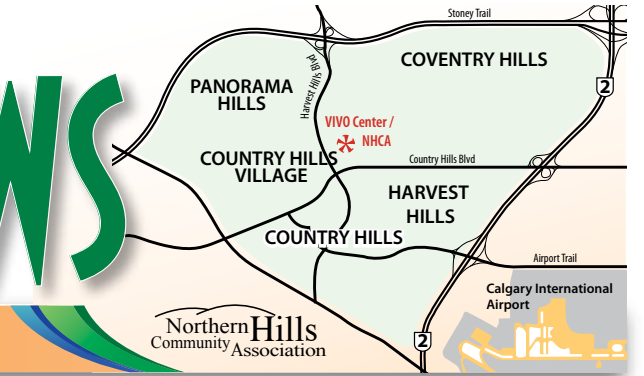


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# NORTHERN HILLS NEWS

Country Hills • Country Hills Village • Coventry Hills • Harvest Hills • Panorama Hills



Official Newsletter of the Northern Hills Community Association ❖ www.nhca.ca [Facebook] [Instagram] @northernhillscalgary [Twitter] @northernhills

## Lets Talk Blockwatch!!

David Hartwick, 1st VP, NHCA

Over the summer, some questions and concerns have been raised about the Blockwatch or Building Safer Communities program, specifically in Coventry Hills.

The NHCA pursued a blockwatch style program a number of times over the years, but our representatives of the Calgary Police Service were not very receptive for a number of reasons. However, social media posts brought more crime to light a few years back and a resident started up the Watchdogs Facebook group. Since that time, leaders emerged within the community that worked with the original resident and developed it and built it into what it is. These leaders started to recognize that they still faced the problem that the City of Calgary, Calgary Police, politicians, and other organizations would not recognize them operating on their own, and discussions were held with the Northern Hills Community Association on encompassing Blockwatch into our association. The NHCA Building Safer Communities Blockwatch Program was born, incorporating the Coventry Hills Watchdogs Facebook group as the starting point.

The Calgary Police Service started working with us, providing guidelines and criteria for what they wanted. Primarily, report everything. If something doesn't seem right, report it. The result of this was the SCAN program seizing a house in Coventry Hills, the first time they had done this. When someone reported the innocent situation of a door slamming in an alley, it turned out to be



a stolen car with a cache of weapons inside. When someone saw a man walking down the non-sidewalk side of the road and called it in, it turned out to be the infamous Porch Pirate from last Christmas. There have been many more successes and the Calgary Police praise the residents of Coventry Hills for the program. The program has also been recognized in the Alberta Legislature.

But how does the group work? As an example, in Coventry Hills, there are a total of 23 admins that oversee posts and chat about content and what is appropriate or not, and if it meets the guidelines and principles that we established with CPS. There are a number of different viewpoints amongst 23 people and it can sometimes take some time before deleting or moderating a comment. An NHCA Director takes part in these discussions.

Sometimes, it is necessary to remove people from

the group. Due to the relationship we have with CPS, there is no debating the rules and guidelines. None. The Blockwatch pages are not for opinion, nor personal soapboxes and are strictly for the safety and security of the community. Members have a choice to follow the rules, or not be a part of the group. No one has a right to be part of the Watchdogs Facebook group. It is also NOT affiliated with the Coventry Community Page or any other community page. When someone is removed from the group, we have generally invested over 50-man hours of discussion before this drastic move is taken. Yes, 50 VOLUNTEER hours. We do not take it lightly. We also do not tolerate any abuse of our admins, which is also grounds for removal. We have also let some people back in after discussion, but it again goes out to all the admins and usually conditions are set as well.

The Blockwatch Pro-

gram receives no funding but Blockwatch Admins have been seen holding community bbq's encouraging people to sign up for NHCA mem-

bership and talk about the value of blockwatch to the community. The program is successful. It has now grown to over 70 different Facebook groups in 11 communities because the Calgary Police Service support what we are doing. It has expanded outside of the Northern Hills and our BSC Committee is constantly sought after for their knowledge to set one up elsewhere.

The Blockwatch or Building Safer Communities program is grassroots. It is growing and we are growing with it. We are all volunteers and we are learning as we go. Thank you to all those that have supported this initiative.



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*this month*  
WHAT'S INSIDE

FREE ICE CREAM ON PAGE 8

SEPTEMBER 20, 27 & OCTOBER 4, 10:00 AM - 11:00 AM, STORY TIME AT VIVO FOR CHILDREN (1 TO 5 YEARS)

OCTOBER 2 - 30, 2:30 PM - 4:30 PM, EVERY TUESDAY AND THURSDAY SPRY FIT-2-AGE @ PLAY LAB, VIVO

OCTOBER 13, 1:00 PM - 3:00 PM, 1<sup>ST</sup> ANNUAL BOOK SWAP AT HARVEST HILLS HUB

OCTOBER 24, 6:00 PM - 6:30 PM, WEDNESDAY, SOCIAL JUNCTURE WITH NHCA TEAM @ VIVO

OCTOBER 31<sup>ST</sup>, ALL DAY, HALLOWEEN

NOVEMBER 17, 9:00 AM - 1:00 PM, BUSINESS FAIR AT MAIN STREET, VIVO

For more information visit [northernhills.ab.ca/nhca-calendar/](http://northernhills.ab.ca/nhca-calendar/)

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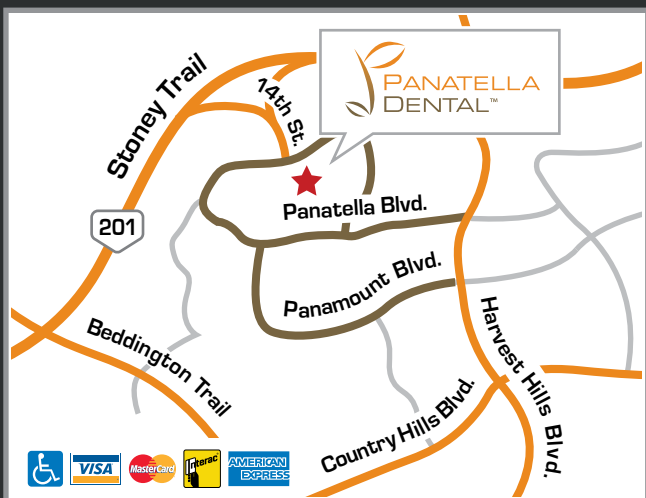
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# Community Association Notes



## Volunteer Opportunities

### Happy Thanksgiving and Halloween!

We hope the school year has started smooth for you and your families. We would like to share with you a few currently available volunteer opportunities.

### Events in Harvest Hills Hub

Harvest Hills Hub is now officially fully funded!!! Now it is time for fun things! We are looking for fresh ideas for ongoing meet-ups and one-time events at the Harvest Hills Hub! We're calling all kids, teens, adults, and seniors to reach out with their ideas for fun and engaging events! Let us know your ideas for events at the hub by messaging us on Facebook or emailing us an at HarvestHillsHub@hotmail.com.

Please consider joining our event planning committee! We meet once a month to plan engaging events at the hub. We are looking for people of all ages and backgrounds that are interested in having some fun!



try Leads, Moraig McCabe or Nicole Dawe, via email at: [creatingcoventry@gmail.com](mailto:creatingcoventry@gmail.com) or [ndawe@vivo.ca](mailto:ndawe@vivo.ca). If you are on Facebook, you can also message us directly via the Creating Coventry page: [www.facebook.com/creatingcoventry](http://www.facebook.com/creatingcoventry)

### At Home in the Hills (AHIH)

At Home in the Hills began as an initiative to help new immigrants settle in the Northern Hills communities in 2012, and has evolved to meet the needs of our neighborhood. Now, our vision is to engage all local residents through projects that facilitate grassroots approach to fostering stronger connections to sustain friendly and livable neighborhoods in the Northern Hills.

Let's make some connections! We are actively looking for committee members and volunteers!!! Please email Sam & Winnie: [ahih@northernhills.ab.ca](mailto:ahih@northernhills.ab.ca). Keep up with AHIH: [www.nhca.ca/ahih/](http://www.nhca.ca/ahih/)



### Creating Coventry

We are also working with residents on finding space for a dog park, working with the City on pollinator-friendly corridors, looking at spaces for a pump track, and have formed a small group to look at building an accessible and inclusive playground. There's a lot going on behind the scenes! If you would like to know more or help with planning or fundraising for any of our Creating Coventry projects, you can contact the Creating Coventry



### Arts & Crafts Committee Member

Are you an artist or just simply would love to bring more art into the Northern Hills community? Do you want to be part of ambitious and artistic team of residents? The team is working on adults, kids, senior and youth programs. Interested to join? Please contact Muzna Amin ([arts@northernhills.ab.ca](mailto:arts@northernhills.ab.ca)) for more information.



### Ice Rink Builder Volunteer

We know it might a bit too early to think about ice and winter, though we want to be ahead of the game! Did you know we have two ice rinks in the Northern Hills? We have a small but very committed team of volunteers who make these rinks possible! They built and maintain the rinks throughout the season. Would you like to help out and make them even better together?



How about winter activities at these rinks? We are looking for individuals who enjoy working outside, not bothered by cold, and love community work! Contact Yana Soldatenko ([engage@northernhills.ab.ca](mailto:engage@northernhills.ab.ca)) for more information.

Find more details on all the above volunteer roles by scanning QR code or following the link: [northernhills.ab.ca/volunteering/](http://northernhills.ab.ca/volunteering/)



**Northern Hills Community Association**

### Northern Hills Mural

*Design Interpretation*


- Starts with the beginning of time into the glaciers
- Split rock showing the glaciers that came
- Prairies and rolling hills with buffalo that heavily populated the lands
- First nations communities represented
  - First settlers with trading post and the 2 bottles of whiskey with the sand hour glass to show time
  - Buffalo skulls represent the end of buffalo due to hunting
  - Squares represent the dividing of the land by the first settlers
  - Fort Calgary
  - Division of the treaties
  - Western pattern to represent the western culture
- Trains arrive in Calgary
- First mayor of Calgary
- Fire of Calgary and Calgary riots
- Oil representation
- 4 Ford model Ts
- Burns building
- First Calgary Stampede with Guy Weadick
- Palliser Hotel
- AC Leighton, ACAD president and founder of Leighton Centre
- SAIT
- Depression section - buggy, garden lots, and person with his hand out
- Line up of people looking for work
- Glenmore dam
- WWII representation with the military symbols
- Glenbow Museum representation through the artist tools
  - Grey Cup
  - Calgary Tower
  - Oil boom of 70s
  - Northern lights
  - ACAD building
  - Richard Halliday, ACAD president
- Interculturalism through the flags to represent the refugees coming to Calgary in the 70s
- Series of buildings highlighting the growth
- Boards representing the sagging economy again
- 88 Olympics and representation of medals won, bobsled team
- Stanley cup win in 1989
- Chinese culture centre built in China town
- Fairy Tales film festival in 1999
- Hub oil explosion
- Vivo built
- Map of the Northern Hills
- Bow building built
- 2013 flood





[nhca.ca/mural](http://nhca.ca/mural)  
 @NorthernHillsCalgary  
 @NorthernHills  
**#NHMural**

## NHCA CONTACTS

### NHCA OFFICE:

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Calgary, AB, T3K 6E3

 Tel: 403-226-6422  
Fax: 403-226-6421  
E: [info@northernhills.ab.ca](mailto:info@northernhills.ab.ca)

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### STAFF & CONTRACTORS

Ad Sales: Heather Hubert ([marketing@northernhills.ab.ca](mailto:marketing@northernhills.ab.ca))  
 Administrator: Marina Barrett ([admin@northernhills.ab.ca](mailto:admin@northernhills.ab.ca))  
 Bookkeeper: Paige Martin  
 Engagement Coordinator: Yana Soldatenko ([engage@northernhills.ab.ca](mailto:engage@northernhills.ab.ca))  
 SoccerTech: Heather Lipper ([info@soccertech.ca](mailto:info@soccertech.ca))  
 Newsletter Publishing: Duane Thomson at Keyline Publishing

### VOLUNTEERS

The NHCA is a self-funding, non-profit organization. All of our board members and committee members are volunteers.

### BOARD MEMBERS

President: Leah Argao ([president@northernhills.ab.ca](mailto:president@northernhills.ab.ca))  
 1st Vice President: David Hartwick ([1vp@northernhills.ab.ca](mailto:1vp@northernhills.ab.ca))  
 2nd Vice President: Jessie Leighton ([2vp@northernhills.ab.ca](mailto:2vp@northernhills.ab.ca))  
 Secretary: Simon Cheng ([secretary@northernhills.ab.ca](mailto:secretary@northernhills.ab.ca))  
 Treasurer: Lonny Mah ([treasurer@northernhills.ab.ca](mailto:treasurer@northernhills.ab.ca))  
 Directors at Large: Ian McAnerin, Laura Hack, Roop Rai, Vania Szeto-Mackinnon, Vince Ellis, and Winnie Huang.

### COMMITTEES

Adult Slopitch: Neil Meyer ([slopitch@northernhills.ab.ca](mailto:slopitch@northernhills.ab.ca))  
 Advocacy and Building Safer Communities (Blockwatch): David Hartwick ([advocacy@northernhills.ab.ca](mailto:advocacy@northernhills.ab.ca))

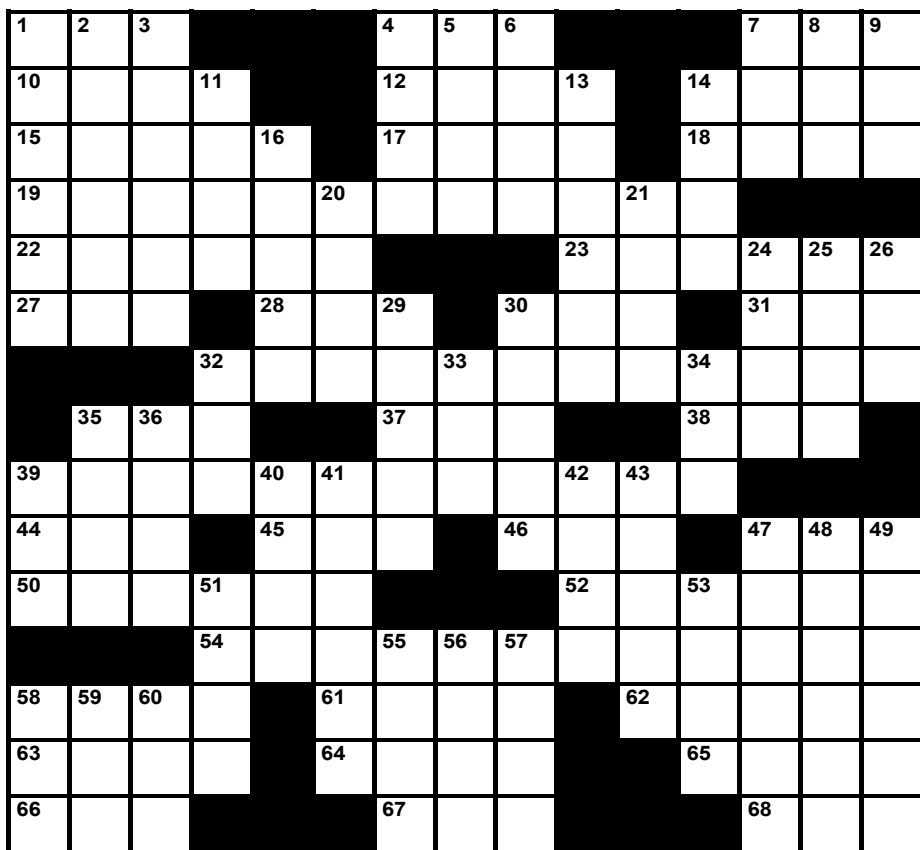
Arts & Crafts: Muzna Amin ([arts@northernhills.ab.ca](mailto:arts@northernhills.ab.ca))  
 At Home in the Hills: Winnie Huang ([ahih@northernhills.ab.ca](mailto:ahih@northernhills.ab.ca))  
 Beautification & Community Enhancement: VACANT - contact us!  
 Business Development: Wayne Brown ([business@northernhills.ab.ca](mailto:business@northernhills.ab.ca))  
 Community Gardens: Jon Berlie ([garden@northernhills.ab.ca](mailto:garden@northernhills.ab.ca))  
 Coventry Garden: Sarah White ([coventrygarden@northernhills.ab.ca](mailto:coventrygarden@northernhills.ab.ca))  
 Harvest Garden: Melissa Duong ([harvestgarden@northernhills.ab.ca](mailto:harvestgarden@northernhills.ab.ca))  
 Creating Coventry: Moraig McCabe, Nicole Dawe ([creatingcoventry@gmail.com](mailto:creatingcoventry@gmail.com))  
 Events: Vania Szeto-Mackinnon ([events@northernhills.ab.ca](mailto:events@northernhills.ab.ca))  
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 Northern Hills Connect: Ian McAnerin ([northernhillsconnect.com/contact/](http://northernhillsconnect.com/contact/))

Northern Hills Mural: Laura Hack ([mural@northernhill.ab.ca](mailto:mural@northernhill.ab.ca))  
 Planning: Simon Cheng ([planning@northernhills.ab.ca](mailto:planning@northernhills.ab.ca))  
 Playgrounds: Victoria Henry & Meghan Keating ([HarvestHillsHub@hotmail.com](mailto:HarvestHillsHub@hotmail.com))  
 Rinks: Daniel Sennhauser ([rinks@northernhills.ab.ca](mailto:rinks@northernhills.ab.ca))  
 Sports: VACANT - contact us!  
 SPRY in the Hills: J-L Emond & committee ([seniors@northernhills.ab.ca](mailto:seniors@northernhills.ab.ca))  
 Vivo Rep: Jessie Leighton ([2vp@northernhills.ab.ca](mailto:2vp@northernhills.ab.ca))  
 Volunteers: Roop Rai ([volunteer@northernhills.ab.ca](mailto:volunteer@northernhills.ab.ca))  
 Website/IT: Troy Davis ([troy.davis@northernhills.ab.ca](mailto:troy.davis@northernhills.ab.ca))

**EDITOR'S NOTE:**  
**All articles submitted by the general public are the author's opinion and not necessarily reflective of the opinion of NHCA.**

# CROSSWORD

Answers on page 14



**ACROSS**

- 1. Disney division
- 4. Certain refrigerant, briefly
- 7. Fly catcher
- 10. Pinnacle
- 12. Turns in pipes
- 14. Plunder
- 15. Bollywood setting
- 17. Get back
- 18. Employed
- 19. Brunch dish
- 22. Salad choice
- 23. Ballroom dance
- 27. Antiquity, old-style
- 28. Fruit often eaten dried
- 30. Black or Red?
- 31. Auditory range
- 32. Seasoned raw meat dish
- 35. Fed. property mgr.
- 37. Broker's cut
- 38. Bar beverage
- 39. Celery, diced apples, nuts and mayonnaise
- 44. Tinge
- 45. Neighbor of Ukr.
- 46. CA ball team, for short
- 47. Taint
- 50. Test of character
- 52. Sushi side
- 54. Southern dish

58. Make permanent

- 61. Wide-eyed one
- 62. Ant
- 63. "Get out of here!"
- 64. Gold plate
- 65. Sign on a ticket booth
- 66. Pearl Jam "Oceans" album
- 67. Discouraging words
- 68. It may cause a bad trip

**DOWN**

- 1. For each
- 2. Cincinnati player
- 3. Mooched
- 4. World's largest particle physics lab
- 5. Bolt
- 6. Not bare
- 7. Much used verb in history
- 8. Stretch
- 9. Sleeping need
- 11. Show affection for
- 13. Bridal wreath shrub
- 14. Dancer's dress
- 16. In the direction on the stern
- 20. Lake near Niagara Falls
- 21. Arctic fish
- 24. Coarsely-ground corn
- 25. Empty

26. Have real existence

- 29. Large fishing hooks
- 30. Take the wrong way?
- 32. Blue
- 33. Famous falcon
- 34. Shade
- 35. Big ox
- 36. Toboggan
- 39. TV doctor involved in space exploration
- 40. Start-up company developing a 360 degree camera
- 41. Kind of class
- 42. Croquet area
- 43. Proverb
- 47. Lion, bear, or whale
- 48. Monasteries
- 49. Had an uprising
- 51. Ape
- 53. \_\_\_ pump: waste disposal device
- 55. Genesis son
- 56. \_\_\_gram
- 57. Newts
- 58. "C'\_\_\_ la vie!"
- 59. Specifying article
- 60. Sting



## "Did You Know In the Hills?" Contest!

This month's trivia question is:

**What is the event happening from Oct 11 to Dec 6?**

Please send your answer, the article title and page number, along with your name, contact information and NHCA membership number\* to: editor@northernhills.ab.ca. Our winners will receive a \$50 gift card to Applebee's restaurant and a Vivo family day pass! Only current members will be entered in the draw; you can purchase or renew your membership online at northernhills.ab.ca/membership.

The winner of the "Did You Know in the Hills?" trivia question for the month of September is: **Ken and Linda-Lou Oelke , Congratulations!** The answer to September's trivia question was "The Senior Persons Regaining Youth Fall Exercise program". The answer is found in the September 2018 Northern Hills News edition under the article titled SPRY FALL PROGRAM on page 7. Thank you to all of you who submitted your answers, and we look forward to your continued participation.

Thank you to the lovely people at Applebee's and Vivo for sponsoring our contest!



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please visit our website:  
[www.northernhills.ab.ca/membership](http://www.northernhills.ab.ca/membership) .

# Official Opening of #NHMural !!

By Kim Walker

The Longest Mural in Canada is officially completed and we even managed to beat the snow!! For the last 15 years I have driven along the fence line on Coventry Hills Blvd NE and I have always envisioned a mural living there. The fence was so beautifully lit up in the evenings as the sun was setting. As I watched the fence slowly age over the years, it felt like this year was the perfect time to finally take on the challenge. And thanks to everyone who rolled up their sleeves and got involved, we actually did it!

This project had so many goals far beyond painting a fence. From the onset, this mural project was by design a legacy project for Northern Hills; an educational project for aspiring artists; a community connection project to build community spirit in the Hills; a revitalization project to beautify our community; an artist mentoring project to provide professional artists with a project to enhance their professional portfolios; a collaboration project to bring communities together to build something; and importantly a primary goal of this project was to shift the conversation about public art and invite people in to participate throughout the process – from the concept creation, repairing, cleaning and priming through to painting the mural.

We've successfully achieved these and many other goals as well as put Calgary on the map once again. We had a professional mural artist from Mexico, Enrique, invited by Mark Vazquez-Mackay to participate in painting a section on the mural (the man with his handout



signaling the depression). Misty, a professional artist from Edmonton, also drove down to be a lead artist over the weekend. Forty-five local professional and aspiring artists signed up to volunteer to oversee sections along the entire 2400-foot-long mural – approximately 18,000 sqft of surface area!

As a fun fact the 18,000 sqft fence line was scraped, pressure washed, repaired, primed, painted, UV coated three times and anti-graffiti coated twice. When you do the math...that's a total of 162,000 sqft of surface area that was worked on in just four weeks. As a quick story, a dedicated, energetic and I think amazing ACAD student (you know who you are!), volunteered to help us over the long weekend to paint the mural. He was there

every day helping in many capacities from setup, painting and guiding the public in painting the mural through to takedown. I was at the fence on the Tuesday of that week to do some small touch ups on the mural and he was there working with me. When someone came up to us to ask who was the right person to talk about painting the mural, without hesitation he immediately said, "Oh that's me." That's when I knew this project was truly successful. A community member felt he had ownership of the project and this project gave him an opportunity to have additional experience to include on his professional artist CV.

We would like to sincerely thank you for all of your tire-

less efforts and lending of your talents to making this mural project a huge success. What we accomplished in a month was absolutely incredible. From meeting at Mark Vazquez-Mackay's studio for many evenings over three weeks to paint 66 panels and share some laughs over a Village beverage through to painting the mural in 3 days, everything had to line up perfectly given our timelines. And to boot, we couldn't have wished for better weather.

Within the month of July, despite all odds the entire fence was scraped, pressure washed, fixed and primed. The mural design was drawn out in charcoal followed by being outlined with paint to create a giant paint by number canvas along a 2400-foot fence line. And then we guided approximately 700 people who came out from across Calgary and surrounding communities to be part of something special – painting the longest mural in Canada.

Most incredibly, this was done by us as volunteers. You made this project so fun and enjoyable. It was wonderful to meet so many people who had so much heart invested into this project. It's because

you showed up each day throughout the process that we now have an amazing mural. As we walk, bike and drive by, we can look over at the mural and feel proud of the work we did and the project we accomplished.

I have many great stories from painting the mural –

- On the first day when it drizzled, I was so amazed by how it didn't fizz anyone and people stayed to paint. In fact, when it was called to stop for the day given the rain at 5pm people were actually disappointed! That was inspiring to see how much people were enjoying being involved.
- I remember seeing a young boy about 10 years old who was so excited to be painting I don't think the roller that was loaded with the red paint could go up and down the boards of the fence any faster!
- I saw a young mother with her new born baby not even a month old at the fence painting and enjoying being able to be there to be part of the mural project.
- As I was walking along the fence line, I still picture the small blue handprints of a child whose hands at one time were so full of paint that he/she decided to leave his/her mark on the paper that was protecting the sidewalk. (thankfully we put the paper down!)

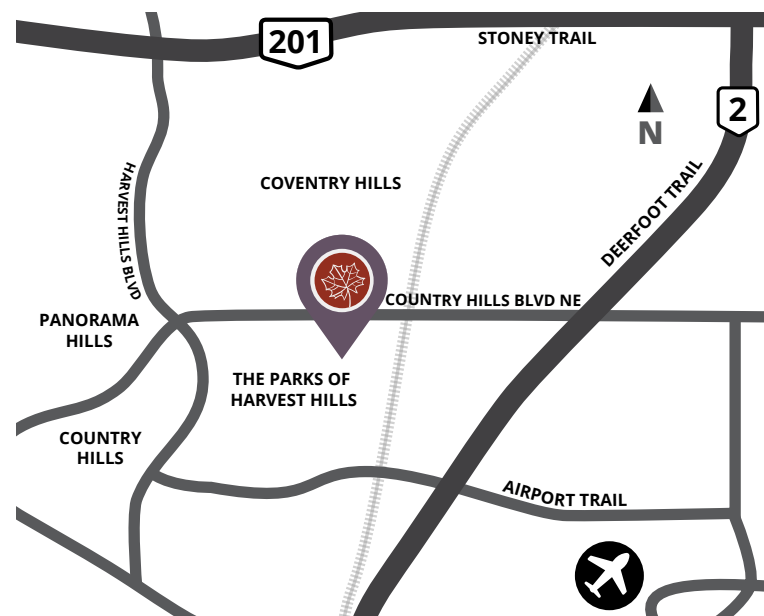
Without our many project partners, this mural would not have been possible and we are eternally grateful for their generous support and participation throughout the

Continued on page 9



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# Dates

## OCTOBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
		2:30 – 4:30pm <b>SPRY Fit-2-Age</b> @ Play Lab, Vivo		2:30 – 4:30pm <b>SPRY Fit-2-Age</b> @ Play Lab, Vivo		
7	8	9	10	11	12	13
	<b>Thanksgiving Day</b> (statutory holiday) NHCA Office is closed	<b>Business Fair</b> Vendor Registration is Now Open! 2:30 – 4:30pm <b>SPRY Fit-2-Age</b> @ Play Lab, Vivo		2:30 – 4:30pm <b>SPRY Fit-2-Age</b> @ Play Lab, Vivo		1:00 – 3:00pm <b>1st Annual Book Swap</b> @ Harvest Hills Hub
14	15	16	17	18	19	20
		2:30 – 4:30pm <b>SPRY Fit-2-Age</b> @ Play Lab, Vivo		2:30 – 4:30pm <b>SPRY Fit-2-Age</b> @ Play Lab, Vivo		
21	22	23	24	25	26	27
		2:30 – 4:30pm <b>SPRY Fit-2-Age</b> @ Play Lab, Vivo	6:00 – 6:30pm <b>Social Juncture with NHCA Team @ Vivo</b>	2:30 – 4:30pm <b>SPRY Fit-2-Age</b> @ Play Lab, Vivo		
28	29	30	31			
		2:30 – 4:30pm <b>SPRY Fit-2-Age</b> @ Play Lab, Vivo	<b>Halloween</b> 🎃			

### EVENTS

Find more information about our events and programs by following the link [nhca.ca/calendar/](http://nhca.ca/calendar/) or scanning the QR code:



**Social Juncture with the NHCA Team**

Every 4th Wednesday of the month  
\* Except July, August, and December  
Come in and meet the NHCA team, learn more about the community association, upcoming events and projects in the Northern Hills.

**1st Annual Book Swap at Harvest Hills Hub**

The Harvest Hills Community Hub (178 Harvest Glen Way NE) isn't built yet, but we can't wait to hold our first event! And if you have a couple favourite reads lying around, think about giving them a second life!  
**Learn more at [nhca.ca/hhhub/](http://nhca.ca/hhhub/)**



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# SPRY in the Hills

(Senior Persons Regaining Youth)



Fall means Halloween is around the corner, so come join us in the fun!

The SPRY gatherings and exercise classes, are held at the VIVO Centre, which is set up for Adult Exercise Classes and tables & chairs for Social activities. Adults 55+ are welcome to join the various indoor and outdoor activities that will be planned this Fall.

**SOCIAL & GAMES**

Thanks to those of you who have registered in this Fall session. The fitness portion of the program is now

full and will re-open registration for the Winter/Spring 2019 session in January. We fully encourage you to join us at the social & games hour where we have some coffee, snack, and play a variety of board and card games. We meet every Tuesday and Thursday from 3:30-4:30pm at Play Lab at Vivo. This is a no-cost activity, and members take turns supplying the goodies and snacks.

Northern Hills Community Association  
12th Annual Event  
**Business Fair**  
November 17  
9:00am - 1:00pm  
Main Street at Vivo



Two Service Sunday Worship  
at 9:15 & 11:00 am.

Programming for Nursery to Grade 4 during both services and Youth Programs during at 9 am service. Club 56 for grades 5 & 6 during the 11:00 am service.

Come Join us !  
Oct 4 – Dec 6 , 2018  
6:00 pm -8:00 pm  
Dinner included



Register online at [www.hhachurch.com](http://www.hhachurch.com)  
Or contact  
Pastor Aaron  
[aaron@hhachurch.com](mailto:aaron@hhachurch.com)



**Fall OPEN CLOSET**  
Oct. 26, 9:30-11:30

Go to our website for more information on these and other events.

10099 Harvest Hills Blvd. N.W.  
E-Mail: [office@hhachurch.com](mailto:office@hhachurch.com)

Phone: 403-226-0990  
[www.hhachurch.com](http://www.hhachurch.com)

# Harvest Hills Community Hub - A grassroots committee

The Harvest Hills Community Hub Project is a grassroots initiative to foster a vibrant and active community hub in Harvest Hills. Our dedicated committee has fundraised extensively to build a new all-ages playground, add more benches and picnic tables, and plant a number of new trees, shrubs, and flowers. Construction has begun at our location – 178 Harvest Glen Way, NE - and will likely wrap up mid-October.



nights, fitness classes (tai chi, yoga, aerobics), arts classes (flower pressing, drawing, painting), or anything else residents wish to participate in. We have a number of great ideas for the space, but our ultimate goal is to have residents of all ages suggest and help organize new events, programming, and meet-ups based on their interests and abilities.

Now we are looking for your ideas and involvement! We want this updated space to become a dynamic community gathering place where neighbors of all ages can connect and enjoy community parties, community garage sales/swaps, weekly games

Please share your ideas for events at the Harvest Hills Community Hub on our Facebook page at [www.Facebook.com/HarvestHillsHub](http://www.Facebook.com/HarvestHillsHub) or email us at [HarvestHillsHub@hotmail.com](mailto:HarvestHillsHub@hotmail.com). And keep updated on future events through our Facebook page and at our website at [www.hhhub.ca](http://www.hhhub.ca).

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# Colouring Contest: FREE ICE CREAM!



The first 40 children who colour and take their picture in to Marble Slab Creamery, 623-130 Country Village Rd NE, will receive a free single ice cream cone.\*

Name: \_\_\_\_\_

Age: \_\_\_\_\_

\* Note: Only two children per household [if you happen to have more than one copy of the newsletter].



## SUDOKU-PUZZLES

This Sudoku is provided by: Sudoku of the day:  
<https://www.sudokuoftheday.com/>      Answers on page 14

			5			8		
	1	5	7		4			
6	8	3		9	7			
	3	8	7				1	
	6	9	4		3	2	7	
	7			5	6	4		
		1	5			8	6	7
		6		9		1	3	
	5		6					

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More worksheets at [www.education.com/worksheets](http://www.education.com/worksheets)

## 1st Annual Book Swap



**Saturday, October 13th, 2018 @ 1-3pm at Harvest Hills Hub (178 Harvest Glen Way NE)**

Join us for our first event at the Harvest Hills Hub! Stop by, meet your neighbors, make new friends, and swap out some of your old books for new-to-you books. Also, get a first peek at the brand new playground and custom benches crafted by our talented students at Notre Dame High School!

We would appreciate any donations of gently used books in all genres and age categories. Book donations can be made by emailing [HarvestHillsHub@hotmail.com](mailto:HarvestHillsHub@hotmail.com) or by bringing them on the day of the event between noon and 1pm. This event is 100% free and proudly put on by the Harvest Hills Community Hub Committee!



**Maria Bartolotti**  
 ACCI, FCCI, Owner  
 Condominium Manager

Dir. 403.398.9528 ext 7  
 Fax: 403.398.0751

[maria@newconceptmanagement.com](mailto:maria@newconceptmanagement.com)  
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 Thurs 8:00 am - 4:00 pm  
 Fri 8:00 am - 2:30 pm

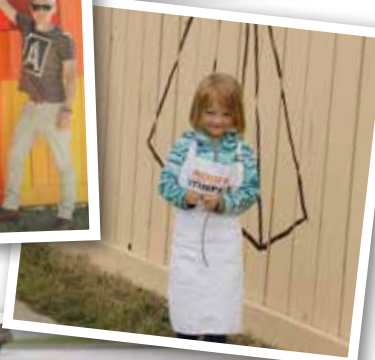


#NHMural - Continued from page 5

entire mural project. Whenever you have an opportunity, I encourage you to support these companies as they've so strongly supported our community! I think together we've achieved something pretty special this summer and for this I am very proud. I look forward to another opportunity to work with you on a project. We as Calgarians have definitely created a legacy and have started a conversation about how public art can be done that invites people in to participate in a very empowering way.

With much appreciation for your support in making the Northern Hills Mural the longest mural in Canada.

See you at the mural...in the Hills



# At Home In the Hills (AHIH) Welcome Event

By Samana Zehra

August was an exciting month for the AHIH Team, as we all geared up for our Welcome Event. The Welcome Event was held at Vivo on the August 18th and it meant to formally introduce the Northern Hills' residents to the AHIH initiative.

AHIH is a volunteer-based committee which works under NHCA with the aim to foster friendly neighborhood connections and promote stronger communities. In its inception, AHIH focused on supporting new immigrants to settle in the Northern Hills. Now, our vision is to provide social interaction opportunities to all residents, no matter how long they have been living in their community.

The Welcome event was packed with numerous community engaging activities. We had indoor games for kids and adults, Vivo Play-Ambassador for kids, free henna by a community volunteer Harjeev Shergill, "Mark-your-favourite-spot" in Northern Hills activity, forms' filling for Talent/Skill hunt within the community, Luck-dip prizes,

tea-tasting of teas from different parts of the world and free snacks and drinks. Cobs Bread, Freshii and Starbucks sponsored the snacks and drink. Save on Foods, Gate of India Restaurant, Marble Slab Creamery and Moksha Hot Yoga were the generous sponsors for the Luck-dip gift-vouchers and giveaways. "Creating Co-entry" and "Northern Hills Arts and Crafts" are the Committees, part of NHCA like us, who also participated in the AHIH Welcome Event and made it more fun and colorful. We were honoured to have MLA Jamie Kleinstaubler at our event and show his support for community programs.

This event would not have been possible without the guidance and support from NHCA President Leah Argao, NHCA Engagement Coordinator Yana Soldatenko, Events Director Vania Szeto-Machinnon and the Team of AHIH Volunteers. We want to

grow and expand, and hence we are looking for more volunteer members to come and help us go forward with our initiative! If you are interested

and would like to learn more, please check out our webpage – [nhca.ca/ahih](http://nhca.ca/ahih), and contact us via [ahih@northernhills.ab.ca](mailto:ahih@northernhills.ab.ca)



# Elected Representatives



Ward 3  
Councillor  
Jyoti Gondek

**Hello, everyone!**

With fall in full swing and most people back to the routine of school and work, our focus shifts from vacation mode and returns to our neighbourhoods, as well as the quality of our everyday lives. When we talk about investing in quality of life, the communities of Ward 3 are in an odd

position when the City of Calgary discusses new versus established areas. While many of our neighbourhoods have been around for 20 or 30 years, we are continually labelled as “new”, resulting in a philosophy that we should wait our turn for investment. This has meant that our orphaned pathways, missing crosswalks, limited road access or traffic safety needs have been sidelined during budget cycles. Over the past year, I have managed to demonstrate that Ward 3 communities are not new, and that addressing our long abandoned projects is critical to improving the daily lives of north central Calgarians.

As a result of your clear community voice and my efforts on your behalf, there has been a shift in prioritization of our needs. For example, our joint efforts to address shortcomings in the traffic aspects of the upcoming Coventry elementary school have resulted in looking at school sites differently, including the design of the north central high school. During our budget deliberations, I continue to advocate for creation of complete communities in Ward 3. I’m optimistic that we will continue to meet with successes that will translate into positive change. I also realize that this process of advocacy has been slow and it has frus-

trated many of you (myself included). All I can ask is that you keep the faith that we can make our voices heard through persistence and collaboration. Thank you for your support, and I look forward to updating you on projects in Northern Hills as they are finalized.

Jyoti Gondek  
Councillor, Ward 3  
[www.calgary.ca/ward3](http://www.calgary.ca/ward3)  
Lynne Banning, Assistant  
403-268-2530  
[eaward3@calgary.ca](mailto:eaward3@calgary.ca)  
Barb Fleet, Assistant  
403-268-4854  
[ward03@calgary.ca](mailto:ward03@calgary.ca)

Calgary-NorthernHills MLA  
Jamie Kleinsteuber



October is a time to reflect on our roots, reconnect with family, and express gratitude for what we have. I am grateful to live in Calgary Northern

Hills – where we recently celebrated our community’s incredible accomplishments with the mural wrap-up event, and where we recently celebrated our rich diversity with Alberta Culture Days. We are a strong com-

munity of remarkable people.

As post-secondary students settle into the new semester, 406 additional technology seats have been added at Alberta’s colleges and universities this school year. Thanks to investments outlined in the Growth and Diversification Act, Calgary has 216 new spaces, spread between SAIT, UofC, and Bow Valley College. The Growth and Diversification Act is part of the government’s commitment to build a diversified economic future for our province. By 2023, at least 3,000 new tech-related seats will be added to post-secondary institutions across the province, increasing Alberta’s skilled labor in the technology sector and keeping our province competitive in

the new economy.

Our government remains focused on getting Albertans to school, work, and appointments. The \$215 million Alberta Community Transit Fund is available to municipalities to increase transit availability and ridership, with \$115 of this fund coming from Alberta’s Carbon Levy. We are beginning to reap the rewards of this levy, with the legislated requirement that all revenues be invested back into Alberta to grow and diversify our economy.

It’s important that all share in our province’s economic recovery. Alberta Status of Women Grant Program provides funds to not-for-profit and charitable organizations seeking to increase women’s economic secu-

urity; increase women’s participation in leadership and democracy; and decrease gender-based violence. Not-for-profits and charities can learn more at [www.alberta.ca/status-of-women-grant.aspx](http://www.alberta.ca/status-of-women-grant.aspx).

Please know you can contact my office anytime with your concerns. It is always good to hear from constituents.

Your MLA,  
Jamie Kleinsteuber  
Constituency Office:  
104, 200 Country Hills Landing NW  
Calgary, AB T3K 5P3  
Phone: 403.274.1931  
Email: [calgary.northernhills@assembly.ab.ca](mailto:calgary.northernhills@assembly.ab.ca)



Honourable  
Michelle  
Rempel, M.P.  
Calgary  
Nose Hill

Since January 2017 over 30 000

individuals have illegally crossed the border into Canada from safe spaces like upstate New York and claim asylum. The federal government’s lack of response to this issue is concerning. The government’s temporary solutions have put strain on provincial social welfare programs and will cost

taxpayers hundreds of millions of dollars.

As a result of this, on July 11th I called for an emergency meeting of the Standing Committee on Citizenship and Immigration in order to review the adequacy of the government’s response to the increased number of asylum seekers.

During the emergency meeting the government informed us that they intend to house the illegal asylum seekers in hotels but failed to provide the projected cost of this plan. They also failed to provide any long-term sustainable solutions, leaving myself and Canadians with many unanswered questions.

Canadians expect our immigra-

tion system to be fair and compassionate. It is not fair, nor compassionate, when individuals are forced to live in homeless shelters, university dormitories and hotels because the government has compromised the integrity of our immigration system. I will continue to fight for issues that matter to you and your family.

Please let me know your thoughts on this, or any other issue at

[Michelle.Rempel@parl.gc.ca](mailto:Michelle.Rempel@parl.gc.ca)  
403-216-7777  
201-1318 Centre Street N.E.,  
Calgary, AB, T2E2R7  
[www.MichelleRempel.ca](http://www.MichelleRempel.ca)  
115-70 Country Hills Landing N.W.  
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## Membership Application

Membership expires one year from date of purchase. You can purchase a membership three ways:

1. Access our online membership registration at: [www.northernhills.ab.ca](http://www.northernhills.ab.ca) under **Member Login** at the top right corner
2. In-person registration at the office
3. Mailing your membership form below to the office

**Mail Payment to: Northern Hills Community Association (VIVO, Genstar Wing)  
11950 Country Village Link NE Calgary AB T3K 6E3**

**Fees:**

- Family \$30
- \*Associate \$30
- Single \$20
- Business \$50
- Senior (60+) \$20
- \*\*Business Plus \$120

\*Family/Single/Senior outside of the Northern Hills Area \*\*Additional Web Ad  
Please enclose cheque payable to "Northern Hills Community Association"

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

D.O.B: \_\_\_\_\_ Gender: \_\_\_\_\_

(Spouses) First Name: \_\_\_\_\_ (Spouses) Last Name: \_\_\_\_\_

(Spouses) D.O.B: \_\_\_\_\_ (Spouses) Gender: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Please indicate (✓) activities you would like to learn more about:**

- Adult Sports
- Advocacy (LRT, Schools, etc.)
- Arts & Crafts
- At Home In the Hills (AHIH)
- Board of Directors
- Building Safer Communities (aka Block-watch)
- Gardening
- Ice Rinks
- Newsletter
- Planning & Development
- Playgrounds and Community Hubs
- Political Debates / Panel Discussions
- Seniors Fitness
- Seniors Games and Social
- Special Events (Clean-Up, Block Parties, etc.)
- Sponsorship
- Sports (Soccer, Slo-Pitch)

Other \_\_\_\_\_

**Please indicate (✓) activities you would like to see in your community:**

- Adult Programs
- Children's Softball
- Indoor Soccer
- Farmers Market
- Tennis Courts

Other \_\_\_\_\_

**Would you like us to contact you about volunteer opportunities in NHCA?**

- yes
- no



# Call for Artists

We are seeking artists to join our arts and crafts committee

- Are you an artists or art enthusiast in the community.
- Would you like to run your own art class as an art program leader. (No formal qualifications or degree required)
- We want to hear from you !
- Please email at

[Arts@northernhills.Ab.Ca](mailto:Arts@northernhills.Ab.Ca)

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403.226.7638  
[www.siteforsight.ca](http://www.siteforsight.ca)

#730, 1110 Panatella Blvd. NW  
Gates of Panorama Hills  
Calgary, AB T3K 0S6  
403.452.6831  
[www.2ndsight.net](http://www.2ndsight.net)

Dr. Monica Jensen-To • Dr. Shauna Chorel  
Dr. Bonita O'Brien • Dr. Floria Tse • Dr. Andrea Quon

New and Emergency Patients Welcome

# Patentees vs. Baby Talk

(originally published by  
Rhyme & Reason Early Learning)

Adults have an innate and built-in way of speaking to babies. Most people use it automatically, but some people train themselves out of it and others train themselves into entirely different behaviours, either because they don't want to condescend to their babies, or because they think it is necessary to; they want to simplify language and make it cuter, because they think that's what babies need.

Turns out, babies DON'T need that. Infants have an amazing ability to learn languages, and everything they need to do it is hardwired right into them! Adults just need to trust their own instincts when it comes to talking to them.

## So what is "Parentese"?

Parentese is that slower, higher-pitched, overly-exaggerated way of speaking to babies that you see most adults using. We open our eyes wider, put on big smiles, and over-enunciate the words we're saying. It is often sing-songy and stretches out vowel sounds, so that an 'apple' becomes an 'aaaaapple' and objects aren't just 'big', they're 'biiiiiig'.

Baby Talk is something else completely. When people "baby talk", they change regular words into words that are basically nonsense. Instead of telling you that you have a cute little baby, they might instead say: "What a toot wittle beebee!". They aren't changing real words to emphasize meaning or pronunciation... they're

using invented words with no meaning whatsoever!

## When should I use Parentese, and when should I use Baby Talk?

You should NEVER use baby talk. Don't use it around kids, don't use it around infants, and DON'T use it around adults.

Baby Talk will actually delay speech and language development and teach children the wrong way to speak. For example, if your child grows up thinking that you "wuv" her, and that she is "stwong and smawt", she will not recognize the words 'love', 'strong' and 'smart' when she hears other people say them — she will have no comprehension of what those words mean, and will continue to say them the wrong way so that other children, in turn, will misunderstand what she is trying to say. She might not even learn how to properly form some sounds... if she hears a lot of words with w's in them where l's should be, she might always pronounce words that way.

The good news is, you can feel confident in your use of Parentese. People use it all over the world and in every language we speak! Even very young babies turn their heads and are more attentive when people talk to them this way. They suck faster when they're breastfeeding and are better able to mimic these sounds than those of regular-patterned language. They LOVE being spoken to this way.

## Why talk to babies anyways?

Sometimes people feel foolish talking to infants who "can't understand them". Babies can't answer questions, or ask any in turn. They can't tell you with words how they're feeling, or follow instructions to complete tasks. They can rarely do anything more than babble and giggle and cry...

But that babbling, giggling, and crying IS their way of communicating. When you talk to a baby and leave space for them to make their own noises, it teaches them how conversations work: first one person talks, then it's the other person's turn. Think of it as a tennis match, with serves and returns between each individual, and these interactions forming the basis of everything your child knows about speaking, learning, and communicating. When you respond to a baby's gurgles by saying things like, "is that so?" it teaches them that their voices are heard and recognized. And when you speak confidently to a baby using the full, rich vocabulary of your native language, they learn to do the same! If you want your baby to learn how to talk, you have to model how! You



first 2000 days  
Early Childhood Development Network  
North West Coalitions

have to talk to them.  
All. The. Time.

## Does Parentese dumb down language?

Using Parentese makes it easier for children to learn language. That is true whether you're talking about a "biiiiiig dog" or a "gigaaaaaantic canine". Whichever words you use around your child are the ones they will learn, so use as many as you possibly can!

And don't worry about continuing speaking this way for too long. As soon as your child stops reacting to Parentese the same way they used to, you'll naturally phase out using it and start using regularly-patterned speech.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, please email us at: [nwecdcoalitions@gmail.com](mailto:nwecdcoalitions@gmail.com).

## Who is that knocking at my door?

by David Hartwick, 1st VP, NHCA

The Provincial election is still likely 6 or 7 months away but potential candidates have been knocking on doors. Our current district, Northern Hills, represented by MLA Jamie Kleinstueber, will be split into 3 new districts when the next election is called. Coventry Hills, Country Hills Village and Harvest Hills will be grouped with Livingston into Calgary Northeast with communities east of Deerfoot Trail; Panorama Hills will join Evanston and Carrington to form the new Calgary North; and Country Hills will fall into the new Calgary Beddington.

Some nomination contests have already taken place with more occurring over the next month or two. This means candidates knocking at your door and selling memberships for their party, in hopes that you will vote for them to represent that party in the election. This means that instead of one candidate knocking on your door, you might have 7 different people,

just from one party.

If one of these candidates knocks on your door, don't be afraid to ask the same questions that you might ask during the election. Do they live in the district? What do they know about the community? What do they think are pressing issues? If they win the nomination, and subsequent election, what are their priorities? What is their position on LRT expansion? Vivo expansion? The long forgotten Urgent Care Centre? The high school? The 14th street overpass? Social service? Health services? Financial policies? Social policies? Other issues that are important to you, because we all have different priorities, hence different parties and platforms to choose from.

This is your chance to have a voice in making sure that political parties put forward the best candidate to represent your interests.

The NHCA is already planning election forums at Vivo in April so keep watching for more information when we get closer to the election.

## HHHub Wants Your Input

We are looking for fresh ideas for ongoing meet-ups and one-time events at the Harvest Hills Hub! We're calling all kids, teens, adults, and seniors to reach out with their ideas for fun and engaging events!

Please let us know your ideas for events at the hub by messaging us on Facebook or emailing us at [harvesthillshub@hotmail.com](mailto:harvesthillshub@hotmail.com).

Some ideas in the works are:

- yoga/meditation classes
- snowman building contest
- a neighbourhood potluck
- meet-up running group
- kids' entrepreneur day
- pop up art installations
- water /snowball fight



Also, please consider joining our event planning committee! We meet once a month to plan engaging events at the hub. We are looking for people of all ages and backgrounds that are interested in having some fun!



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# HEALTH CORNER

## Partners for Safety patrolling on Halloween night

From City of Calgary

Halloween should be spooky - not scary. The Calgary Partners for Safety have been patrolling the streets on Halloween night for more than 20 years to keep your little ghouls and goblins safe while they trick-or-treat! From 6:00 p.m. to 8:00 p.m. on October 31, more than 600 vehicles will be on Calgary's streets providing high-visibility assistance for anyone enjoying Halloween fun.

Coordinated by Calgary's Child Magazine, the Partners for Safety include the Calgary Police Service, Emergency Medical Services, Calgary Fire Department, Calgary Transit, Calgary Community Standards, Calgary Public Safety Communications (911), and Global Calgary. Any child experiencing a problem can go to any one of these partners for help.

Between regular emergency calls, the Calgary Police Service and Emergency Medical Services will have units patrolling residential neighborhoods.

The Calgary Fire Department will also have vehicles on patrol, and fire stations will be open as a safe place for trick-or-treaters to ask for help if the need it.

Calgary Transit's buses and CTrains are in the community day and night providing essential transit services. On Halloween, if trick-or-treaters need help, they can approach any transit vehicle they spot. Bus and CTrain operators have radios and can contact the appropriate emergency personnel if needed.

For more tips on having a fun and safe Halloween, visit [calgary.ca/halloweensafety](http://calgary.ca/halloweensafety)



### Trick-or-Treating Tips

A message from the Federation of Calgary Communities

Halloween can be a fun and exciting event for both kids and adults alike. Below are some informative tips to increase all our safety on October 31.

#### Residents:

- Turn on outdoor lights and replace burnt-out bulbs.
- Clear a path from the road to your front door and remove any potential obstacles or tripping hazards.
- Keep your pets safe. Confine animals indoors away from the unfamiliar (and spooky) guests at the front door.
- Beware of potential food allergies; consider alternative goodies.
- If you're driving be cautious of Goblins, Ghouls and Ghosts out and about in your neighbourhood.

#### Parents:

- Costumes should be short enough to avoid tripping; and be light coloured to be easily seen at night. Having your child wear reflective tape will also help them be better seen by drivers.
- Use non-toxic makeup for the costume instead of masks as they can reduce visibility for your child.
- Create an easy to follow route with your children and teenagers.
- Travel in groups of three or four. Young children should be accompanied by a responsible adult.
- Practice crosswalk safety. Make your way up one side of the street and cross to the other side looking both ways, don't criss-cross back and forth.
- Double-check you child's goodie bags to ensure everything is safe to eat.

#### Remember:

Connect with neighbours! Halloween is a great reason to familiarize and engage with your community.



## Family Connections Parent Link Centre

By Sue Blackburn Forster

**Come Play with Me at Vivo**  
**11950 Country Village Link NE,**  
**Calgary, AB T3K 6E3**  
**Oct 11-Dec 6,**  
**Thursday Mornings 10 – 11:30 am.**

Come join us for this free drop in playgroup for parents and children (birth – 5), located outside the Panther physiotherapy site, on the East side of the building at Vivo.

\*This program is a partnership between Family Connections Parent Link Centre, Northern Hills Community Association and Vivo.



Emergency  
Medical  
Services



### Halloween Safety

The members of Calgary's *Partners for Safety*: Calgary's Child Magazine, AHS EMS, Calgary Police, Fire, 9-1-1, Bylaw, and Transit would like to remind parents and trick-or-treaters of some Halloween safety tips as October 31<sup>st</sup> approaches. *Partners for Safety* vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

#### Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Stay away from houses that are not well lit. Do not accept rides from strangers, or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

#### Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.
- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.

#### Costumes

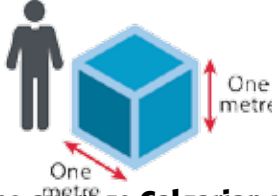
- Choose bright colored costumes that are highly visible. Adding reflective tape to costumes further increases visibility.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing, or making costumes, look for materials and accessories that are labeled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic makeup kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate foot wear that takes into consideration weather conditions and walking.

# How much do water leaks really cost?

by City of Calgary

When it comes to residential and household leaks, toilets, faucets and outdoor irrigation are the most common culprits, although any water using device can eventually leak.

Water is measured in cubic metres (m3)?



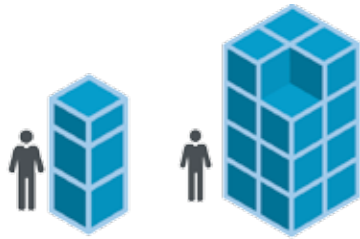
The average Calgarian uses approximately 7 m3 every month.

1 m3 = 1,000 litres  
7 m3 = 7,000 litres

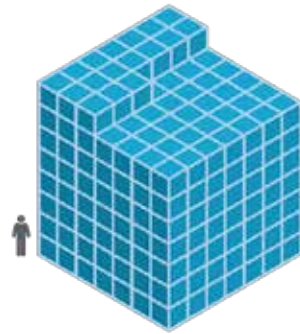


For 2018 each cubic metre costs \$3.15\*

Leaks can range in size. A chain caught under a toilet flapper can waste 3 m3/month. A leak this size could increase your bill by \$9.45 each month. If the water level in the toilet tank is too high and overflowing into the overflow tube or the flapper is completely lifted it can waste up to 1,200 m3/month. A leak this size could increase your bill by \$3,780.48 each month.\*\*



waste 360 m3/month. A leak this size could increase your bill by \$1,134.14 each month.\*\*\*



Use your water meter to check for leaks. In Calgary most water meters are installed inside the house where the water pipe enters your home. This is usually in the basement, near your main water shut-off valve.



In the case of a leaky faucet, the size and cost of leaks can range as well. One drop per second can waste 2.5 m3/month. A leak this size could increase your bill by \$7.87 each month. A small stream of water can waste 15 m3/month. A leak this size could increase your bill by \$47.26 each month.

A steady flow of water accidentally left running can

1. Turn off all taps and water appliances (dishwashers, washing machines) in your home.
2. Watch the flow register on the face of the meter. The register could look like a gear (round or triangular, black or red) or a needle depending on the model of meter you have.
3. If it keeps turning, you have a leak somewhere in your house.
4. Check all water using devices, such as your taps, humidifier, hot water heater and water softener for leaks.

For more information on leaks and how to fix them visit [calgary.ca/waterleaks](http://calgary.ca/waterleaks). Volume of water can vary based on type of fixture and water pressure. Assumes a 30 day billing period.

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**NOV. 28**  
**6:00-6:30PM**  
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It is a collaboration between community residents, the Northern Hills Community Association and Vivo for Healthier Generations.  
creatingcoventry@gmail.com @creatingcoventry



## DONATION INFORMATION

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### Creating Coventry – Project #1 Coventry Sport Court & Ice Rink

Contact Information: \* denotes mandatory fields

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 \*Address: \_\_\_\_\_  
 \*City: \_\_\_\_\_ \*Province: \_\_\_\_\_ \*Postal Code: \_\_\_\_\_  
 \*Phone (H): \_\_\_\_\_ (W): \_\_\_\_\_  
 \*E-mail Address for Tax Receipt: \_\_\_\_\_

E-mail address is mandatory as well as a street address if it is not on the cheque.

Payment Information:

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- My cheque to **Parks Foundation Calgary** is enclosed in the amount of: \$ \_\_\_\_\_

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Heroes are not giant statues framed against a red sky. They are people who say: This is my community, and it is my responsibility to make it better.  
- StudsTerkel

## Crossword puzzle ANSWERS

Puzzle on page 4

1	A	2	B	3	C	4	C	5	F	6	C	7	W	8	E	9	B		
10	P	E	A	11	K	12	E	L	L	13	S	14	T	A	K	E			
15	I	N	D	16	A	17	R	E	A	P	18	U	S	E	D				
19	E	G	G	S	B	20	E	N	E	D	21	I	C	T					
22	C	A	E	S	A	R				23	R	H	U	24	M	B	26	A	
27	E	L	D		28	F	I	G		30	S	E	A		31	E	A	R	
				32	S	T	E	A	K	T	A	R	T	A	R	E			
			35	G	S	A			37	F	E	E		38	A	L	E		
39	W	A	L	D	40	O	41	R	F	S	A	42	L	43	A	D			
44	H	U	E		45	R	U	S		46	L	A	D		47	M	A	49	R
50	O	R	D	51	E	A	L			52	W	A	S	53	A	B	I		
				54	C	H	I	55	C	56	K	57	E	N	G	U	M	B	O
58	E	T	59	C	H			61	N	A	I	F		62	E	M	M	E	T
63	S	H	O	O				64	G	I	L	T		65	P	A	Y	E	
66	T	E	N					67	N	O	S					68	L	S	D

## Sudoku puzzle ANSWERS

Puzzle on page 8

This Sudoku is provided by:  
Sudoku of the day:  
<https://www.sudokuoftheday.com/>

7	9	4	6	5	2	3	8	1
2	1	5	3	7	8	4	9	6
6	8	3	1	4	9	7	5	2
4	3	8	7	2	6	5	1	9
5	6	9	4	1	3	2	7	8
1	7	2	9	8	5	6	4	3
9	2	1	5	3	4	8	6	7
8	4	6	2	9	7	1	3	5
3	5	7	8	6	1	9	2	4

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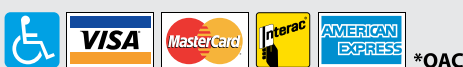
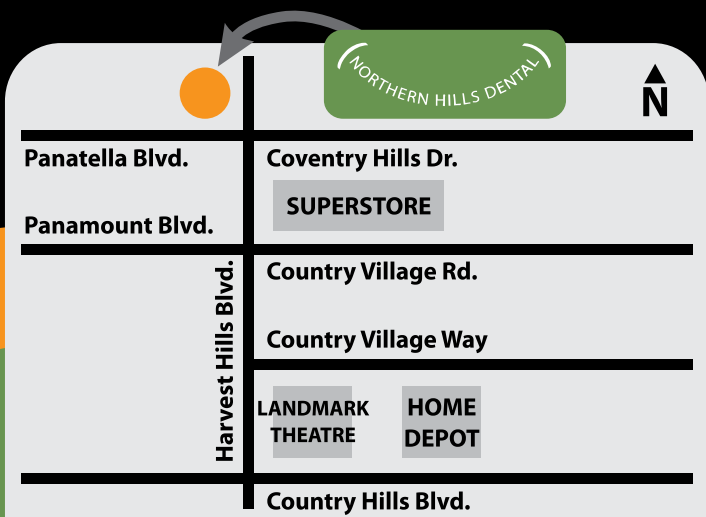
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