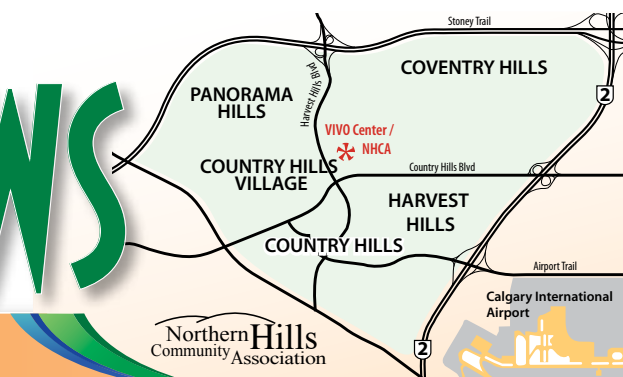


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NORTHERN HILLS NEWS



Country Hills • Country Hills Village • Coventry Hills • Harvest Hills • Panorama Hills

Official Newsletter of the Northern Hills Community Association ❖ www.nhca.ca [Facebook] [Instagram] @northernhillscalgary [Twitter] @northernhills

Northern Lights Contest: The Winners!

It has been another beautiful year of Christmas lights and decorations for our communities and another exciting year for the annual NHCA Northern Lights Contest!

We would like to thank all contest participants for their entries, and all residents of the Northern Hills who put up lights and decorated our community during the 2018-19 holiday season.

From the entries, the NHCA is pleased to announce the following best-dressed homes for the holidays:

THE WINNERS

First place: 11930 Coventry Hills Way NE, winning the grand prize of \$200 in Applebee's gift cards!

Second place: 107 Panora Square NW, winning \$150 in Applebee's gift cards

Third place: 208 Harvest Gold Heights NE, winning \$100 in Applebee's gift cards

Fourth place: 134 Harvest Glen Way NE, winning \$50 in Applebee's gift cards

NOMINATORS:

From this year's random draw our 6 nominators are Ade Onas, Jen Sheltens, Barry Little, Nurbanu Samji, Sarah Malahias, Ken and Linda-Lou Oelke, each receive \$50 in Applebee's gift cards.

Congratulations to all the winners, and we hope everyone joins again in next year's contest!

This much-loved community contest has been sponsored by Applebee's Northpointe again this year. Please help us to thank them for their continued generosity and community spirit by saying "Thanks!" next time you visit.

Don't forget – they are also an NHCA Member Discount partner! Show your valid NHCA Membership card and you can get 15% off your bill (dine in only; excludes alcohol, "2 Can Dine For" and Early Bird specials). So, why not renew your membership today?



▲ **First place:**
11930 Coventry Hills Way NE

▶ **Second place:**
107 Panora Square

▼ **Third place:**
208 Harvest Gold Heights NE



Fourth place:
134 Harvest Glen Way NE

Quick Facts about NHCA

Newsletter Articles

Do you like to write articles, share your stories, or take interviews? Northern Hills News is a community newsletter and we encourage residents to take part in it!

It is a great opportunity for school & university students to get a real writing experience!

Interested?
Contact our Engagement Coordinator via engage@nhca.ca

- EVENTS & PROGRAMS CALENDAR 6
- ELECTION 7
- INTERVIEW 9
- HHHUB & GEN H 10
- ELECTED REPS 11
- SPRING OUTDOOR SOCCER 13

this month
WHAT'S INSIDE

FREE ICE CREAM ON PAGE 8



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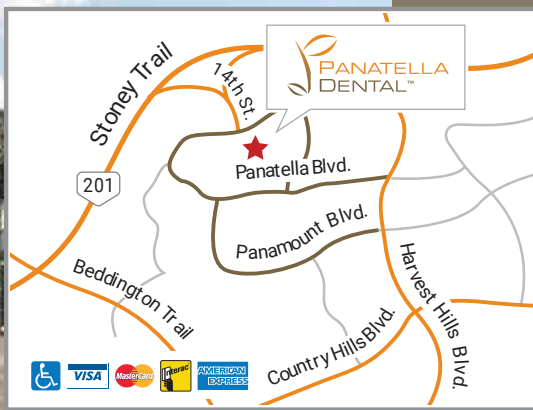
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Community Association Notes



From the Executive

It is hard to believe that this April will be the end of my 2-year term as President of the NHCA board. I look forward to continuing to serve on the board as a director and volunteer but won't be looking to renew my position as president at the April AGM. I am a big believer that change is a good thing and having refreshed and renewed energy will continue to ensure that the NHCA is responsive and serves the community. This means the board is beginning the hunt for someone that will be interested in taking on the role of President effective this April. With all honesty ..experience doesn't matter as long as you have the willingness to learn, listen and be decisive. The board operates as a team and we do what we can with the resources we have at our disposal. The last couple years we have



taken on some very aggressive projects as we have had the volunteers willing to take the lead and board's role has been primarily to provide direction and support. Each new board has different objectives but at the heart of it is the delivery some of our primary annual events and services such as Community Clean Up, Kids soccer program, Community Newsletter, Neighbour Day etc. Serving the community as President is an amazing opportunity to meet and make friends, learn about your community, grow as a leader and have a say in ways we can make incremental improvements to our programming. If this is something you have ever thought about doing, I would encourage you reach out to the board or come to a board meeting to learn more about how you can make a difference in your community.

Leah Argao
President
Northern Hills
Community Association

Volunteer Opportunities

Happy snow days,

We finally got some snow in the city! Yay! It is time to enjoy outdoor winter activities to the fullest. We have a couple of upcoming events and volunteer opportunities at them.

- Winter SkateTacular – Sun, February 10th
- Break A LEGO – Mon, February 18th

Contact Yana (engage@nhca.ca) or 403-226-6422 to get involved or to learn more about them.

Consider joining some of our committee groups and their initiatives:

Ice Rink Builder Volunteer

Do you like to go ice skating and play some games on ice? Did you know we have two ice rinks in the Northern Hills? We have a small but very committed team of volunteers who make these rinks possible! They built and maintain the



Continued on page 5

NHCA CONTACTS

NHCA OFFICE:

NHCA at Vivo
11950 Country Village Link NE
Calgary, AB, T3K 6E3

Tel: 403-226-6422
Fax: 403-226-6421
E: info@nhca.ca

Monday to Friday: 10 am – 3 pm |
Closed on weekends and statutory
holidays

STAFF & CONTRACTORS

Ad Sales: Heather Hubert
(marketing@nhca.ca)
Administrator: COMING SOON
(admin@nhca.ca)
Bookkeeper: COMING SOON
Engagement Coordinator:
Yana Soldatenko (engage@nhca.ca)
SoccerTech: Heather Lipper
(info@soccertech.ca)
Newsletter Publishing: Duane
Thomson at Keyline Publishing

VOLUNTEERS

The NHCA is a self-funding, non-profit organization. All our board members and committee members are volunteers.

BOARD MEMBERS

President: Leah Argao
(president@nhca.ca)
1st Vice President: David Hartwick
(1vp@nhca.ca)
2nd Vice President: Jessie Leighton
(2vp@nhca.ca)
Secretary: Simon Cheng
(secretary@nhca.ca)
Treasurer: Jeannette Lee
(treasurer@nhca.ca)
Directors at Large: Ian McAnerin,
Laura Hack, Winnie Huang,
Lindsay Lantela, Brad Huebert,
Josh Chilton, Tamara Keller,
Tavis Settles.

COMMITTEES

Adult Slopitch: Neil Meyer
(slopitch@nhca.ca)
Advocacy and Building Safer
Communities (Blockwatch): Tavis
Settles (advocacy@nhca.ca)

Arts & Crafts: Muzna Amin
(arts@nhca.ca)
At Home in the Hills: Winnie Huang
(ahih@nhca.ca)
Beautification & Community
Enhancement: VACANT –
contact our Engagement Coordinator
(engage@nhca.ca)!
Business Development: Ian McAnerin
(business@nhca.ca)
Community Gardens: Jon Berlie
(garden@nhca.ca)
Coventry Garden: Sarah White
(coventrygarden@nhca.ca)
Harvest Hills Hub: Victoria Henry,
Meghan Keating & Sarah Brazeau
(HarvestHillsHub@hotmail.com)
Harvest Garden: Melissa Duong
(harvestgarden@nhca.ca)
Creating Coventry:
Moraig McCabe & Tracey Martin
(creatingcoventry@gmail.com)
Events: Lindsay Lantela
(events@nhca.ca)
Finance: Jeannette Lee
(treasurer@nhca.ca)

Membership: Ian McAnerin
(membership@nhca.ca)
Newsletter Editor: Annie Udofia
(editor@nhca.ca)
Northern Hills Connect: Ian McAnerin
(northernhillsconnect.com/contact/)
Northern Hills Mural: Laura Hack
(mural@nhca.ca)
Planning: Jeannette Lee
(planning@nhca.ca)
Rinks: Daniel Sennhauser
(rinks@nhca.ca)
Sports: VACANT - contact our
Engagement Coordinator
(engage@nhca.ca)!
SPRY in the Hills: J-L Emond & committee
(seniors@nhca.ca)
Vivo Rep: Jessie Leighton (2vp@nhca.ca)
Volunteers: VACANT – contact our
Engagement Coordinator
(engage@nhca.ca)!
EDITOR'S NOTE:
**All articles submitted by the
general public are the author's
opinion and not necessarily
reflective of the opinion of NHCA.**

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CROSSWORD

Answers on page 14

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21						22				
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59	60	61			62						63			
64					65						66			
67					68						69			

- ACROSS**
- Applies lightly
 - Become troublesome
 - Not many
 - Bermuda for one
 - Actor Claude ____
 - Celebration
 - Colorado resort
 - Native American tents
 - Handicap
 - Fruity dessert
 - Pair
 - Nigerian monetary unit
 - Stretch out
 - Pub order
 - Proof you were elsewhere, in CSI
 - Pink Floyd song
 - Mo.
 - Fruity small nations
 - 18-wheeler
 - Physician and Vet, for example
 - Chinese fruit
 - Amusing tale
 - Moving engine part
 - Narrow ridge
 - Transgression
 - Chose only the preferred items
 - Bean type
 - Noted wine valley
 - Off __ the wild blue yonder
 - Overdue
 - Foreshadow
 - Shade

- DOWN**
- Hot woman singer
 - As soon as possible
 - Radar screen image
 - Persuade
 - Cunning
 - Capital near Alexandria
 - Native American tent
 - Single component
 - "Hey you!"
 - Old Greek markets
 - Pet rocks, for example
 - Old word for old age
 - Befell
 - Astronomer Hubble
 - Coast Guard rank, for short
 - Criminally charge
 - Resound
 - Inverse trig function
 - Native born Israelis
 - Lamentation
 - Impostor
 - Atty group
 - Checker
 - Troublemakers
 - Rumanian penny
 - Quick pace
 - Tumult
 - Small pancakes
 - Grafton's " __ for Lawless"
 - Noisy insect

- 'Doo' follower
- '12 Days of Christmas' musicians
- Egg cream ingredient
- Enthusiasm
- Gigolo
- Latvia capital
- Quote as authority
- Contract
- Mount __ (volcano)
- Go with I's
- Gasp while weeping
- Be in hock
- Still

Watch for your 2019 Property Assessment Notice

By The City of Calgary

Assessment notices are now available. The City of Calgary mailed the notices on Jan.3, 2019 and they are also available online. The information contained in these assessment notices will be used to prepare the 2019 property tax bills. You can check, review and compare your notice online. Plus, sign up for Notices.

Customer Review Period (Jan. 3 - March 12, 2019)
If you have any questions about

your property assessment, contact Assessment at 403-268-2888 during the Customer Review Period on now until March 12, 2019.

Visit calgary.ca/assessment to get more information, access Assessment Search, and sign up for paperless eNotices. By logging into Assessment Search, you can review your assessment, compare it to other similar properties and more.



"Did You Know In the Hills?" Contest!

This month's trivia question is:

When is the official Grand Opening of the Harvest Hills Hub?

Please send your answer, the article title and page number, along with your name and contact information to: editor@nhca.ca. Our winners will receive a Vivo family day pass!

* Only current NHCA members will be entered in the draw; you can purchase or renew your membership online at nhca.ca/membership.

The winner of the "Did You Know in the Hills?" trivia question for the month of January is: **Cristina Sabau, Congratulations!** The answer to January's trivia question was "Panorama Hills". The answer is found in the January 2019 Northern Hills News edition under the article titled What I Have Learned About Making Ice Rinks on page 5. Thank you to all of you who submitted your answers, and we look forward to your continued participation.

Thank you to the lovely people at Vivo for sponsoring our contest!



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Volunteer Opportunities

- Continued from page 3

rinks throughout the season. Would you like to help them out? We are looking for 2-3 individuals who enjoy working outside and are not bothered by cold! Contact Daniel (rinks@nhca.ca) for more information.

Event Management Team

Do you like to plan and design events? We are looking for 3-4 volunteers who would like to be part of NHCA's Event Management Team, which will be planning, organizing and delivering NHCA's big events, such as Community Clean-up, Neighbour Day, Annual General Meeting (AGM), etc. It is a great chance to meet new people and get to know Northern Hills residents and local businesses. Interested? Contact Lindsay events@nhca.ca to get involved or to learn more about it.

Assistant Editor

Do you read this newspaper every month? Have you thought about joining the editorial team? You can be part of this community project! Besides you are more than welcome to write about something fun and interesting in the community. Contact our engagement coordinator - Yana (engage@nhca.ca) to get involved or to learn more about it.

At Home in the Hills (AHIH)

AHII began as an initiative to help new immigrants settle in the Northern Hills communities and has evolved to meet the needs of our neighbourhood. Our vision is to facilitate grassroots approach to foster strong neighborly connections and promote inclusive, diverse, sociable and more friendly neighbourhoods within Northern Hills. We are actively seeking to fill the following four volunteer positions for our 2019 year:



- 1) **2019 TAX CLINIC VOLUNTEER LEADS** **Urgently required**
Deadline: Feb. 15, 2019

We are piloting NHCA's first Community Volunteer Income Tax Program (CVITP), and are looking for 3-4 shift leaders! We're looking for Lead Volunteers whom are knowledgeable in tax and accounting principles, experienced in income tax filing, and have some supervisory or/and management experience. You will be a primary point of contact, assist in supervising general Tax Clinic volunteers, as well as perform tax filing and client servicing on shift. This is an excellent chance for you to give back to the community by sharing your skills and knowledge. Let's build an accessible, collaborative, and accountable community together!

Commitment required:

- Approx. 10 hours per month throughout organizing period January-February 2019
- At least 10 hours per month over March and April 2019 tax season

- 2) **2019 COMMUNITY TAX CLINIC VOLUNTEERS (GENERAL)**

Deadline: Feb. 15, 2019

Do you want to help others in your community and get service filing experience? Volunteer with NHCA's first Community Volunteer Income Tax Program (CVITP) clinic! We are looking for 4-5 volunteers. General Volunteers will work in a variety of roles including intake, client relations, and filing. All volunteers are expected

to have familiarity with using a computer and are able to keep a professional and confidential demeanor. No experience required, volunteers will receive training and support prior and during clinic.

Commitment required:

- Attendance of training session (approx. 2 hours)
- Minimum of 10 hours during clinic service from beginning of March to end of April

- 3) **PROGRAM/EVENT TEAM MEMBERS** - Ongoing Recruitment

Do you have an interest in facilitating community outreach, engagement, and plurality? This is a call out for those who love to organize events, social gatherings, and bring community together. As a program/event team member, you will contribute to ideating, organizing, setting up, and managing various events and program sessions. We are looking for 3-4 volunteers to build up a team for our programs and events.

Commitment required:

Approx. 8-10 hrs/month, depending on the project's schedule.

- 4) **TECH COORDINATOR** - Ongoing Recruitment

We're looking for a volunteer who is tech savvy to organize and create user-friendly, accessible, forward-thinking visualizations and tech-based tools with a goal to connect our community's newcomers with accessible and necessary information and resources. Basic knowledge in web coding, and an interest in information management, user experience, and tech accessibility is preferred.

Commitment required:

Approx. 5-10 hrs/month, depending on the project's timeline.

If you are interested in any of the roles listed above or have any questions, please contact us at ahih@nhca.ca, we are looking forward to working with you!

Creating Coventry

We are looking for 3-4 volunteers to help us with the Project #2 - Five Southeast Coventry Parks. The Project #1 - Full Size Basketball Court & Outdoor Rink is at its fundraising stage. There's a lot going on behind the scenes! If you would like to get involved, by helping with the planning, door knocking to do the line of sight survey, fundraising, or anything else, we would love your help! Please get in touch with Moraig via creating-coventry@gmail.com or Yana at NHCA via engage@nhca.ca. If you are on Facebook, you can also message us directly via the Creating Coventry page: www.facebook.com/creatingcoventry



Harvest Hills Hub

The Harvest Hills Hub is a local initiative to bring activity and connection to our neighbourhood. We do this through events and meetups at our outdoor park space located at 178 Harvest Glen Way, NE. Our committee is currently looking for:



EVENTS COORDINATOR: will connect with local resources and contacts (NHCA, City of Calgary, local businesses) to assist our Event Leaders in planning and hosting events.

SCHEDULING COORDINATOR: will manage intake of event request forms and update our online calendar with events and meetings.

Time commitment for both positions: 4-10 hours a month in the Spring/Summer and 1-4 hours a month in the Fall/Winter. In addition, we meet once a month in the evening to collaborate.

Got a great idea for the Hub? We are also looking for Event Leaders: members of the public who wish to host a specific event at our outdoor

park space with help from our committee.

Please consider applying for a committee position or becoming an Event Leader by emailing Victoria and Sarah at HarvestHillsHub@hotmail.com. Check us out at www.hhhub.ca and www.Facebook.com/HarvestHillsHub for more details about upcoming events and opportunities for connection.



FOLLOW US



@NorthernHillsCalgary @NorthernHills



252 Covington PI NE

3 BEDS 1 BATH
3 level split home on a cul de sac, new hardwood flooring, large south facing yard, large double detached garage



47 Covington Rise NE

3 BEDS 2 BATHS 1350 SQ FT
Stainless steel appliances, gas fireplace in family room, den, office, double detached garage



306 Covecreek Circle NE

2 BEDS 2 FULL BATHS
Townhouse condo, single attached garage, granite in kitchen & bathrooms



274 Panamount Crt NW

5 BEDS 3.5 BATHS 2290 SQ FT
Brand new build from foundation up, bonus rm, den, office, large pie lot, backs onto greenspace



4203 - 31 Country Village Manor NE

1 BED 1 BATH 575 SQ FT
Amazing condo location, stainless steel appliances, one titled parking space, in suite laundry



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Dates

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
		2:30 – 4:30pm SPRY Fit-2-Age @ Play Lab, Vivo		2:30 – 4:30pm SPRY Fit-2-Age @ Play Lab, Vivo		
10	11	12	13	14	15	16
1:00 – 3:00pm Winter SkateTacular @ 400 Panamont Blvd NW		2:30 – 4:30pm SPRY Fit-2-Age @ Play Lab, Vivo		2:30 – 4:30pm SPRY Fit-2-Age @ Play Lab, Vivo		
17	18	19	20	21	22	23
	10:00am – Noon Break A LEGO @ Mainstreet, Vivo	2:30 – 4:30pm SPRY Fit-2-Age @ Play Lab, Vivo		2:30 – 4:30pm SPRY Fit-2-Age @ Play Lab, Vivo		
24	25	26	27	28		
		2:30 – 4:30pm SPRY Fit-2-Age @ Play Lab, Vivo	6:00 – 6:30pm Social Juncture with NHCA Team @ Idea Lab Vivo	2:30 – 4:30pm SPRY Fit-2-Age @ Play Lab, Vivo		

EVENTS

Find more information about our events and programs here nhca.ca/calendar/ or scanning the QR code:



Social Juncture with the NHCA Team

Every 4th Wednesday of the month
* Except July, August, and December
Come in and meet the NHCA team!

Come Play with Me at Vivo

Every Thursday morning from 10:00 – 11:30am, Jan.31 – March 21, outside of Panther Physio, free drop-in play program for children 1-5 years old.

Spring Outdoor Soccer 2019



Register your kid(s) for another great summer in community soccer!
Includes jersey kits, photos, medals U4-9, and tech training! Season is from April 28 – June 25.
Regular registration is from January 28 – March 11, 2019
\$20 late registration fee after March 11.

Learn more on our website – www.nhca.ca.



Two Service Sunday Worship at 9:15 & 11:00 am.

Children's Programming Nursery to Grade 4 during both services.
Grades 7-12 meet at 9 am. Class for Grades 5 & 6 at 11 am.

FREE Gr. 7-12 MATH & SCIENCE TUTORING

Wednesdays from 3:30-5:30 pm



Just drop in

E.S.L. at HHAC

3 sessions of 10-15 January-April classes:

Sundays 10:15am-12:15pm
Tuesdays 6:30-8:30pm
Wednesdays 9:15-11:30am

Weekly Activities at the church:

Monday: 7:30 pm - AA Meetings

Tuesday: 10:00 am - TOPS
6:30 pm - ESL (esl@hhachurch.com for more information)
6:30 pm - Stretching your Body Soul and Mind a Fitness class for women
7:30 pm - Men's Bible Study
9:00 pm - Men's Floor Hockey

Wednesday: 9:15 & 9:30 am - Women's Bible Studies (3 to choose from)
9:15 am - ESL
3:30 pm - Free Math and Science Tutoring
7:00 pm - Youth
7:30 pm - Al-Anon

Thursday: 9:30 am - 3 pm, first, second and fourth Thursdays - Quilters Plus

Saturday: 8:00 am - Men's Bible Study

Go to our website for more information on these and other events.

10099 Harvest Hills Blvd. N.W.
email: office@hhachurch.com

Phone: 403-226-0990
www.hhachurch.com

Creating Coventry is a community-driven plan to improve and connect our neighbourhood's parks.
It is a collaboration between community residents, the Northern Hills Community Association and Vivo for Healthier Generations.
creatingcoventry@gmail.com @creatingcoventry



DONATION INFORMATION

I would like to make a donation to Parks Foundation Calgary in support of the following project:



Creating Coventry – Project #1 Coventry Sport Court & Ice Rink

Contact Information: * denotes mandatory fields

Title: _____ *First Name: _____ *Last Name: _____
*Address: _____
*City: _____ *Province: _____ *Postal Code: _____
*Phone (H): _____ (W): _____

*E-mail Address for Tax Receipt: _____

E-mail address is mandatory as well as a street address if it is not on the cheque.

Payment Information:

- I have made a donation online at www.parksfdn.com in the amount of \$ _____
- My cheque to **Parks Foundation Calgary** is enclosed in the amount of: \$ _____

Parks Foundation Calgary issues tax receipts as an agent for The City of Calgary.

- Yes, I would like to receive Parks Foundation Calgary's Quarterly Newsletter e-mailed to me
- No, I would not like to receive Parks Foundation Calgary's Quarterly Newsletter

Parks Foundation Calgary
225 - 13 Avenue SW Calgary, AB T2R 1N8
(T) (403) 974-0751
info@parksfdn.com

Provincial Election is Coming!

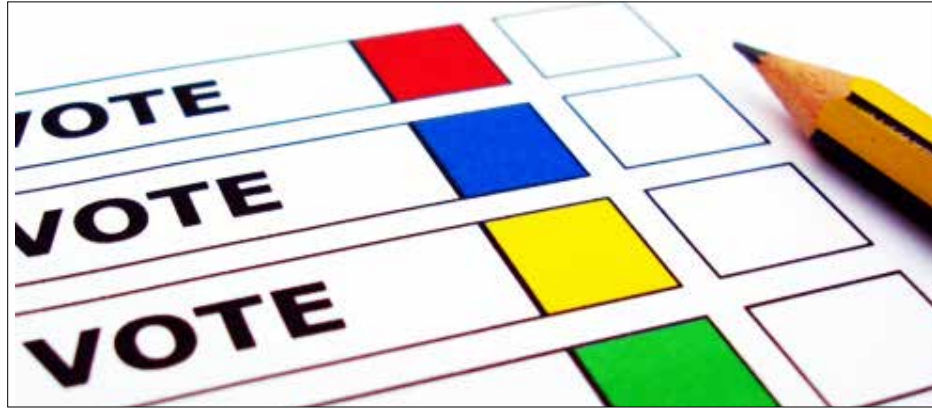
By David Hartwick, Advocacy Director and 2nd Vice President, NHCA

Rumours are swirling that a provincial election might be closer than expected. By the time you read this, the writ may have already dropped, as the legislation states that the election will fall between March 1st and May 31st of this year, unless the Lieutenant Governor dissolves the Legislature earlier. Realistically, it likely will not occur until at least after the Speech From The Throne on March 18th.

However, candidates are likely already knocking at your door from each of the parties. In case you are unaware, our current district Northern Hills, will be split in three different districts: Calgary Beddington for those in Country Hills; Calgary North for those in Panorama Hills; and Calgary Northeast for those in Coventry Hills, Country Hills Village and Harvest Hills. The nomination processes are not completed for each party in each district at the time of publication so we are unable to provide you with a complete list.

We suggest having a list of questions near your front door for when the candidates come looking for your support. Even if you know which party you plan on voting for, this is your opportunity to find out if that candidate is connected to issues important to you.

- ✓ You will have your own questions, but here are some questions that we collected from a variety of sources:
- ✓ Do you live within the district? If not, why are you running here?
- ✓ What would you say is the most important issue here based on door knocking?
- ✓ What is your position on the North Calgary High School?
- ✓ Did you know that a North Calgary Urgent Care Centre was approved in 2005 and still hasn't been built? Would you make this



- a priority?
- ✓ It is believed the valley east of Coventry Hills and Harvest Hills is the original Calgary-Edmonton Wagon Trail and may still have historical artifacts. If this is correct, do you believe this valley should be protected and turned into a provincial park?
- ✓ What are you going to do to get the Greenline built to North Pointe?
- ✓ How are you going to improve transit service in the area?
- ✓ What are you going to do about class sizes?
- ✓ What are your thoughts on the provincial mill rate (education taxes) on our property taxes?
- ✓ What are your thoughts on the paper health care cards?
- ✓ What motivated you to run?
- ✓ What do you hope to accomplish in your first term?
- ✓ What is your position on pipelines?
- ✓ What new ideas do you bring to the next government?
- ✓ What is your feeling on carbon tax?
- ✓ What is your opinion on gay-straight alliances in schools?
- ✓ What is your opinion on the current minimum wage?

- ✓ If you could change one thing in government bureaucracy, what would it be?
- ✓ The Calgary economy continues to struggle. Do you have a plan to address this?
- ✓ Should there be more support for those on AISH?
- ✓ Is the mental health system working in Alberta?
- ✓ If elected, do your constituents come first? Or your party?

- ✓ What change has the current government made that you think was good for Albertans?
- ✓ What change has the current government made that you think was bad for Albertans?
- ✓ What is your position on taxpayers funding private schools? Charter Schools?
- ✓ Are you planning on cutting taxes or raising taxes?
- ✓ Where would you make cuts to the budget?
- ✓ If elected, what would you do if you felt your party lacked integrity?

What are your questions? We would love to know them. The NHCA hopes to hold a candidate forum once the election is called so watch for information in the newsletter, Facebook, Twitter, and BRITE signs if they are available.

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 EMAIL: AHIH@NHCA.CA



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Colouring Contest: FREE ICE CREAM!



The first 40 children who colour and take their picture in to Marble Slab Creamery, 623-130 Country Village Rd NE, will receive a free single ice cream cone.*

Name: _____

Age: _____

**Note: Only two children per household [if you happen to have more than one copy of the newsletter].*

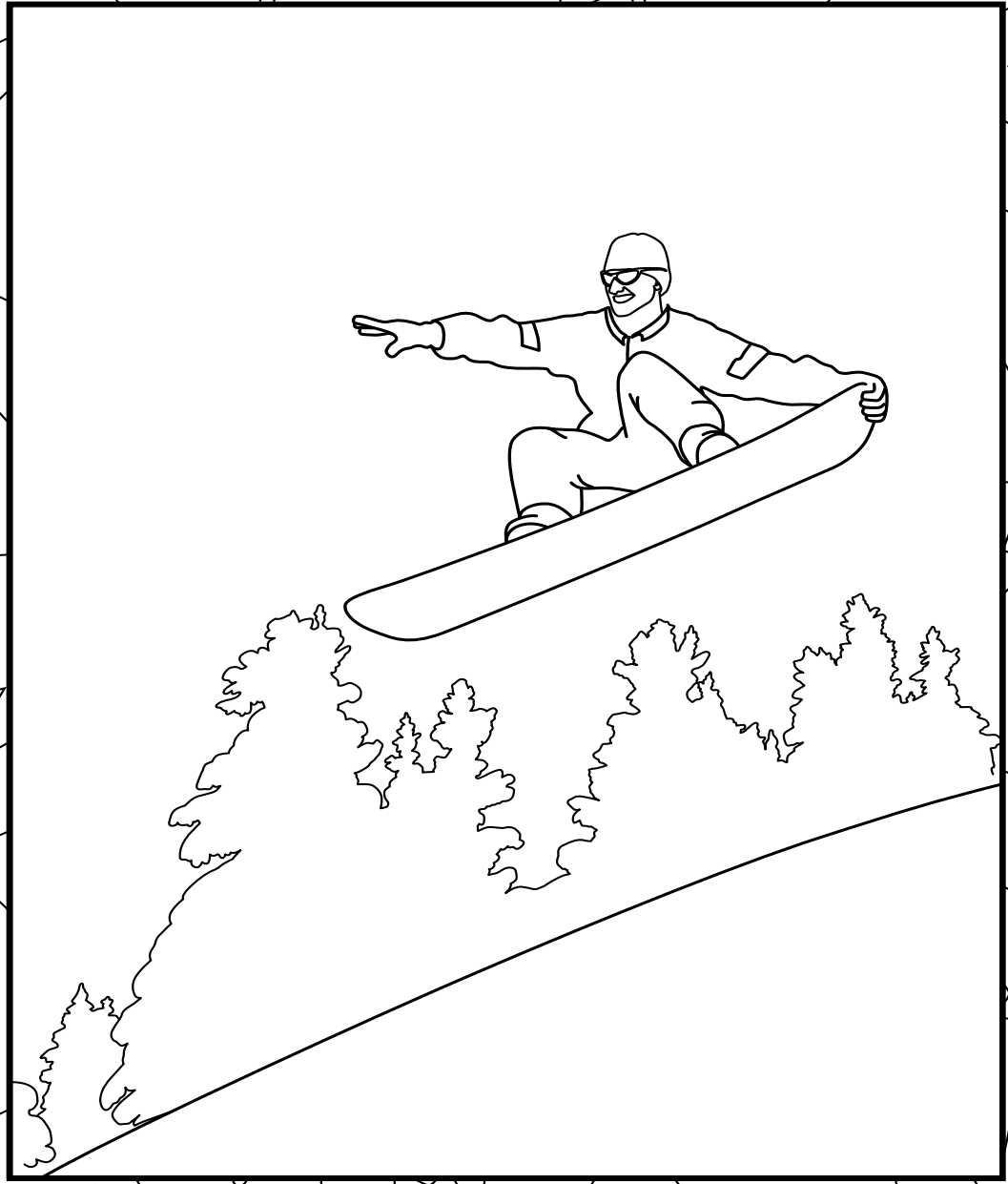
SUDOKU-PUZZLES

This Sudoku is provided by: Sudoku of the day:
<https://www.sudokuoftheday.com/>

Answers on page 14

9				1 8				
				6				7
	8 3 2						1	
1			5			6		2
	5						8	
2		4			9			5
	4				6 2 3			
8				2				
			8 4					9

Snow Boarding: Canada has produced some of the World's best snow boarders. In fact Canada won the first ever Olympic snow boarding gold medal when Ross Rebagliati took the top spot at the 1998 winter games in Nagano, Japan.




© colourcanada.com

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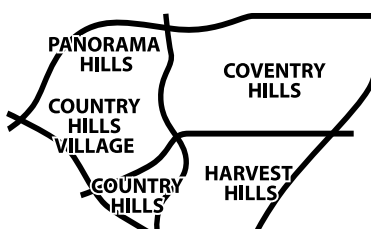
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Embrace Your Smarts

Interview with Alexia Sabau, Coventry Hills resident and Canada's Smartest Person Junior finalist

By Yana Soldatenko, NHCA
Community Engagement
Coordinator, engage@nhca.ca

Alexia is 13 years old grade 8 student and a resident of Coventry Hills neighbourhood here in North Central Calgary. After a nationwide search she was one of the 12 remarkable young individuals who were chosen to compete for the title of Canada's Smartest Person Junior. She represented Calgary and the whole Alberta on the CBC's competition series - Canada's Smartest Person Junior. Wow!

YS – How did you appear to be among these 12 smart individuals? What was your journey and how did it help you to become one of these competitors?

AS – It started with my mum hearing about Canada's Smartest Person Junior on a radio. She thought it would be perfect for me and encouraged me to apply. I filled up the forms and submitted my one-minute video about myself. Next, they started to select kids to do multiple stages of interviews and tests on intelligence in Toronto. It was a lot of fun talking to the cast, directors, and producers. The whole process took about a month.

I went to a gifted school back in the United States where I learnt the ways to remember things and keep my brain engaged in everything I do. Also, my talent as a junior reporter helped me to meet the candidate's criteria. I had to embrace everything that I learnt!

My first reporting thing was with a small local company where I used to live back in the United States. Also, when I was little, I played around the house with a microphone. When we moved to Calgary, I started with Calgary International Children's Festival. Then I won a contest

through Calgary Stampede as a junior reporter and started to evolve my Alexia in YYC

junior reporter YouTube channel. There I have some of my older interviews as I used to do it with Shaw TV and now, I will continue the channel on my own. After that I started my social media

pages - @jr_reporteryc on Instagram and Twitter and Alexia in YYC on Facebook.

My reporting is focused on kids, family, and cultural events. As there are so many events happenings and many people don't know about them. I always go to the events, activities, and initiatives that I report about. There I trial everything myself. I also like to target my talks to kids of my age as I want to give an experience from a child's eye, so that other kids can relate to me. I post a lot of content on my social media about the events I go to. There are so many cool things that I have been part of, and they helped me to get where I am now.

YS – We know you competed till the end and were in the final round. Congratulations! Even though the victory slipped away at the end. What was it like at the contest? How would you describe your experience throughout the Canada's Smartest Person Junior contest?

AS – It was an amazing experience! We had a lot of fun with each other. Every day I learnt something new from the show itself and from the kids. I also learnt a lot of things about myself and how I can handle under stress and pressure. It was a cool experience to be on the set of such big TV show and learn how they do things at the show and behind the scene.

The contest was based on the theory of multiple intelligences. There are 6 categories of intelligence and we

were tested on all 6 of them: linguistic, musical, social, logical, physical, and visual. It is a very cool theory, and I believe it should be incorporated more often. Not everyone is very good at every subject, everyone has their own thing that appeals to them. When you like one subject more, then you can learn better in that subject because you actually want to be good at it.

YS – How was your experience with other kids? Competitive?

AS – It was all good! We had a friendly competition. We all hang out outside of the show. There was never a real dispute between us. It was a friendly competition. Everyone was aiming for the title of Canada's Smartest Person but we all still stayed friends throughout the whole contest. Now we have our own group chat and follow each other on the social media.

YS – Where do you see yourself now? What are your next steps? Let's say in the next 10 years.

AS – I want to continue with my reporting and want to continue helping, involving, and educating other families and kids. Helping kids to embrace their smarts. I really want to start doing that. Because I think most kids have smarts that they don't know about. They just need to embrace them and voice them. I want to inspire kids to do that. In the further future, I really want to still go on with my reporting and want to have a talk show on a major network. Also, I am interested in science. I want to be a doctor. And I would like to do both, being a reporter and a doctor.

YS – Are there any events projects in the near future?

AS – I am doing a lot of events with science, such as Cybermentor and Beakerhead. I am surprised, many people don't know about Beakerhead, as it is such a big thing. I like telling people

about it. There you can learn about science in all kind of different ways. It is STEAM – Science, Technology, Education, Arts, and Math. I have been involved with them for the past three years, and I am part of their social media team.

Also, I take part in Calgary Performing Arts Festival. I play piano and couple of other

way grow a community. Trust yourself. You know more than you think. Embrace it and you can do anything!

I like more actual social things in real life, hands on stuff, like going to festivals. Social media is a great way to spread out to more people



instruments, and sing. I do a lot of things related to arts around Calgary. A lot of festivals here are arts oriented.

YS – What would you tell someone who is just recognizing their smart potentials?

AS – I think if they want to inspire other kids like I do, then social media is a great way to do that. And voicing your opinion, whether that's going to debates or other events. Another way to start out is to start a blog. Just do what you like and don't be afraid to show off all your smarts. As a lot of kids think about these stereotypes, but really when you embrace your smarts it can help you to inspire other people and help you do lots of things. Say what you feel and do what you like. Then you can inspire people who like the same things as you, and you can meet people who like the same things as you, and that

but also meeting new people in real life. You need to be social in real life as well. It doesn't all have to be in social media. You have to know how to find that balance between social media and real life.

I would like to give a shout out to the whole community and my school for all their support throughout the whole contest process! One of my Grade 6 teachers, they still tell me every day that I am a superstar, and other teachers are showing videos in class of my interviews and episodes from the show. It was great to have so much support from the community! Thank you!

PHOTO CREDITS:
Photo Courtesy CBC &
Yana Soldatenko

Bringing Play Back To The Neighbourhood

By Gen H Team, Vivo

Today's family is constantly on the go. Most of their time is spent inside, and is heavily scheduled with activities. With so much time spent sitting indoors it's no wonder Canadians of all ages feel less connected to each other, their communities, and the great outdoors.

In response to this, Vivo launched our Play Ambassador Program in 2013 to increase spontaneous play both in and beyond the walls of our facility. The initial feedback to this was encouraging – over the course of the program we saw a dramatic 71.1% increase in participants. This tells us our community has an innate desire to play!

With the help of the Public Health Agency of Canada and other incredible industry leaders, we're taking play to the next level with our 4-year Gen H Play Project. Part research project, part social innovation lab, the project will use outdoor unstructured play to change lives. We aim to create positive 10% shifts in north-central Calgarians' physical activity, social connection, intergenerational socialization, outdoor engagement, and spontaneous play.



Find out more about the Gen H Play Project journey at GenHPlay.com.

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for Healthier Generations™



North Calgary High School Planning

By David Hartwick,
Advocacy Director and 2nd Vice President, NHCA

With an election coming soon, the possibility of funding for the North Calgary High School could come any time. The high school is currently going through the planning stages and there has been discussion if the building could include a community room and community kitchen, or a medical centre attached to it. Or maybe someone has a different idea we have not considered.

- What would you like to see in the structure?
- What would you like to see for programs?
- What would you like it to offer that makes it unique?
- What else is important to you?

We expect open houses very soon, but we would like to provide feedback to the planning process while we can so if you have ideas, we want to hear them please! Send them over to advocacy@nhca.ca.

The HHHub is More Than Just a Playground

By Nikki Browne,
HHHub Committee

The hard work is done, now comes the fun part! With construction on the park almost fully completed, the Harvest Hills Hub Committee is kicking things up a notch to bring this vibrant new community space to life, and we want you to be a part of it!

Committee Openings

We are expanding our wonderful volunteer committee and are looking to fill the following positions: Scheduling Co-Ordinator to manage all event requests and update the online calendar with meetings and approved requests, and Events Co-Ordinator to arrange permits, equipment and game rentals from the City of Calgary, NHCA and others. We are also looking for an HHHub Director to sit on the NHCA board (at no cost), and attend NHCA monthly meetings, working with the co-chairs to create an overall budget, and reporting to the board on budget usage, events, needs and more. As the HHHub Director you would also receive a vote on NHCA related agendas. Do one or more of these sound like something you'd enjoy, or do you have another way you'd like to contribute to the team? Let us know at harvesthillshub@hotmail.com.

Host at the Hub!

Do you have an event you'd



like to bring to the community? Perhaps you're looking to learn something new, or make new friends, or just have a laugh. Well we've got just the space for you! Anyone can host an event at the HHHub, so

contact us at harvesthillshub@hotmail.com with the details of your event and we will work with you to help you make your event a success!

Monthly Meetings

Maybe you've got questions about the new space, maybe you want to get involved but you're not sure where to start, or maybe you're just bursting with ideas for the HHHub. Whatever the reason, regular monthly meetings will soon be coming to a location near you! These meetings will be open to everyone, and will be used to discuss events, funding, and other ideas. More details coming shortly.

Upcoming Events

We are so excited for winter to be over, that we've already started planning our official Grand Opening on Friday, June 28th, 2019! It's a day that promises to be full of fun and activities for all ages, so stay tuned for more details, and don't forget to like the Harvest Hills Community Hub Facebook page in order to keep up to date on all the latest news. You can also visit our website at www.hhhub.ca.

Fun Family Programs

By Sue Blackburn Forster

Come check out our Free winter program for parents and children!



Come Play with Me at Vivo

for children (birth-5 years old)

Jan. 31-March 21

Thursday Mornings 10:00-11:30 AM

Location: Outside the Panther Sports Medicine site, East side of Vivo for Healthier Generations building 11950 Country Village Link NE, Calgary, AB T3K 6E3

Children can move around in the room and pick from a variety of play areas such as dress up, play dough, puzzles, and

play with lots of toys. Staff will be available to answer questions about developmental growth, parenting, and help parents identify community resources. Come join us for this fun program! For information call 587-392-2271 or check website www.weconnectyou.ca.

*This program is being run through partnership between Family Connections Parent Link Centre, Northern Hills Community Association and Vivo.

Parent Support:

Come speak with the Parent Coach about parenting issues or concerns regarding children. Information is available on developmental growth, Toddlers, toilet training, sleeping, speech & language or nutrition concerns. Please call 587-392-2270 to set up a time to meet or speak on the phone.



Northern Hills
Community Association

parentLINKcentre

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Northern Hills
Community Association

NHCA.CA/VOLUNTEERING

Elected Representatives



Ward 3 Councillor Jyoti Gondek

Hello, everyone! I would like to thank everyone who was able to join us January 16th at Vivo for our Ward 3 Open House. We hope you were able to discuss any issues you have with the City Staff in attendance; however, if you still have outstanding questions or



concerns please email us at ward03@calgary.ca and we will assist you.

2019 Property Assessment Notice

Assessment notices are now available. The City of Calgary mailed the notices on Jan.3, 2019 and they are also available online. The information contained in these assessment notices will be used to prepare the 2019 property tax bills. You can check, review and compare your notice online and sign up for Notices.

Customer Review Period (Jan. 3 - March 12, 2019)

If you have any questions about your property assessment, contact Assessment at 403-268-2888 during the Customer Review Period on now until March 12, 2019.

Visit calgary.ca/assessment to get more information, access Assessment Search, and sign up for paperless eNotices. By logging into Assessment Search, you can review your assessment, compare it to other similar properties and more.

Thank you for continuing to stay engaged with my office and taking the time to share your perspectives and

ideas on how to foster great neighborhoods. If you would like to share your comments and ideas, please contact my office either through our webpage at www.calgary.ca/ward3 or email ward03@calgary.ca.

Jyoti Gondek
Councillor, Ward 3
www.calgary.ca/ward3

Lynne Banning, Assistant
403-268-2530
eaward3@calgary.ca

Calgary-NorthernHills MLA Jamie Kleinsteuber



Happy Lunar New Year! As celebrations to welcome 2019 continue, we as Albertans certainly have much to celebrate!

We are living in a province that puts families first. From \$25-a-day affordable child care for 7,300 Albertan children, to the 244 school projects providing 32,000 of our school-aged youth with new and modernized learning spaces, to university tuition freezes, we are investing in our children and in our province's bright future.

To further support the well-being of families, our government is invest-

ing in poverty reduction and mental health supports. The Alberta Child Benefit continues to assist families netting less than \$41,746 per year, while government funding is enabling Calgary Counselling Centre and Hospice Calgary to expand their services for Calgarians experiencing anxiety, depression, and grief.

Premier Rachel Notley continues to fight to get top dollar for our energy resources. This year, our made-in-Alberta strategy will see upwards of 7,000 new rail cars come online to move 120,000 barrels a day to markets where our oil can earn the best value possible. The province has also doubled support for petrochemical upgrading, while leveraging private investment, in order to expedite projects expected to create about 15,000 jobs. And with strong industry encouragement, our government is exploring private-sector interest in building a

new oil refinery in the province. This facility would create good-paying, long-term jobs for Albertans while helping to lower the oil price differential over the long term.

Alberta's economy is on track, posting solid employment gains of more than 42,000 jobs over the past year. However, we know there is still work to be done. Our government will continue fighting for you as we work together to build Alberta's bright

future. May 2019 be a happy, healthy and prosperous year for you and your family!

Your MLA,
Jamie Kleinsteuber

Constituency Office:
104, 200 Country Hills Landing NW
Calgary, AB T3K 5P3
Phone: 403.274.1931

Email: calgary.northernhills@assembly.ab.ca

Updated: February 16, 2018



Membership Application

Membership expires one year from date of purchase. You can purchase a membership three ways:

1. Access our online membership registration at: www.northernhills.ab.ca under **Member Login** at the top right corner
2. In-person registration at the office
3. Mailing your membership form below to the office

Mail Payment to: Northern Hills Community Association (VIVO, Genstar Wing)
11950 Country Village Link NE Calgary AB T3K 6E3

Fees:

- Family \$30 Single \$20 Senior (60+) \$20
 *Associate \$30 Business \$50 **Business Plus \$120

*Family/Single/Senior outside of the Northern Hills Area **Additional Web Ad
Please enclose cheque payable to "Northern Hills Community Association"

First Name: _____ Last Name: _____

D.O.B: _____ Gender: _____

(Spouses)First Name: _____ (Spouses)Last Name: _____

(Spouses)D.O.B: _____ (Spouses) Gender: _____

Address: _____

Postal Code: _____ Phone: _____

Email: _____

Please indicate (✓) activities you would like to learn more about:

- | | | |
|---|---|---|
| <input type="checkbox"/> Adult Sports | <input type="checkbox"/> watch) | <input type="checkbox"/> Panel Discussions |
| <input type="checkbox"/> Advocacy (LRT, Schools, etc.) | <input type="checkbox"/> Gardening | <input type="checkbox"/> Seniors Fitness |
| <input type="checkbox"/> Arts & Crafts | <input type="checkbox"/> Ice Rinks | <input type="checkbox"/> Seniors Games and Social |
| <input type="checkbox"/> At Home In the Hills (AHIH) | <input type="checkbox"/> Newsletter | <input type="checkbox"/> Special Events (Clean-Up, Block Parties, etc.) |
| <input type="checkbox"/> Board of Directors | <input type="checkbox"/> Planning & Development | <input type="checkbox"/> Sponsorship |
| <input type="checkbox"/> Building Safer Communities (aka Block- | <input type="checkbox"/> Playgrounds and Community Hubs | <input type="checkbox"/> Sports (Soccer, Slo-Pitch) |
| | <input type="checkbox"/> Political Debates / | |

Other _____

Please indicate (✓) activities you would like to see in your community:

- | | | |
|--|---|--|
| <input type="checkbox"/> Adult Programs | <input type="checkbox"/> Indoor Soccer | <input type="checkbox"/> Tennis Courts |
| <input type="checkbox"/> Children's Softball | <input type="checkbox"/> Farmers Market | |

Other _____

Would you like us to contact you about volunteer opportunities in NHCA?

- yes no



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- **PROTECT YOUR EYES** from the harmful UV rays that scientists have tied to *cataracts* and *macular degeneration*.
- **CHILDREN'S** eyes are still developing under the age of 18, they can benefit the most from the protection of wearing quality sunglasses, especially outdoors.

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www.siteforsight.ca

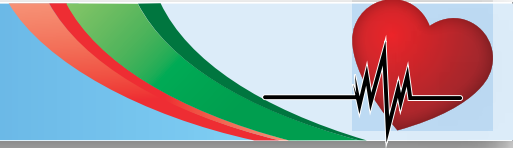
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February Is Heart Month



Do you know the signs and symptoms of a heart attack and what to do if someone experiences these? Knowing, may make the difference between life and death. Recognizing and responding immediately to the warning signs of a potential heart attack may significantly improve survival and recovery. February is Heart Month: take the time to be heart safe and learn how you can reduce your risk.

Common signs of a heart attack
(Any, or all, of these signs & symptoms may occur)

- Chest discomfort described as simply a mild pressure up to a 'crushing' pain; may also be 'squeezing' or simply a 'heavy' sensation;
- Discomfort may move to the shoulders, arm, neck, or jaw;
- May include shortness of breath, sweating, or nausea / vomiting.
- Signs may vary person to person and can differ between men and women, and the elderly.

Heart attack Risk Factors

- Obesity*
- Sedentary lifestyle*
- Smoking*
- High cholesterol*



- Age / gender
- Family history

Speak with your doctor about how to treat your modifiable (*) risk factors and learn to be heart safe.

What to do when seconds count

- Call 9-1-1 immediately. Early treatment can greatly reduce heart damage and make the difference of life and death;
- Treatment starts the moment EMS arrives. Paramedics can provide oxygen, start an intravenous and perform an electrocardiogram (ECG);
- Paramedics can also administer important medication(s) in the early minutes of a heart attack to lessen heart damage;
- During transport, EMS will share information with the hospital so that definitive treatment can begin immediately upon arrival;
- Take a CPR / AED course. Training is widely available from many reputable organizations. It's easy and could make a significant difference in the outcome of someone experiencing a heart attack.

I'm Voting for Kids (Part 2)!

By The Calgary NW ECD Coalitions

Following up our fast facts about School Readiness from last month, we're taking this month to highlight how investing in early childhood development impacts the economy. Use this information to start a conversation with candidates and representatives you encounter to help figure out where the best checkbox for your vote is!

Did You Know?

- A 1% increase of the high school completion rate in Canada would save \$7.7B annually in social assistance, costs of crime and lost earnings
- For every dollar spent in early education, there is between a \$2 and \$7 return on investment
- Greater skills development in early childhood makes it more likely that children will succeed in education; raising employment prospects and

reducing duration of unemployment

Ask candidates and representatives what their parties' plans are to invest in Early Childhood Development, and check out more facts (and their sources) at <http://www.2000days.ca/an-integrated-approach-to-early-childhood-development/>

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: nwecd-coalitions@gmail.com.

Recycling Tip

By The City of Calgary

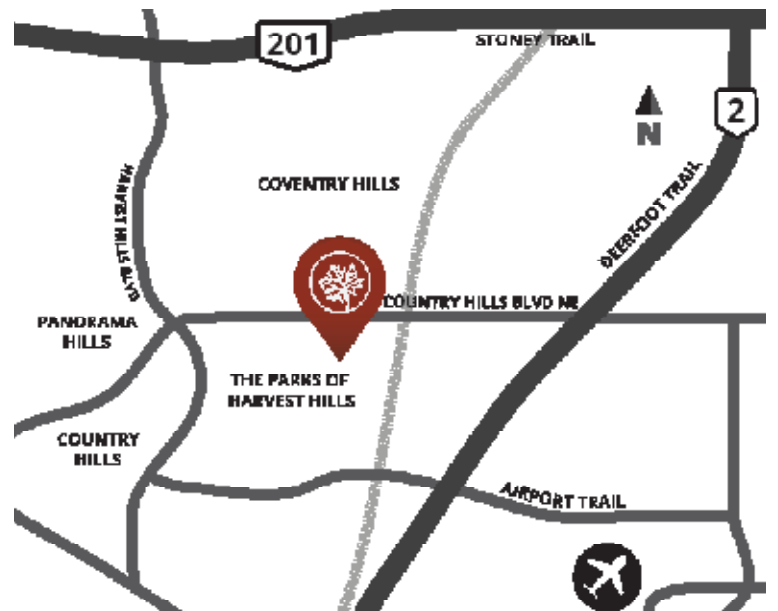
Recycling tip: Snow and recyclables don't mix!
Calgary weather can bring lots of snow throughout the winter. Remember to clear the snow off your blue cart lid and keep the lid closed before putting your recycling out for pickup.

Why? When snow gets into your blue cart it melts and ruins the paper and other quality recyclables. Thanks for your help in recycling right Calgary!



PAIRED SHOWHOMES OPENING SOON

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the parks of **HARVEST HILLS**

APARTMENT STYLE CONDOS FROM THE \$170'S

TOWNHOMES FROM THE \$300'S

SINGLE FAMILY HOMES FROM THE \$450'S

Community Sports



Spring & Summer Recreation Programs



By The City of Calgary

The City's Spring & Summer Recreation Program Guide has the most variety of fun and affordable activities for your family. Choose from day camps, swimming, arts, dance, fitness, sports, sailing, golf and more! Registration opens February 19. Find your fit at calgary.ca/register.



NORTHERN HILLS SPRING OUTDOOR SOCCER 2019

Includes Jersey Kits, Professional Photos, Medals U4-8, and Tech Training
Volunteer Opportunities on first-come, first-served basis!

CHILD

U4 & U5/6 - \$65-\$80

YOUTH

U8, U10, U12, U14-18 - \$85-\$95

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REGULAR REGISTRATION JAN 28 - MARCH 11

\$20 LATE REGISTRATION AFTER MARCH 11, 2019



Community Ice Rinks!

WWW.NHCA.CA/RINKS



REGISTER

WWW.SOCCECTECH.CA



Are you interested in playing baseball this summer?

Registration is now open!

See www.cllbaseball.ca for more details.

To register visit: <http://register.cllbaseball.ca>



Stay Alert and Aware During a Power Outage

By The City of Calgary

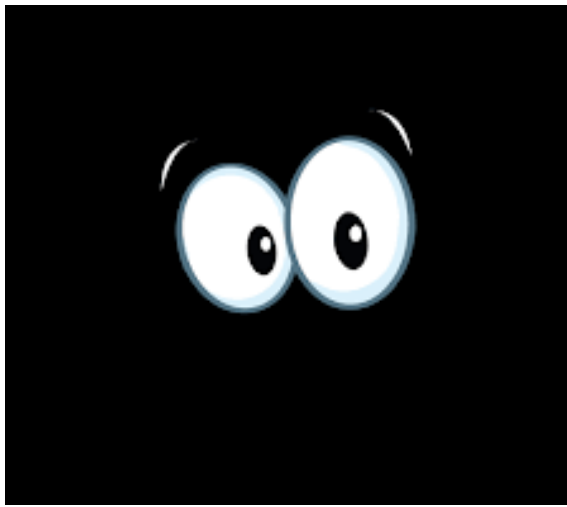
Power outages can happen any time of the year but are especially dangerous during the cold winter months. They can last for minutes, hours and sometimes even days.

"The best way to stay safe in a power outage, is to be prepared," says Sue Henry, Deputy Chief at Calgary Emergency Management Agency. "Have a fully stocked 72 hour kit including flashlights, blankets and non-perishable food. It's also important to have a plan for any medications that require power to be administered that are powered by electricity or need to be refrigerated."

While temperatures may drop, it is never safe to use camp stoves, kerosene heaters or barbecues indoors, as they emit **carbon monoxide**. Gas stoves used as a heat source for long periods of time without ventilation will also pose a danger.

Electrical equipment and appliances can be overloaded when the power is turned back on, so it's a good idea to disconnect them. Be sure to leave one light on, so you know when the power has been restored!

A fully charged power bank is invaluable during a power outage. This will allow you to charge your



smartphone so you can check for updates on the internet, and contact family members.

For more information on preparing for a power outage and building a 72-hour kit, visit calgary.ca/getready.

To report a power outage call ENMAX Power Trouble Line at 403-514-6100.



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Calgary, Alberta T2E 6J5

Crossword puzzle ANSWERS

Puzzle on page 4

1	D	A	B	S	5	A	C	T	8	U	P	10	A	F	12	E	13	W				
14	I	S	L	E	15	R	A	I	N	S	16	G	A	L	A							
17	V	A	I	L	18	T	I	P	I	S	19	O	D	D	S							
20	A	P	P	L	21	E	F	R	I	T	22	E	R									
					23	D	U	O			24	N	A	25	I	26	R	27	A			
28	S	P	R	A	W	L			32	P	I	L	S	E	N	E	R					
35	A	L	I	B	I			36	T	I	M	E					37	D	E	C		
38	B	A	N	A	N	39	A	R	E	P	U	40	B	41	L	I	C	S				
42	R	I	G				43	D	O	C	S			44	L	I	C	H	I			
45	A	N	E	C	46	D	O	T	E					48	P	I	S	T	O	N		
49	S	T	R	I	A							50	S	I	N							
						51	C	H	E	52	R	Y	P	I	55	C	56	K	57	E	58	D
59	S	O	Y	A						62	L	O	I	R	E			63	I	N	T	O
64	O	W	E	D						65	A	U	G	U	R			66	T	I	N	T
67	B	E	T	A						68	N	E	A	P	S			69	E	T	A	S

Sudoku puzzle ANSWERS

This Sudoku is provided by:
Sudoku of the day:
<https://www.sudokuoftheday.com/>

Puzzle on page 8

9	7	2	4	1	8	5	6	3
4	1	5	9	6	3	8	2	7
6	8	3	2	5	7	9	1	4
1	3	8	5	7	4	6	9	2
7	5	9	6	3	2	4	8	1
2	6	4	1	8	9	3	7	5
5	4	1	7	9	6	2	3	8
8	9	7	3	2	5	1	4	6
3	2	6	8	4	1	7	5	9

Outreach Thursdays in NHCA

The Outreach Community Advocates, from the BowWest Community Resource Centre are taking appointments every Thursday from 4-7pm at the Northern Hills Community Association office.

They seek to meet the needs of North West and North Central Calgary residents by offering Basic Need Appointments including outreach, information and referral support for singles, seniors and families - no restrictions on children under 18 living at home.

To access several North Central Family Support Programs for you and your family, kindly contact Germaine Rivera (via email germaine@bowwest.com or phone 403-874-6809).



The Author of Our Crosswords

Myles Mellor is one of the top crossword writers in the world. Published in over 600 magazines, newspapers and web outlets. Over 12,000 crosswords published worldwide. Supplying theme crosswords, diamond crosswords, syndicated puzzles, cryptograms, diagramless crosswords, word search, sudokus, anagrams, and word games. Published on mobile devices and e-readers. www.themecrosswords.com



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Public Library News

By Calgary Public Library

Find a Career and Business Program for You

Whether you're looking for a job or changing career paths, Calgary Public Library can help. Our in-person Arthur J.E. Child Careers & Small Business programs cover topics like interview skills, resumé development, mid-life career changes, and mastering workplace culture. We also offer one-on-one career coaching and a drop-in job desk for employment advice. Plus, access books and online resources; learn more about all our careers and business resources at calgarylibrary.ca/careers-and-business.

Did You Know? Renovations at Community Libraries

Did you know that during the construction of the new Central Library, the entire Library system received a facelift? Renovations took place at community libraries, including new furniture, fresh paint, enhanced technology, more meeting spaces, and Early Learning Centres. The final two spaces to be refreshed up are Village Square and Country Hills libraries. Find many new features at Village Square and an exciting Early Learning Centre at Country Hills.

Download Audiobooks for Free

If you're looking for something fresh to listen to, try an audio book! Use your free Calgary Public Library card to instantly access thousands of eAudiobooks. Stream or download classic or new titles for adults and kids with easy-to-use eResources such as RBDigital, OverDrive, and Libby. Learn more at calgarylibrary.ca/resources-types/eaudiobooks. Not yet a Library member? Sign up for free at calgarylibrary.ca/card.



ELECT

GUL KHAN

Alberta Liberal Candidate for Calgary-North East



Gul Khan is a husband, father of six and grandfather of 11. He knows what it takes to raise a family. He lives, works and volunteers in your community.

GUL KHAN'S PRIORITIES

- Create jobs and support small businesses.
- Generate opportunities for entrepreneurs.
- Fight for us to get a new high school in Calgary NE.
- Provide better community-based healthcare.
- Build affordable housing for everyone.
- Give you value for your tax dollars and balance the budget.
- Protect the environment for you and future generations.

Gul Khan holds a Master of Economics and Bachelor of Political Science and Business Administration and has an over 30 years of experience running successful businesses.

He came to Canada as an entrepreneur in 2005 and started many successful businesses and created jobs. He is a leader in the community.



gulkhan.ca 403 612 5400
rayzona@yahoo.com

Authorized by the Alberta Liberal Party 780 414 1124

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