

NORTHERN HILLS NEWS

September 2020 Fall Issue



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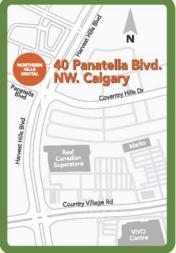


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President's Message Sept 2020



Ian McAnerin
President - Northern Hills
Community Association

Now that summer is coming to an end it is traditionally time to jump back into work and school, though the COVID-19 pandemic has changed a lot of the usual rules this year. The NHCA has been busy this summer finishing up several projects, including our transparency project. You can see our current Bylaws, most recent approved financial statements, and past AGM and Meeting minutes here: http://nhca.ca/transparency/.

September is also back to school time, which is controversial this year because on one hand there are a lot of parents who rely on school to give them time to go to work to support their families, and on the other hand there are parents worried that they are sending their children into danger, a position no parent wants to be in. It is not possible for everyone, but if you can use distance learning, even part of the time, you can help address both problems.

As you can see, the Northern Hills News is still a bit "under construction" as we take the opportunity to experiment with features and format. Some of our plans are very exciting and I'm looking forward to sharing them with you in the next few months.

Our "Local Eyes" local business support initiative is nearing launch and I hope you'll join me in supporting local stores and people as restrictions slowly lift and stuff needs to get done around the home and office. The NHCA is doing it's part by using a local print shop for this issue of the Northern Hills News.

Finally, our regular meetings begin again in September, though probably via Zoom or Teams for the foreseeable future.

See you next month!

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Harvest Hills Garden Update		
Localeyes		
Elected Reps		
Northern Arts and Crafts		
and so much more!		
		-



CHIRORACTOR SHOCKWAVE/LASER CUSTOM ORTHOTICS

403-275-6300 • LOCATED BESIDE SUPERSTORE

Crossword by Myles Mellor

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67	Г	Г	Г	Г			68	Г	Τ	Г		69	Г	Г

Across

- 1. Moo__gai pan
- 4. Spanish lady's title
- 8. Cloud, as glasses
- 13. Mandela's org.
- 14. Exposed
- 15. Fashionable
- 16. Salt Lake City student
- 17. Mountain pool
- **18.** Resolved, with out
- 19. Pays no attention to
- 22. Hawaiian dance
- 23. Not as many
- 24. Japanese paper folding
- 28. Enchant
- 33. Posthumous John Lennon hit
- 35. Plant with healing properties

- **42.** Lost
- 43. Crystal-lined rock
- 44. Optional with a haircut
- 47. Stitches
- **52.** ___ code
- 54. Messaged
- **55.** Doesn't acknowledge a gala hello
- 60. They're armed and dangerous!
- **62.** Undercooked
- 63. Modern address
- 64. Car-radio button
- 65. Stick-to-itiveness
- 66. Miss identification?
- **67.** Great!
- 68. Bricklayers' equipment
- **69.** Ready, ____, go

36. Ignores

Down

- 1. Pampean cowboy
- 2. Performing far and wide
- 3. Peacock feather eyes
- 4. They're sometimes connected
- 5. Colorful fish
- 6. Roman emperor
- 7. Invalidate
- 8. Woodland
- 9. Garbage-can problem
- 10. Bombay and Gordon's
- **11.** "It's no ___!"
- 12. Type of degree
- 15. Center
- 20. Swedish statesman Hammarskjold
- 21. Hunters' needs

- 25. Beard of barley
- **26.** Low
- 27. Mature insects
- 29. Chinese zodiac animal before ox
- 30. Will Smith title role
- 31. Company exec
- 32. Perfect rating
- 34. Tucked away
- **36.** Pops
- **37.** Blonde type
- 38. Indeed
- 39. "Gunsmoke" bartender
- 40. College e-mail address ending
- 41. Bring in

- 45. Tom Canty, in a Mark Twain book
- 46. Planet path
- **48.** "Born in the ____"
- **49.** Nickelodeon staples
- 50. Lobster is one
- **51.** Sharp-pointed instrument
- 53. Jack Sparrow expression, perhaps
- **55.** Dance instructor's call
- **56.** Forward end of an aircraft
- **57.** Poi source
- 58. Hardly suitable for farming
- **59.** Beagles and bunnies
- **60.** Photo ___ (picture-taking sessions)
- **61.** Vineyard in France



cedarglen

NEW HOMES





near your **ESTABLISHÉD ROOTS**

NEW SHOWHOMES OPENING SEPTEMBER 12

Convenient living is right at your fingertips when you build your home in The Parks of Harvest Hills. With easy access to shopping, entertainment, dining and recreation you can enjoy the perks of living in an established area while still reaping the benefits of a newly built home. When you are ready to escape the commotion of city life, hop onto the integrated path network and enjoy the brand new park spaces just minutes from your new home.





the parks of HARVEST HILLS | PAIRED HOMES from the \$460's

MOVE UP HOMES from the \$560's

Volunteer Opportunities

Do you love your community?

Are you looking for ways to become more involved?

There are many ways you can volunteer for your community with the NHCA, from helping out at a community event, working with a team to deliver programs or community initiatives, to taking a leadership role by joining the Board of Directors.

How would you like to help?

Please select the options below for more information.



Casual Volunteer

Do you:

- See fun stuff happening and want to help out?
- Have a few hours now and then available?
- Like helping ensure an event or program happens successfully?
- See an upcoming event that you'd like to help out with?

Project, Events, Programs (PEP) VolunteerDo you:

- Enjoy working with a team to bring project, programs, events to life?
- Love organization and making things happen?
- Have time available on a regular basis?
- Possess a specific skill that you want to share with your community?
- See an existing or potential project, programs, events that you'd like to work with the NHCA to deliver?

Leadership Volunteer

Do you:

- Have a passion for community involvement?
- See yourself as a community leader?
- Desire to bring your skills to a non-profit board?
- See a position on the NHCA Board that is a strong fit for you?

Learn more on our Volunteer page: http://nhca.ca/volunteer/





Design and publishing credit to The UPS Store



Family Resource Network

After 25 years of supporting thousands of vulnerable children, youth and families through its West Central Family Resource Centre, Closer to Home Community Services has opened a **new Family Resource Network in North Central Calgary**.

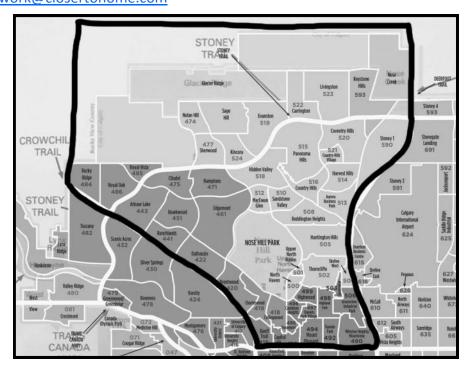
The North Central Family Resource Network (FRN) builds family resiliency by partnering with families to identify challenges, strengths, goals and desired outcomes. The FRN helps families to access community resources, providing information about programs, and removing any barriers to access. The FRN will be a one -stop-shop for families living between Deerfoot Trail and Crowchild Trail, north of 16 Avenue North. Some of the programs offered are:

- -Information and referrals
- -Parenting groups & classes
- -Early learning groups (eg. Mother Goose and play groups)
- -Youth groups and clubs
- -Youth mental health support & programs
- -Afterschool programming
- -Community groups (eg. sewing groups & Women's Group)
- -Intensive in-home support and Home visitation
- -Counselling

During the COVID-19 pandemic, when many families across our city are facing additional stressors such as job loss, social isolation, negative mental health impacts and more, our services – delivered creatively to ensure the health of our community and staff – are more important than ever. Please contact us to learn more about the FRN, tell us about your community, or to access supports. We have a lot of exciting online programs; please contact us for more information and to register! All of our programs are free of charge.

3-176 Bedford Drive NW www.closertohome.com (403) 543-0555

familyresourcenetwork@closertohome.com



NHCA CONTACTS

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NHCA at Vivo

11950 Country Village Link NE

Calgary, AB, T3K 6E3
Tel: 403-226-6422
Fax: 403-226-6421
E: info@nhca.ca

Public Hours:

Mon-Friday: 8:00 am – 4:00 pm Closed on weekends and statutory holidays

STAFF & CONTRACTORS

Executive Director: <u>Yana Soldatenko</u> Finance Manager: <u>Chris Kjelgren</u>

Newsletter Editor and Secretary Assistant

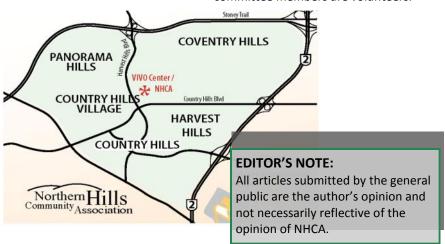
Editor: <u>Heather Hubert</u> Ad Sales: <u>Heather Hubert</u>

Office Assistant and Policy Researcher:

<u>Jiyoung Lee</u>

VOLUNTEERS

The NHCA is a self-funding, non-profit organization. All our board members and committee members are volunteers.



BOARD MEMBERS

President: Ian McAnerin

1st Vice President: <u>Tamara Keller</u> 2nd Vice President: <u>Leah Argao</u> Secretary: <u>Winnie Huang</u>

Treasurer: Vacant

DIRECTORS AT LARGE: Chris Abdalla, Manveer Dhadda,

David Hartwick, Lindsay Lantela, Tara Melhus,

Tavis Settles, Glen Smith, Nancy Yang

COMITTEES:

Accessibility: <u>Chris Abdalla</u> Advocacy: <u>Tamara Keller</u> Arts & Crafts: <u>Lindsay Lantela</u>

At Home in the Hills: Winnie Huang & Samana Zehra

Beautification & Gardens: <u>Tara Melhus</u>, <u>Coventry Garden</u>, and <u>Harvest Garden</u>

Building Safer Communities (Blockwatch): Tavis Settles

Business Development: <u>Ian McAnerin</u> Communications: <u>David Hartwick</u>

Creating Coventry: <u>Tamara Keller & Moraig</u> Government Relations / Advocacy: <u>David Hartwick</u> Harvest Hills Hub: <u>Tamara Keller & Victoria Henry</u>

Membership: Manveer Dhadda

Planning & Development: David Hartwick

Sports & Rinks: <u>Leah Argao</u> and <u>Daniel Sennhauser</u>

Seniors: <u>Leah Argao</u>

SPRY in the Hills: Jay L Emond



What a Wonderful Summer It Has Been!

By Nikki Browne HHHub Committee

The HHHub would like to thank everyone who has joined us for one or more of our events this summer! It was lovely to see faces both new and familiar, and to hear how much these events have been enjoyed by our community. We'd also like to give a special shout out to Andrea and Zoltan Fodor for reapplying epoxy to our custom benches to keep them protected from the elements. Thank you for helping take care of our park!

Online Book, Puzzle and Board Game Swap – Ongoing

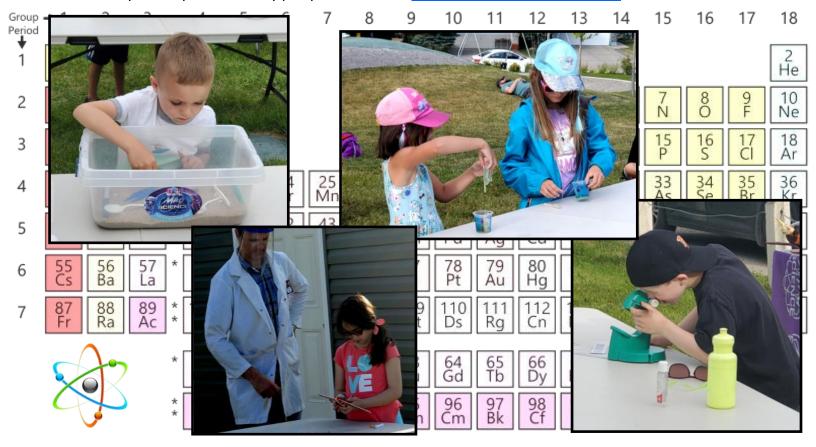
The challenges of this year may have prevented us from hosting our 3rd Annual Book Swap in person, but don't lose hope, we've simply moved it online! Check out our Facebook page for posts about the swap, then simply leave a comment with what free books, puzzles, or games you have available and wait for someone to contact you! The great news about the online swap is that there's no time limit, and we encourage you to keep checking in over the coming months!

Another Great Year of Yoga and Hula Hoop

We were so pleased to be able to bring back last year's fan favourites, Yoga with Lexie, and Hula Hoops with Daniella, and once again they smashed it! Fun, engaging exercise in a beautiful, outdoor venue; what more could you ask for? If this is something you would like to see again next year, let us know! Also, you may be able to sneak in one last Hula Hoop class this year, on September 8th!

Science Camp Success!

We had a fantastic time with the free Mad Science Workshops, and we hope all the kids did too! There are definitely some budding scientists in our community, and we hope everyone (parents included) learned a thing or two! The fun doesn't have to be over though, Microscope Mark has told us that you can book Mad Science for your very own birthday party! Visit them at https://calgary.madscience.org/.



Harvest Hills Garden Update

By Harvest garden Committee

The Harvest Hills community garden would like to thank all of our volunteers this year. Special thanks go out to the Skyview Community Church of the Nazarene who planted our food bank and community beds, as well as the centre flower bed. This great bunch of awesome volunteers have been involved with Harvest Hills Garden for more than 3 years, and once again, they will be actively involved in helping with that harvest of potatoes and beets in September.



If you have yet to visit this beautiful garden by Harvest

Lake, be sure to take a stroll and try to name all of the interesting produces. Two Community beds are actually free for all community residents to take some organic veggies home, if anyone is curious how it tastes! Please be respectful the rest personal and food bank beds and help to keep it growing!

Our garden was fully booked this year with a number of new gardeners wanting to get more involved with where their produce came from. Wanting to do the same in 2021? Watch the NHCA website in April 2021 for registration information.



We're open for play

STAGE 3 REOPENING BEGINS SEPTEMBER 1!



NHCA 'LOCALeyes' update

Summer 2020 is drawing to a close and it is Back-To-School time in the Northern Hills! Although this fall looks a little different than previous years, our community is stronger for having pulled together through Quarantine and Shutdown. Our world got a little smaller with air travel restrictions and borders being closed. Most of us took that as an opportunity to reconnect with family, friends and our local community. The NHCA was involved in initiatives around food security for residents of the Northern Hills while still keeping our Seniors Outreach, Community Gardens and Sports programs available. We also had some fun with our 'Hunt the Hills' Scavenger Hunt this summer! If every cloud truly does have a silver lining, the silver lining of this spring/summer COVID-19 experience was that it refocused us on the importance of community.

In the spirit of community, the NHCA launched the LOCALeyes program in August. LOCALeyes encourages a connection between residents and local businesses recognizing that our local businesses are also our neighbours and friends. The local entrepreneurs and employees are our fellow community members whose



livelihoods were seriously challenged by the Economic Shutdown necessitated by COVID-19. When we make buying decisions about dining out, groceries, back to school items, professional services, etc., we should choose to support our fellow community members. Please consider familiarizing yourself with the NHCA business directory at http://nhca.ca/business-directory/

The NHCA business directory is open to any local business that wants to be listed and is open to you, Northern Hills residents, to find a local supplier as a first choice. If you operate a business that you would like listed, please email us at info@nhca.ca with the subject 'local business'.

By choosing to buy local, we not only support our friends and neighbours, we reduce the use of resources for shipping and travel. It's a win-win-win when we use our LOCALeyes!

Many local businesses also offer exclusive discounts to NHCA members. The list of these discounts is always being updated but you can find the current list at http://nhca.ca/member-discounts/

A membership in the NHCA provides value far beyond the programs you can access; an NHCA membership pays for itself many times over!

We hope you are all safe, watch out for children on the roads and please buy a membership in the NHCA. We support local programs for all ages and your membership gives you access to saving opportunities not available elsewhere. Check out the membership options at: http://nhca.ca/member/

Live Local. Buy Local. LOCALeyes

NHCA Soccer Update and Thank yous!



At a time when restrictions and cancellations of community programs are at an all time high, it is absolutely incredible that the NHCA has been able to deliver a 200+ children's community soccer program. Kids that have had months of inactivity and pent up energy have been able to safely connect with others, learn new skills, got to run and play in our wonderful summer sunshine.

This could not have been possible without the partnership that NHCA has forged with SoccerTech. Several years ago the NHCA began to moved toward a longer vision and a more consistent program delivery. In order to achieve that, SoccerTech has taken the lead to facilitate registration, planning and delivery of the program. Their expertise and voice in the Calgary soccer community has made them one of the few groups still facilitating community soccer programs.

Calgary Minor Soccer and Alberta Soccer Association provided leadership and support to SoccerTech in creating safe protocols and ongoing communication in this every changing environment.

COVID-19 posed some unusual challenges, but with a focus on safety first, this program has been delivered using small cohorts of kids to reduce exposure, strong protocols to control movement on and off the field, continual monitoring and sanitization of equipment. Typically, the program would require many parent volunteers which helps to reduce overhead and keep enrollment costs down, but SoccerTech supplied experienced junior coaches to create consistency and add an additional layer of COVID-19 controls with kid safety being our 1st priority. Many parents have shared how happy they were to have something "kinda normal" for the kids to do this summer and that they were pleased with the level of diligence put in place to limit COVID-19 exposure.

This program would also not have been possible without the help of a handful of volunteer parents that were willing to work within our protocols along with the teams of youth coaches that carefully guided the kids. Special thanks to Kendra Miller, Carolyn/Ken McCutcheon Rebecca McCrimmon, Denise Brown and Baba Oworu.

Despite the hard economic times that many of our local businesses have faced, we were blessed to have Northern Hills Dental step up and provide sponsorship for this program which has helped us adapt to some of the additional costs we faced in our revised program. Having sponsors like Northern Hills Dental continue to give to their local community through sponsorship is a testament to their commitment to their support in ensuring kids have access to affordable, fun and safe play environments. In addition, Tim Hortons continues to support our program with their unwavering commitment to kids at play.

Much thanks to the parents that were willing to stick with us, despite the changes and we look forward to providing you more opportunities like this for your kids in the coming year.









- Strict AHS procedures in place
- Small cohorts
 in a private
 boutique-style
 school setting



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Or
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f



The Community Gardens in Coventry area

By Surinderjit (Stan) Plaha, NCCA President.

The community Gardens in Coventry area are in operation for a few years now. Two years ago these garden beds received major upgrading when North Calgary Cultural Association (NCCA) received a grant of 25,000 dollars under New Horizon for seniors program from the Federal Government of Canada.



NCCA is thankful to NHCA for supporting our application. With that grant we added more garden beds and upgraded all the old ones by using cedar wood instead of simple posts which were rotting away. Most of the work was done by the NCCA and NHCA area volunteers under the Guidance of Community Gardening committee. Now all the beds are in use by various community members along with the NCCA members. NCCA members are taking care of weeding, watering, and mowing the grass along with community members who have signed for the beds. It is a very good initiative by the community garden committee and all the participants who work hard to make the community gardening a success story. North Calgary Cultural Seniors meet once a week on sight to do major work of mowing, weeding, and seeding then all participants take turn on a daily basis to waterbeds, shrubs and fruit trees as required. Big Thanks to NHCA for installing a temporary fence there and hopefully with some funding from other sources this fence can be turned into a permanent fence!

Check In On Your Mental Health, by MPC Foundation

It's been 5 months and counting since our lives have been put on hold by the pandemic. Given the extended interruption, it is prudent to take care not just of our physical health, but mental health too.

A checklist to gauge your general state of mental health is provided by the Canadian Mental Health Association. A sample is printed below. While it is not a substitute for proper diagnosis, it is nevertheless a good catalyst for conversations with your loved ones.

Find out for yourself by answering each statement below with True or False.

Your sense of self

I feel confident about my own opinions

I consider myself to be a good person.

I deserve to feel well.

Your purpose and sense of meaning

I have a sense of purpose and meaning in my life.

I am good at things that matter to me.

I get something out of the things I do.

Belonging

I get along with others, and I feel good about my personal relationships and social interactions.

I feel like I belong.

I have people in my life to support me.

Contribution

I feel useful and productive

I make the world a better place in my own

way

I am making a difference

Hope and enjoyment

I feel good about myself

I like and accept myself.

I usually expect good things will happen.

Resilience

Things are hard sometimes, but I think I deal pretty well.

I know I can't control everything, but I take action where I can.

If you knock me down, I get back up again.

You can find the full checklist on mentalhealthweek.ca/check-in-on-your-mental-health/
For information about our programs and services, visit www.mpcfdn.ca



Score:

If you score more True than False, your mental wellness is in good shape.

If you score more False than True, consider taking action to improve your mental wellness.







Back to school safety



Alberta Health Services EMS would like to remind parents and students about some road safety tips, as roadways become more congested, with the return of the school year. Pedestrians and motorists both have an important role to play road safety is a shared responsibility.

Motorists

- Avoid talking on cell phones, texting, or any other behavior that diverts your attention away from driving;
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner;
- Remember, it is illegal to pass vehicles - other than those that are parked - in school zones or playground zones, during posted hours.

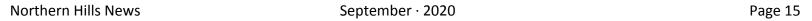
Around school buses

- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise;
- No matter which direction you are coming from, STOP, when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you;
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions;
- Make eye contact with all drivers before crossing the street, and keep distractions to a minimum;
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stor:
- Stay within the crosswalk lines;
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop;
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing;
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

www.albertahealthservices.ca



Sudoku

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Yes, we are OPEN!

Good Vision is about 80% of a child's learning



For healthy eyes

book your eye health check-up with our qualified optometrists.

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403.226.7638

#730, 1110 Panatella Blvd. NW Gates of Panorama Hills Calgary, AB T3K 0S6

403.452.6831

Dr. Monica Jensen-To • Dr. Shauna Chorel Dr. Andrea Quon • Dr. Floria Tse

New and Emergency Patients Welcome

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Answer keys

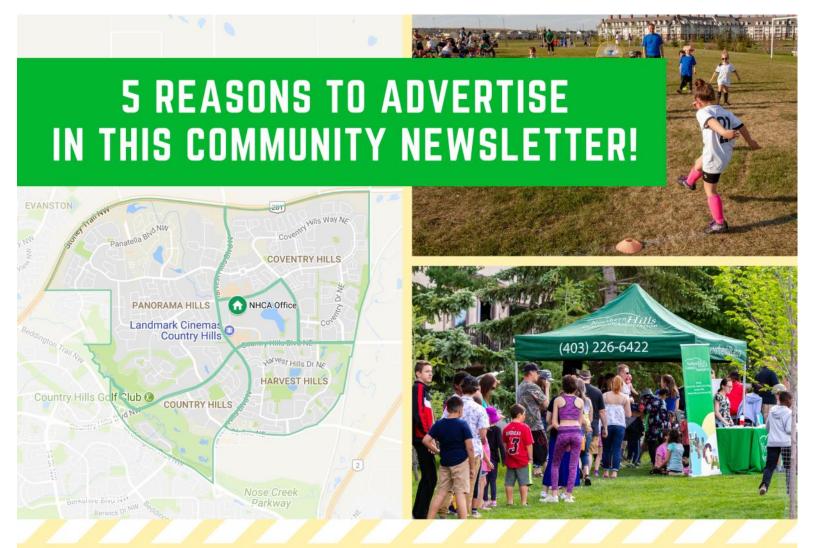


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*Some conditions may apply.

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- Our Official Community newsletter is supported and requested residents of Panorama Hills/Coventry Hills /Harvest Hills/Country Hills and Country Hills Village.
- 2. As a Non-profit All advertising dollars generated make it possible to publish our newsletter and any extra proceeds go right into funding programs and services for our community.
- 3. **High Readership** our newsletter is one of the top requested items by residents so it it highly read and your ad will be seen!
- 4. **Targeted Focus** on the 5 communities of The Northern Hills for reaching your desired audience.
- 5. Cost Effective we keep ad prices low to help businesses reach residents. We also offer amazing business membership packages with perks, discounts and extra exposure for you-contact is for more details marketing@nhca.ca.

CALL HEATHER 403-988-0819 FOR ADVERTISING OPPORTUNITIES



Muhammad Yassen Calgary-North MLA

Welcome back students and teachers! trust you had a relaxing Summer and are ready to start a productive school year of learning. As students return to school, several new measures are being put in place for their safety. Each school will implement public health measures, including frequent cleaning of surfaces, introducing hand sanitizers to classroom entrances, grouping students in cohorts and adjusting schedules to allow for physical distancing. To prepare for these changes, resources are available at alberta.ca/return to school.

Seniors and Housing have appointed experts to an independent panel to conduct a review that will provide recommendations to transform affordable housing. The panel's report will be submitted to Hon. Pon, Minister, Seniors and Housing, by September 30th.

Financial support will assist nearly 3,300 unemployed apprenticeships continue their apprenticeship training. Eligible apprentices under the Apprentice Training Award will receive \$1,500. during their classroom instruction period. For more information, please visit https://www.alberta.ca/release.cfm?xID=7283371195B18-B68C-81EA-017BC3E23B326DD2.

This year has presented some exceptional challenges to our communities. As we work to re-open the economy, Alberta's government is also looking to our long-term economic recovery. Alberta's Recovery Plan is a bold series of policies that will support our economic future by introducing job-creating measures, building critical infrastructure and diversifying the economy. For more details on Alberta's plan for the economy, please visit alberta.ca/recoveryplan.

A new post-secondary award supports veterans as they transition from service to new careers. This new \$5,000 award supports Albertans who have served our country and wish to pursue a post-secondary education. The award is dedicated to Alex Decoteau who became Canada's first Indigenous police officer in 1909.

I want to thank my constituents who have reached out to me. Please know that I am available to meet in person and/or phone at your convenience. As always, it is my great honour to serve as your MLA.

Muhammad Yassen Calagry North MLA

calgary.north@assembly.ab.ca 403.274.1931 104, 200 Country Hills Landing NW Calgary AB T3K 5P3



Jyoti Gondek City of Calgary –Ward 3 Councillor

At the last Council meeting before summer break, Council approved the 35 recommendations put forward by the Financial Task Force. This task force was comprised of Calgarians with professional and academic expertise in finance and economics. These volunteers met on a regular basis to determine what is and isn't working in our financial forecasting and budgeting processes. Here is a link to their final report that outlines all 35 recommendations: https://www.calgary.ca/cfod/financial-task-force.html

Some of these recommendations are great and there are others which I don't completely agree with. But I accepted the report in its entirety because I respect the expertise of the task force members. I also chose to focus on #1, #4, #10, #13, #19, #20, #21, #23, #27, #28, #31, #33 and #34. Essentially, these recommendations focus on spending, stability, economic reality, equity, predictability and transparency.

I further took the advice of the experts from the task force and created two motions that would allow us to better inform our budget process and also address vacancy rates in the downtown. My colleagues overwhelmingly supported my two motions because they are responsible ways to address our dire economic circumstances.

Motion one allows Council to see the absolute value of the taxes estimated to be collected from all property classes. To date, we have not received this information during budget season. Rather, Administration has acted on historic instructions to take the operating budget and distribute it between property classes. The motion calls for Council to receive information on revenue projections prior to setting an operating budget that then fits those projections.

Motion two was to leverage the expertise of commercial real estate sector professionals to understand their reality in trying to fill downtown vacancies, and gain their insights into how Calgary can future-fit its existing properties for a more diverse economy.

I'll leave you with this from Recommendation #10: "...Task Force members emphasize the vital role of spending discipline for achieving long-term fiscal sustainability." Why would I vote against that?

Jyoti Gondek City of Calgary – Ward 3 Councillor

Community Contact: Ally Bates Telephone: 403-268-4854



Honourable Michelle Rempel Garner, M.P. Calgary - Nose Hill

In March, the federal government decided to suspend Parliament until September. This was in response to the rapid pace at which the pandemic was unfolding and in the interest of safety. Since that time, Conservative opposition members and I have pushed for a return to normal functionality of Parliament. This is vital to not only hold the government accountable but to also propose motions and legislation on behalf of all Canadians. For the past six months, the government and other opposition parties have prevented the return to a fully functioning Parliament. I expect, along with Canadians, that Parliament will return soon and we can continue our vital role as MPs.

The importance of resuming Parliament and bringing transparency back for Canadians is currently on full display as the Prime Minister is once again under investigation by the Ethics Commissioner for his involvement regarding the WE charity scandal. In June, the government announced that the international organization, known as the WE Charity would be responsible for administering the Student Service Grant program. This \$900 million dollar agreement has led to another Ethics Investigation for the Prime Minister and the Minister of Finance. In fact, thanks to Opposition pressure and media reporting, the Minister of Finance has already paid back more than \$40,000 in illegal travel costs. Canadians need answers about how their money is being spent and if any further laws have been broken. What we know is that the Prime Minister's government selected an organization that has extremely close ties with his family which includes financial compensation for both his mother and brother for past appearances at events hosted by the charity. During committee testimony in July it was revealed that the WE charity also has paid for the Prime Minister's mothers travel expenses. Regardless of your political affiliation, this unfolding scandal highlights the need for oversight, and the need for the government to be held accountable for how they are spending your money. Furthermore, students who were desperately relying on this program have been left in limbo as a result. It is clear that Parliament must return so we can get answers for taxpayers.

Rest assured that I will continue to hold the government to account for all their pandemic decisions and their lack of response to Alberta's continued jobs crisis. I will ensure that Albertans' voices continue to be heard. Now, it is more important than ever that the government fights for Albertans and that our community has its voice at the forefront of decision making. I will not stop fighting. As always please do not hesitate to contact me with your thoughts or concerns on any issue.

The Hon. Michelle Rempel Garner, P.C., M.P. Calgary Nose Hill

Michelle.Rempel@parl.gc.ca 403-216-7777 115 - 70 Country Hills Landing N.W. T3K2L2



Rajan Sawhney MLA for Calgary-North East, Minister of Community and Social Services

Dear friends and neighbours,

It has been nearly six months since the COVID-19 pandemic arrived in Alberta and in that time, a lot has changed in our habits and daily lives. Thank you to everyone in our community for your continued hard work throughout 2020 to control the spread of COVID-19. Each of us has the tools to keep each other safe, and I encourage everyone to continue practicing physical distancing and good hand hygiene.

This month, students, teachers and staff in our community will be returning to the classroom with enhanced health safety measures. A comprehensive plan was provided to school boards in July to ensure there is enough time to put new health measures in place. While school may feel a little different at first, these measures will allow a safe, near-normal return to class. The implementation of public health measures include: frequent cleaning of surfaces, hand sanitizer at classroom entrances, grouping students in cohorts, and adjusting schedules to allow for greater physical distancing. To prepare for these changes, resources are available for parents at: https://bit.ly/2Ymsysm

As we work to re-open the economy, Alberta's government is also looking to our long-term economic recovery. Alberta's Recovery Plan is a bold series of policies that will support our economic future by introducing job-creating measures, build our critical infrastructure, and diversify the economy. For more details visit <u>alberta.ca/recoveryplan</u>.

In these hard times, it is critical that we protect the vulnerable which is why last month it was announced that Alberta's government will be investing an additional \$48 million to continue providing support for the homeless population. The funding will ensure expanded shelters across the province continue to provide a safe and healthy place for those in need. The grant also allows for shelter operators to provide facilities for self-isolation and care in safe spaces to prevent contagion of COVID-19. These services remain essential to ensuring people struggling with homelessness can shelter in place, access resources, and receive the health supports they need.

Thank you for your resilience throughout these difficult times. As always, it is my honour to serve as your MLA.
Sincerely,

Rajan Sawhney
MLA for Calgary – North East
Minister of Community and Social Services
Proudly Serving the Communities of Livingston, Harvest Hills, Coventry Hills, Skyview Ranch, Redstone,
Cornerstone and Cityscape

The New Normal Community Art Gallery

By Northern Arts & Crafts



Covid-19 bringing you down? Want to bring a smile to your neighbours? We are all trying to stay at home as much as we can and sometimes it is hard!

That's why we came up with a brand new and exciting project for all the community to participate, The New Normal Community Art Gallery, where we make our community a giant art gallery!

Every 3 weeks we will be posting a new theme. Your job is to use that theme to decorate and create a display on your property. It can be a painting displayed in your window, it can be a chalk drawing on the sidewalk, it could be a sculpture hanging in your tree, it can be whatever you can imagine!

(We will also have inspiration posts throughout the week if you need ideas. Then,) simply take 2 pictures of your art display and send them and your street address. We are creating a Google map with streets of active displays so people can explore and see your amazing work!

The day we announce the next theme we will be doing a raffle amongst all the previous participants.

Some important things to know:

- Your decoration has to be theme related and made by you The decoration has to be visible from the street. You can decorate the front yard, porch, front door, front window, etc.
- We will be posting updates, inspiration, dead lines and all other information on our facebook page:
- facebook.com/northernhillsarts/ To submit your creation just send us 2 photos with the name of your street (no house # needed) at: arts@nhca.ca

In order to be included in the raffle your need to be participating in the current theme (there is a different prize every 3 weeks) You need to live within the Northern Hills community (Coventry Hills, Country Hills, Country Hills, or Harvest Hills)

(If you have a crafting site, blog or page that you think it could be useful to help somebody with ideas and tips send it to us and we will publish it on our facebook page! If you are interested in sponsoring a prize for the raffle please email us at arts@nhca.ca!)

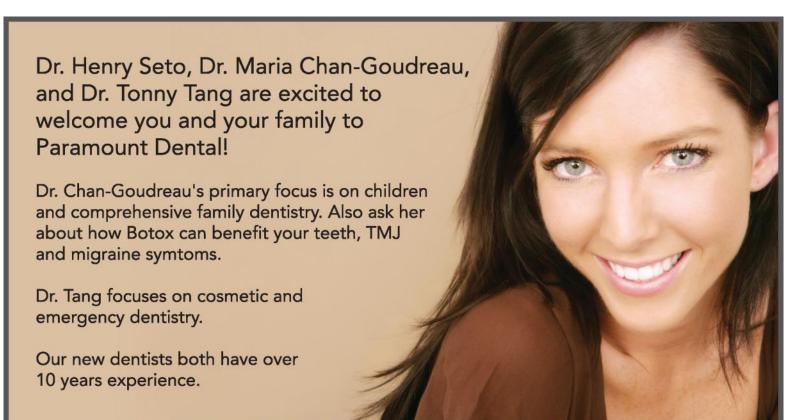
Current theme: Our beautiful garden!

Submit your decoration before
September 23rd 2020
Add your street to our community
gallery!
For more information:

f /northernhillsarts

Let's have fun at home!

Let's get creative and make our community more beautiful! Let's have fun at home!





For your convenience we are now offering evening appointments and direct billing to insurance

Monday: 8am–4pm
Tuesday: 8am–8pm
Wednesday: 8am–4pm
Thursday: 8am–8pm
Friday: 8am–4pm
Saturday: 8am–4pm
Sunday: closed

Coventry Hills Plaza 217, 130 Country Village Rd NE Calgary, AB T3K 6B8



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