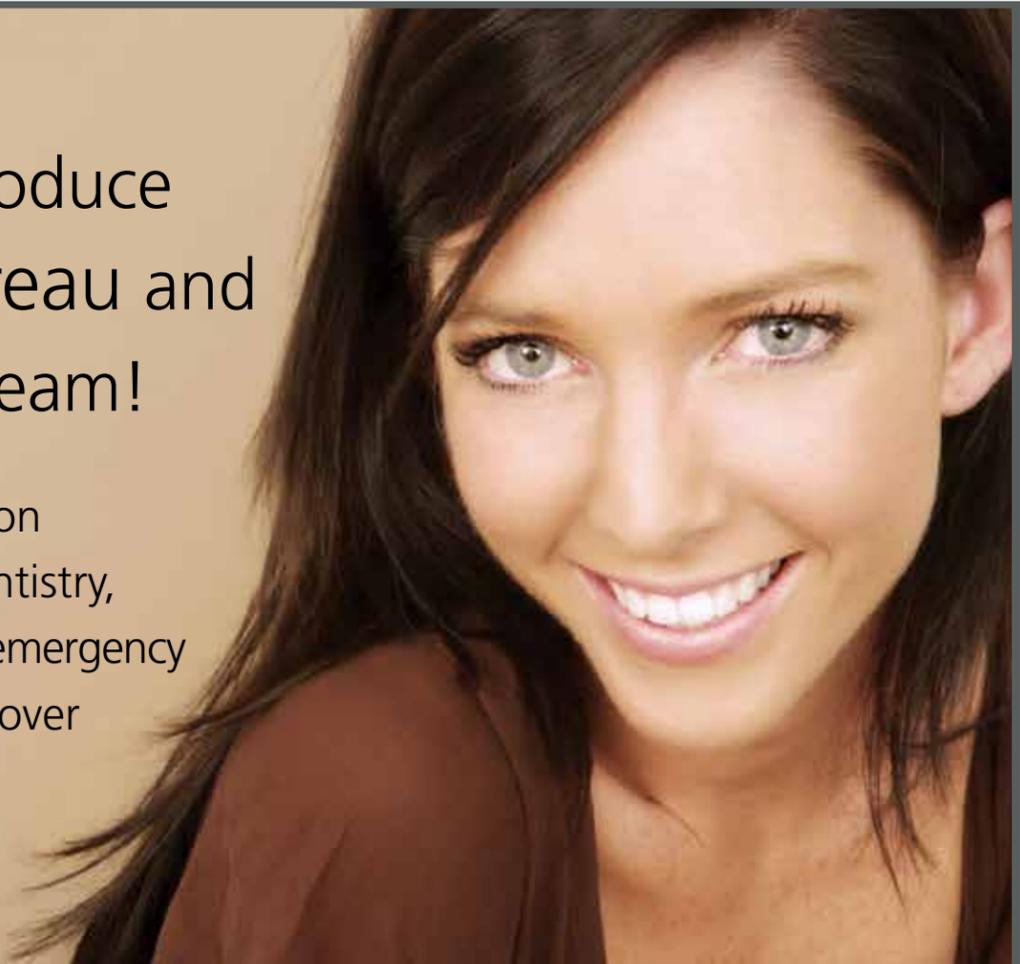
## Sudoku puzzle ANSWERS

Puzzle on page 12

SPONSORED BY :  
Chartwell Harbours Retirement Residence.

4	7	2	6	8	5	3	9	1
9	5	3	1	7	2	8	4	6
6	8	1	9	3	4	5	2	7
2	1	7	5	9	8	4	6	3
5	3	6	4	1	7	2	8	9
8	4	9	2	6	3	1	7	5
7	2	8	3	5	6	9	1	4
3	9	4	7	2	1	6	5	8
1	6	5	8	4	9	7	3	2

Puzzles devised by © Kevin Stone [www.brainbashers.com]



**Dr. Seto** is happy to introduce Dr. Maria Chan-Goudreau and Dr. Tonny Tang to the team!

Dr. Chan-Goudreau's primary focus is on children and comprehensive family dentistry, while Dr. Tang focuses on cosmetic and emergency dentistry. Our new dentists both have over 10 years experience.



*For your convenience we are now offering evening appointments and direct billing to insurance*

Monday: 8am-4pm	Friday: 8am-4pm
Tuesday: 8am-8pm	Saturday: 8am-4pm
Wednesday: 8am-4pm	Sunday: closed
Thursday: 8am-8pm	

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